



TRACK and FIELD

VISUALLY IMPAIRED INFORMATION

There are three classifications for Visually Impaired athletes competing in track and field. Athletes who are classified as an 11 or 12 will/may use a guide runner to assist them in the running events or a caller in the jumping events. Athletes who are classified as a 13 may not use a guide.

NOTE: The classification descriptions below provide a snapshot of each classification—the classification process is done by trained professionals typically at an IPC approved event. These descriptions/classifications may change in the future as preparations for the 2012 Paralympic Games are being made.

Track Events: Visually Impaired

- T11:** No light perception in either eye, inability to recognize the shape of a hand at any distance or in any direction.
- T12:** From the ability to recognize the shape of a hand up to the visual acuity of 20/600 in the best eye with best correction.
- T13:** From visual acuity above 20/600 up to visual acuity of 20/200 in the best eye with best correction.

Field Events (plus Implement Weights: Men/Women): Visually Impaired

- F11:** No light perception in either eye, inability to recognize the shape of a hand at any distance or in any direction. (Shot put-7.26kg/4kg; discus-2kg/1kg; javelin-800gm/600 gm)
- F12:** From the ability to recognize the shape of a hand up to visual acuity of 20/600 in the best eye with best correction. (Shot put-7.26kg/4kg; discus-2kg/1kg; javelin-800gm/600 gm)
- F13:** From visual acuity above 20/600 up to visual acuity of 20/200 in the best eye with best correction. (Shot put-7.26kg/4kg; discus-2kg/1kg; javelin-800gm/600 gm).

MEN'S STANDARDS

| Event | Class | Elite "A" | National Team "B" | Emerging/Military |
|---------|-------|-----------|-------------------|-------------------|
| 100m | T11 | 11.60 | 12.18 | 13.34 |
| 100m | T12 | 11.31 | 11.87 | 13.01 |
| 100m | T13 | 11.23 | 11.79 | 12.91 |
| 200m | T11 | 23.44 | 24.61 | 26.96 |
| 200m | T12 | 22.84 | 23.98 | 26.26 |
| 200m | T13 | 22.56 | 23.68 | 25.94 |
| 400m | T11 | 52.09 | 54.69 | 59.90 |
| 400m | T12 | 51.35 | 53.91 | 59.05 |
| 400m | T13 | 50.50 | 53.02 | 58.07 |
| 800m* | T11 | 2:09.11 | 2:15.57 | 2:28.48 |
| 800m | T12 | 1:58.54 | 2:04.47 | 2:16.32 |
| 800m | T13 | 1:57.70 | 2:03.59 | 2:15.36 |
| 1500m | T11 | 4:18.46 | 4:31.38 | 4:57.23 |
| 1500m* | T12 | 4:04.75 | 4:16.98 | 4:41.46 |
| 1500m | T13 | 4:04.42 | 4:16.64 | 4:41.08 |
| 5000m | T11 | 16:12.14 | 17:00.75 | 18:37.96 |
| 5000m* | T12 | 15:31.64 | 16:18.22 | 17:51.38 |
| 5000m | T13 | 15:55.38 | 16:43.15 | 18:18.68 |
| 10000m | T11 | 36:13.75 | 38:02.44 | 41:39.81 |
| 10000m* | T12 | 33:00.67 | 34:39.70 | 37:57.77 |

WOMEN'S STANDARDS

| Event | Class | Elite "A" | National Team "B" | Emerging/Military |
|----------|-------|-----------|-------------------|-------------------|
| 100m | T11 | 13.11 | 13.76 | 15.07 |
| 100m | T12 | 12.85 | 13.50 | 14.78 |
| 100m | T13 | 12.83 | 13.48 | 14.76 |
| 200m | T11 | 26.56 | 27.89 | 30.54 |
| 200m | T12 | 26.17 | 27.47 | 30.09 |
| 200m | T13 | 25.88 | 27.18 | 29.77 |
| 400m | T12 | 59.02 | 61.97 | 67.88 |
| 400m | T13 | 57.62 | 60.50 | 66.26 |
| 800m | T12 | 2:17.75 | 2:24.64 | 2:38.41 |
| 800m | T13 | 2:30.40 | 2:37.92 | 2:52.96 |
| 1500m | T12 | 5:11.83 | 5:27.42 | 5:58.60 |
| 1500m | T13 | 4:59.39 | 5:14.36 | 5:44.30 |
| Discus | F12 | 43.75 | 41.66 | 38.04 |
| Discus | F13 | 43.37 | 41.30 | 37.71 |
| Ljump | F12 | 5.70 | 5.43 | 4.96 |
| Ljump | F13 | 5.71 | 5.44 | 4.96 |
| Shot Put | F12 | 12.68 | 12.08 | 11.03 |
| Shot Put | F13 | 12.67 | 12.07 | 11.02 |

MEN'S STANDARDS continued...

| Event | Class | Elite "A" | National Team "B" | Emerging/ Military |
|----------|-------|--------------|-------------------------|-----------------------|
| 10000m* | T13 | 36:20.10 | 38:09.11 | 41:47.12 |
| Discus | F11 | 43.15 | 41.09 | 37.52 |
| Discus | F12 | 50.98 | 48.55 | 44.33 |
| Javelin | F11 | 49.13 | 46.79 | 42.72 |
| Javelin | F12 | 61.23 | 58.32 | 53.25 |
| LJump | F11 | 6.48 | 6.17 | 5.63 |
| LJump | F12 | 7.21 | 6.87 | 6.27 |
| Shot Put | F11 | 14.82 | 14.11 | 12.88 |
| Shot Put | F12 | 16.14 | 15.37 | 14.03 |
| TJump | F11 | 13.31 | 12.68 | 11.57 |
| TJump | F12 | 14.92 | 14.21 | 12.98 |
| Pent | P12 | 3304 | 3147 | 2873 |

* The competition is typically held as a combined class.

You may notice that the 13 class is missing in the Field events—events are listed based on the event offerings from the Beijing Paralympic Games.

FOR MORE INFORMATION ABOUT PARALYMPIC TRACK AND FIELD CONTACT:

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