

**2012 Tri-State Regional Swim Meet - sponsored by Children's Specialized Hospital**

Athlete Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Street Address: \_\_\_\_\_ City \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ WASUSA # \_\_\_\_\_ D.O.B. \_\_\_\_\_

Cell Number: \_\_\_\_\_ Email: \_\_\_\_\_

Team Name: \_\_\_\_\_ Need Classification: Yes \_\_\_\_\_ No \_\_\_\_\_

Gender: M \_\_\_\_\_ F \_\_\_\_\_ Age Group: U7 \_\_\_\_\_ U11 \_\_\_\_\_ U14 \_\_\_\_\_ U16 \_\_\_\_\_ U18 \_\_\_\_\_ U20 \_\_\_\_\_ U23 \_\_\_\_\_ (age as of 12/31/11)  
 Adult Division Seniors (19 - 39) \_\_\_\_\_ Masters (40 and over) \_\_\_\_\_

Swim Class:	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Free/Back/Fly = S														
Breast = SB														
SM Medley = SM														

The meet will follow IPC swim rules. Check event you wish to enter below. Be sure you are eligible for the event. There is no limit to the number of events you can enter, but due to pool time the meet can not wait more than 5 minutes between events except the 500Y Free. At NJDC only 7 events plus 2 relays are allowed. Only unshaded events may be selected.

	U11	U14	U16	U18	U20/U23	SRS/MAST
25 Freestyle	S1-14	S1-4				
50 Freestyle	S1-14	S1-14	S1-14	S1-14	S1-14	S1-14
100 Freestyle	S1-14	S1-14	S1-14	S1-14	S1-14	S1-14
200 Freestyle	S1-14	S1-14	S1-14	S1-14	S1-14	S1-14
400M/500Y Free			S6-14	S6-14	S6-14	S6-14
25 Backstroke	S1-14	S1-4				
50 Backstroke	S1-14	S1-14	S1-14	S1-14	S1-14	S1-14
100 Backstroke	S1-14	S1-14	S1-14	S1-14	S1-14	S1-14
200 Backstroke					S6-10	S6-10
					11-14	11-14
25 Breaststroke	SB1-9	SB1-4				
	11-14					
50 Breaststroke	SB1-9	SB1-9	SB1-9	SB1-9	SB1-9	SB1-9
	11-14	11-14	11-14	11-14	11-14	11-14
100 Breaststroke			SB3-9	SB3-9	SB3-9	SB3-9
			14-Nov	11-14	11-14	11-14
200 Breaststroke					SB6-9	SB6-9
					11-14	11-14
25 Butterfly	S1-14	S1-4				
50 Butterfly	S1-14	S1-14	S1-14	S1-14	S1-14	S1-14
100 Butterfly			S5-14	S5-14	S5-14	S5-14
200 Butterfly					S7-14	S7-14
4 X 25 IM	SM4-14	SM4-14				
3 X 25 IM	SM1-4	SM1-4				
4 X 50 IM			SM4-14	SM4-13	SM4-14	SM4-14
3 X 50 IM			SM1-4	SM1-4	SM1-4	SM1-4
4 X 100 IM				SM5-10	SM5-14	SM5-14



