

APPLICATION

The Sixth Annual HHK Wheelchair 10K

Please print clearly! Mail by 5/19/06 to: THE HENRY H. KESSLER FOUNDATION, HHK 10K, 300 Executive Drive, Suite 150, West Orange, NJ 07052, Attn: Angela Smith, HHK 10K Director. Contact by phone: 973-530-3657 or email: asmith@hhkrec.org.

FIRST NAME _____ LAST NAME _____

STREET _____

CITY _____ STATE _____ ZIP CODE _____

EMAIL _____

Race Day Age F M Date of Birth / /

Sex F M

Phone - Day Evening

Check off Race Division (See Reverse)

Quad Men Men's Open Masters Male Junior

Quad Women Women's Open Female Junior

E* Athlete Male E* Athlete Female

There will be no race day registration!

ENTRY FEE-\$18.00

Make check payable to The Henry H. Kessler Foundation

Adult T-Shirt Size: Medium Large X-Large

WAIVER: All registrations are non-transferable and non-refundable.

I know that participating in the HHK Wheelchair 10K is a potentially hazardous activity. I agree not to enter and participate unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to safely complete the event. I am voluntarily entering and assume all risks associated with participating in the event, including but not limited to, falls, contact with other participants, spectators or others; the effect of the weather, including heat and/or humidity, traffic and the conditions of the course; all such risks being known and appreciated by me. I grant to the Medical Director of this event and his designee access to my medical records and physicians, as well as other information, relating to medical care that may be administered to me as a result of my participation in this event. Having read this Waiver and knowing these facts, and in consideration of your acceptance of this application, I, for myself and anyone entitled to act on my behalf, waive and release the Henry H. Kessler Foundation, the North Jersey Masters Track & Field Club (referred to as "NJMT"), the NJMT Board, the NJMT Officers, the NJMT Members, Road Runners Club of America, USA Track & Field-New Jersey, Village of Ridgewood and its agencies and departments, Ridgewood Police Department, Department of Parks and Recreation, Park Ave BMW, Global Risk Consultants and any and all sponsors or their representatives and successors or assigns from present and future claims and liabilities of any kind, known or unknown, arising out of my participation in this event or related activities, even though such claim or liability may arise out of negligence or fault on the part of any of the foregoing persons or entities. I grant permission to the foregoing persons and entities to use or authorize others to use any photographs, motion pictures, recordings, or any other record of my participation in this event or related activities for any legitimate purpose without remuneration.

Signature or Signature of parent (if applicant is under 18) _____

Date _____

MEMORIAL DAY • '06



Hold in conjunction with the HHK Wheelchair 10K
The 31st Annual RIDGEWOOD RUN 10K
Call the Hotline for info: 201-447-9750 or visit www.njmasters.com

THE HENRY H. KESSLER FOUNDATION
HHK WHEELCHAIR 10K
300 Executive Drive, Suite 150
West Orange, NJ 07052

THE HENRY H. KESSLER
FOUNDATION
Proudly presents the

6TH ANNUAL



Monday
May 29, 2006

MEMORIAL DAY

Commemorative T-Shirts
for all Entrants!

WEBSITE: www.HHKFDN.org
HHK HOTLINE (973) 530-3657

First Class Mail
U.S. Postage
PAID
Permit #39
Ridgewood, NJ
07450



HHK Wheelchair 10K 8:40 am*
**Runner's events start 5 minutes
 after the start of the HHK
 Wheelchair 10K*

**NO HANDCYCLES
 WILL BE PERMITTED IN
 THE HHK WHEELCHAIR 10K**

GOLD SPONSOR:



THE HENRY H. KESSLER
 FOUNDATION

SILVER SPONSORS:



Global Risk Consultants



BRONZE SPONSORS:



"Building a healthier community... together"

★ **IT'S ALL ABOUT BEING HERE** ★
THE MEADOWLANDS



REGISTRATION INFORMATION:

- **BY MAIL:** send completed entry & check to:
 THE HENRY H. KESSLER FOUNDATION, HHK 10K
 300 Executive Drive, Suite 150
 West Orange, NJ 07052
 Attn: Angela Smith, HHK 10K Director
- Download a **PRINTABLE APPLICATION** from
www.compucore.com or www.njmasters.com

OTHER INFORMATION:

- **RACE NUMBERS:** Numbers will be mailed if application is received by 5/23/06. Otherwise, you may pick up your number and t-shirt at the CFF Fitness Expo (see below) or on race day. If you lose or forget your race number, a replacement fee of \$3 will be charged and donated to charity.
- **CFF FITNESS EXPO:** Sunday, May 28th from 4-6 pm, at the **RIDGEWOOD YMCA-YWCA**, 112 Oak St., Ridgewood, NJ 07450.
- **COMPLIMENTARY MASSAGE THERAPY:**
 A licensed massage therapist will be available in the wheelchair staging area!

ImageExtreme will be taking photographs of the day's festivities. To order pictures, please visit their site:
www.imageextreme.com.

**Henry H. Kessler Foundation Wheelchair 10K
 Memorial Day, May 29th, 2006, 8:40 am start**
CASH AWARDS

	OPEN	QUAD	MASTERS*	
	Men	Women	Men	Women
1st	\$1000	\$1000	\$1000	\$500
2nd	\$500	\$500	\$500	\$250
3rd	\$400		\$250	
4th	\$250			
5th	\$100			

E*ATHLETE**

JUNIORS ***

	Male	Female	Male	Female
1st	\$500	\$300	\$300	\$300
2nd	\$250			
3rd	\$100			

* Masters must be 40 years of age or older on the day of race.
 ** E*Athletes must be at least 19, but under 22 on the day of race.
 *** Juniors must be under 19 on the day of the race.

HOTEL INFO:

The Residence Inn in Saddle River is offering a group rate of \$99 per Friday, Saturday or Sunday night, single or double occupancy, excluding taxes, available through May 12, 2006. Toll Free call (800) 331-3131 or (201) 934-4144 and ask for **The Henry H. Kessler Foundation** rate. Hotel reservations can also be made online at www.tswaa.com.

DIRECTIONS TO RACE SITE:

- Route 17 North to Linwood Ave. West exit. Go 1 1/2 miles to race site at the corner of Linwood Ave and Northern Parkway.
- Route 17 South to Linwood Ave. Ridgewood exit. Bear left at top of exit. Go 1 1/2 miles to race site at the corner of Linwood Ave and Northern Parkway.
- Out of state racers, please call Angela Smith at (973) 530-3657 for further details.

Unclaimed prize money becomes the property of
 The Henry H. Kessler Foundation.