



# TRACK and FIELD

## Wheelchair Athletes

**There are multiple classifications for Wheelchair athletes competing in Paralympics based on the involvement of their spinal cord injury and functionality of muscles and limbs.**

**NOTE:** *The classification descriptions below provide a snapshot of each classification—the classification process is done by trained professionals typically at an IPC approved event. These descriptions or classifications may change in the future as preparations for the 2012 Paralympic Games are being made.*

### **Track Events: Athletes in Wheelchairs**

- T50:** Quadriplegic or poor functional strength in all extremities and trunk, but able to propel a wheelchair.
- T51:** Spinal cord injury involving all four limbs.
- T52:** Spinal cord injury involving trunk and lower extremities; no sitting balance.
- T53:** Spinal cord injury involving abdomen and lower extremities; slight capacity to maintain independent sitting balance.
- T54:** Spinal cord injury involving lower extremities; good sitting balance
- T55:** Spinal cord injury involving lower extremities; good sitting balance, good abdominal muscles.

### **Field Events: Athletes in Wheelchairs**

- F51:** Spinal cord injury or other condition affecting all four limbs. (Shot put-1kg; club-397gm)
- F52:** Spinal cord injury or other condition affecting the trunk and lower extremities; no sitting balance (shot put-2kg; discus-1kg; javelin 600gm)
- F53:** Spinal cord injury or other condition affecting the abdomen and lower extremities; slight capacity to maintain independent sitting balance. (Shot put-3kg; discus-1kg; javelin-600gm)
- F54:** Spinal cord injury or other condition affecting the lower extremities; good sitting balance and minimal control problems in upper limbs and trunk. (Shot put-4kg/3kg; discus-1kg; javelin-600gm)
- F55:** Spinal cord injury or other condition affecting the lower extremities; good sitting balance, good abdominal muscles and minimal control problems in upper limbs and trunk. (Shot put-4kg/3kg; discus-1kg; javelin-600gm)
- F56:** Spinal cord injury or other condition affecting one lower extremity or slight involvement of both lower extremities, double above-the-knee amputation or a combination of upper and lower extremity amputations; good functional strength with minimal control problems in upper limbs and trunk. (Shot put-4kg/3kg; discus-1kg; javelin-600gm)
- F57:** Similar to F56, but with greater strength and motor control. (Shot put-4kg/3kg; discus-1kg; javelin-600gm)
- F58:** Spinal cord injury or other condition affecting one lower extremity or slight involvement of both lower extremities, one leg amputated above the knee or a double below the knee amputation or a combination of upper and lower extremity amputations; good functional strength with minimal control problems in upper limbs and trunk. (Shot put-5kg/4kg; discus-1kg; javelin-600gm)

## WHEELCHAIR MEN'S STANDARDS

Event	Class	Elite "A"	National Team "B"	Emerging / Military
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100m	T52	17.96	18.85	20.65
100m	T53	15.27	16.04	17.56
100m	T54	14.38	15.09	16.53
200m	T52	32.36	33.98	37.21
200m	T53	27.20	28.56	31.28
200m	T54	25.57	26.85	29.40
400m	T52	61.93	65.02	71.22
400m	T53	50.47	52.99	58.04
400m	T54	47.87	50.26	55.05
800m	T52	2:01.49	2:07.57	2:19.72
800m	T53	1:40.38	1:45.40	1:55.43
800m	T54	1:37.61	1:42.49	1:52.25
1500m	T54	3:03.71	3:12.90	3:31.27
5000m	T54	10:19.60	10:50.58	11:52.54
Marathon	T52	1:44:50	1:50:05	2:00:34
Marathon	T54	1:24:23	1:28:36	1:37:03
Club	F51	25.24	24.04	21.95
Discus	F51	10.67	10.16	9.28
Discus	F52	19.87	18.93	17.28
Discus	F53	25.84	24.61	22.47
Discus	F54	30.17	28.74	26.24
Discus	F55	38.20	36.38	33.22
Discus	F56	39.68	37.79	34.50
Discus	F57	47.66	45.39	41.44
Discus	F58	55.93	53.27	48.64
Javelin	F52	18.04	17.18	15.69
Javelin	F53	21.44	20.42	18.64
Javelin	F54	28.48	27.12	24.76
Javelin	F55	34.27	32.64	29.80
Javelin	F56	41.04	39.08	35.69
Javelin	F57	39.65	37.76	34.48
Javelin	F58	49.24	46.90	42.82
Shot Put	F52	9.73	9.26	8.46
Shot Put	F53	8.47	8.06	7.36
Shot Put	F54	9.63	9.17	8.37
Shot Put	F55	11.50	10.96	10.00
Shot Put	F56	13.10	12.47	11.39
Shot Put	F57	13.86	13.20	12.06
Shot Put	F58	15.56	14.82	13.53

## WOMEN'S STANDARDS

Event	Class	Elite "A"	National Team "B"	Emerging/ Military
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100m	T52	21.59	22.67	24.83
100m	T53	17.67	18.55	20.32
100m	T54	16.89	17.73	19.42
200m	T52	39.30	41.26	45.19
200m	T53	31.09	32.64	35.75
200m	T54	29.72	31.21	34.18
400m	T53	58.12	61.03	66.84
400m	T54	55.46	58.24	63.78
800m	T53	1:54.31	2:00.02	2:11.46
800m	T54	1:50.86	1:56.40	2:07.48
1500m	T54	3:33.02	3:43.67	4:04.97
5000m	T54	11:54.40	12:30.12	13:41.57
Marathon	T54	1:42:33	1:47:40	1:57:55
Discus	F51	5.31	4.83	4.43
Discus	F52	14.83	14.13	12.90
Discus	F53	14.04	13.37	12.21
Discus	F54	19.30	18.38	16.78
Discus	F55	26.99	25.71	23.47
Discus	F56	23.95	22.81	20.83
Discus	F57	29.70	28.28	25.83
Discus	F58	37.41	35.63	32.53
Javelin	F52	12.45	11.85	10.82
Javelin	F53	11.52	10.98	10.02
Javelin	F54	16.34	15.56	14.21
Javelin	F55	19.09	18.18	16.60
Javelin	F56	23.33	22.22	20.29
Javelin	F57	23.17	22.07	20.15
Javelin	F58	30.21	28.77	26.27
Shot Put	F52	5.52	5.26	4.80
Shot Put	F53	5.71	5.44	4.96
Shot Put	F54	6.53	6.22	5.68
Shot Put	F55	8.80	8.38	7.65
Shot Put	F56	8.36	7.96	7.27
Shot Put	F57	10.61	10.11	9.23
Shot Put	F58	10.64	10.13	9.25

### FOR MORE INFORMATION ABOUT PARALYMPIC TRACK AND FIELD CONTACT:

Cathy Sellers- Associate Director for High Performance Track and Field  
719.866.3236  
Email- [Cathy.Sellers@usoc.org](mailto:Cathy.Sellers@usoc.org)

Tina Kauffman-Cain  
National Teams Coordinator  
719.866.2065  
Email- [Tina.Kauffman-Cain@usoc.org](mailto:Tina.Kauffman-Cain@usoc.org)