

39th ANNUAL RICHARD CADMUS DISABLED SPORTS MEET
(formerly Junior Masonic Wheelchair Track & Field Meet)

Sponsored by The New Jersey Masonic Fraternity And The Tri-State Wheelchair & Ambulatory Athletics
June 3 - June 4, 2017



The New Jersey Masonic Fraternity and the Tri-State Wheelchair & Ambulatory Athletics are once again proud to sponsor the 40th Annual Richard Cadmus Disabled Sports Meet. (a/k/a Junior Masonic Regional Meet). Athletic events include track, field, swimming, powerlifting, archery and table tennis. The schedule of events is included in this package. This meet is open to all participants in the Junior Division (ages 6 through age 22). In addition, Masonic meet alumni adults (ages 23 - 34) are invited to participate in the event.

REGISTRATION: This is a *sanctioned qualifying meet* for athletes in the both the Adult and Junior divisions. This meet is also a qualifier for the National Junior Disability Championships (NJDC),. In order to qualify for NJDC, you must be a member of Adaptive Sports, USA. You can obtain an appropriate Adaptive Sports USA membership application online

The meet registration is being handled online only by Simply Register. In order to register for the meet, you need to go online to:

<https://www.simplyregister.net/register/?e=111260>

CLASSIFICATION: In order to compete in the events, you must be classified in each respective sport you wish to compete in. Classification for Tri-State will not formally be held at the Junior Masonic Meet, however will be held as follows:

1. For swimmers, classification will be held at the Tri-State/Children's Specialized Hospital Swim Meet on Saturday, March 4, 2017
2. For all other sports, classification will be held at the Tri-State Games, May 26- 28 at Hillsdale High School, Hillsdale, NJ

Those not being formerly classed will receive a "regional classification" on the day of the meet.

REGISTRATION FEES: The basic registration fee is \$ 30.00

Please note: If the inability to pay the fee would prevent you from competing, an explanatory letter requesting to waive the fee should be included with your application and will be reviewed by both the Meet Director and Meet Chairman.

APPLICATION DEADLINE DATE: must be received by Monday, May 29, 2017 at 12:01 am. No registrations will be considered after that date.

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HOUSING: There are several hotels in a 5 mile radius of North/South Brunswick High School. The following is a selected listing:

Hampton Inn 841 Georges Rd. North Brunswick, NJ 08902 (732) 246-3555	Brunswick Hotel 2880 Route 1 North North Brunswick, NJ 08902 (732) 297-7400
Staybridge Suites 2195 US Highway 1 South North Brunswick, NJ 08902 (800) 225-1237 or (732) 940-2250	Days Hotel & Conference Center 195 NJ Route 18 East Brunswick, NJ 08816 (732) 828-6900

AWARDS: Award medals will be distributed. In addition, trophies will be awarded for the outstanding male and female athletes, coaches' awards and sportsmanship awards.

MEALS: A complimentary lunch will be provided for all athletes, parents and siblings on both Saturday and Sunday. On Saturday evening, a dinner will be provided at North Brunswick High School. Please complete the enclosed reservation form if you plan on attending the dinner. The dinner will be a barbeque at the track area following the 5000 meter.

TENTATIVE SCHEDULE OF EVENTS

Date	Event	Location	Time
Saturday, June 3, 2016	Classification/Registration	North Brunswick Track Area	7:30 AM
	Field Events	North Brunswick Field Area	8:30AM – 12:00 PM
	Archery Competition (tentative)		9:30 AM - 12:00 PM
	Lunch	North Brunswick Track Area	12:00 PM – 1:30 PM
	Swimming (includes warm-up)	North Brunswick High School Pool	1:30 PM - 4:30 PM
	Table Tennis	North Brunswick Auxiliary Gym	3:00 PM - 5:00 PM
	5000 meter event	North Brunswick Track	5:00 PM - 6:00 PM
	Dinner/Social	North Brunswick Track Area	5:30 PM – 7:30 PM
	Weightlifting	North Brunswick HS Auxiliary Gym	7:00 PM – 9:00 PM
Sunday, June 4, 2016	Registration ONLY	North Brunswick Track Area	7:30 AM
	Track Events –All Day	North Brunswick Track Area	8:00 AM
	Lunch	North Brunswick Track Area	12:00 PM (approx.)
	Awards Ceremony	North Brunswick Track Area (or Gym)	4:00 PM

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		depending on the weather.)	
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DIRECTIONS TO NORTH BRUNSWICK HIGH SCHOOL

98 Raider Road
North Brunswick, NJ 08902

From the North:

- I. GS Parkway**
 - a. Take the Garden State Parkway South to Exit 130 (Route 1 South). Stay on Route 1 South for approximately 12 miles.
 - b. You will see an exit for Route 130 South/Georges Road. Take the exit that goes across Route 1. This is Georges Road. Make a right at the second traffic light. This is Raider Road. At the end of Raider Road, you will see the school in front of you. Park in the lot on your right.

- II. NJ Turnpike**
 - a. Take the NJ Turnpike South to Exit 9. Bear right after the toll and get on Route 18 North. The immediate first exit is for Route 1 South-Trenton. Take that exit. Continue on Route 1 South for approximately 3 –4 miles.
 - b. Same directions as in I (b)

From the South:

- I. From GS Parkway**
 - a. Take the Garden State Parkway North to Exit 129/ NJ Turnpike. Take the Turnpike South to Exit 9. Bear right after the toll and get on Route 18 North. The immediate first exit is for Route 1 South-Trenton. Take that exit. Continue on Route 1 South for approximately 3 –4 miles.
 - b. You will see an exit for Route 130 South/Camden. Take the exit that goes across Route 1. This is Georges Road. Make a right at the second traffic light. This is Raider Road. At the end of Raider Road, you will see the school in front of you. Park in the lot on your right.

- II. From NJ Turnpike**
 - a. Take the NJ Turnpike North to Exit 9. Bear right after the toll and get on Route 18 North. The immediate first exit is for Route 1 South-Trenton. Take that exit. Continue on Route 1 South for approximately 9 miles.
 - b. Follow the directions as in I(b),

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**ALL ATHLETES ARE REQUIRED TO AGREE AND "SIGN" TO THE
FOLLOWING ONLINE:**

RELEASE OF LIABILITY (required for athletes)

In consideration of acceptance of this entry form, I/we hereby for ourselves, our heirs administrators and assigns, waive and release any and all claims against Adaptive Sports USA, Tri-State Wheelchair & Ambulatory Athletics, New Jersey Grand Lodge of F&A Masons, Masonic Charities Foundation, North Brunswick Board of Education and the North Brunswick Dept. of Parks and Recreation for all injuries and/or expenses incurred by me/us at the Junior Masonic Wheelchair Meet to be held between June 4 and June 5, 2016

PERMISSION TO PHOTOGRAPH/VIDEO

I hereby authorize the Games Committee to take and use photographs/video of me during the meet for publicity purposes and/or for use in future programs. This includes, but not limited to; printed media (i.e. newspapers), online media (i.e. Tri-State & Adaptive Sports USA websites) and social networking sites (i.e. Twitter, Facebook, YouTube).

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ATHLETE REGISTRATION PART I (Classes 31 to 38)

First Name: _____ Last Name: _____ WASUSA ID: _____
 Address: _____ City: _____ State: _____ Zip Code: _____
 Home Phone: _____ Cell Phone: _____ Email: _____
 Date of Birth: _____ Age*: _____ Gender: Male: Female:

Age Division: U7 (under age 7) U11 (Ages 7-10) U14 (Ages 11 -13)
 U16 (Ages 14-15) U18 (Ages 16-17) U20 (Ages 18-19) U23 (Ages 20 – 22)
 Adult (Age 23+)
 Track Class: _____ Field Class: _____ Race Runner Class: _____

**This represents the age of the athlete as of 12/31 of the 2016 competition year. Use this age when checking the division age. All adults will use the same events as the U23 age division for their class, age and gender*

Team Name: _____ or check here if Independent

Track Events	Class 31				Class 32				Class 33				Class 34															
Class/Age Div	U7	U11	U14	U16	U18	U20	U23	U7	U11	U14	U16	U18	U20	U23	U7	U11	U14	U16	U18	U20	U23	U7	U11	U14	U16	U18	U20	U23
20 Meter Dash																												
60 Meter Dash																												
60 Meter Weave																												
100 Meter																												
200 Meter																												
400 Meter																												
800 Meter																												
1500 Meter																												
5000 meter																												

Track Events	Class 35 (assist device)				Class 35				Class 36				Class 37				Class 38																		
Class/Age Div	U7	U11	U14	U16	U18	U20	U23	U7	U11	U14	U16	U18	U20	U23	U7	U11	U14	U16	U18	U20	U23	U7	U11	U14	U16	U18	U20	U23	U7	U11	U14	U16	U18	U20	U23
20 Meter Dash																																			
60 Meter Dash																																			
100 Meter																																			
200 Meter																																			
400 Meter																																			
800 Meter																																			
1500 Meter																																			
5000 Meter																																			

Field Events	Class 31				Class 32				Class 33				Class 34															
Class/Age Div	U7	U11	U14	U16	U18	U20	U23	U7	U11	U14	U16	U18	U20	U23	U7	U11	U14	U16	U18	U20	U23	U7	U11	U14	U16	U18	U20	U23
Club Throw																												
Precision Toss																												
High Toss																												
Softball Throw																												
Shotput																												
Discus																												
Javelin																												
Distance Kick																												
Medicine Ball Thrust																												

Field Events	Class 35				Class 36				Class 37				Class 38															
Class/Age Div	U7	U11	U14	U16	U18	U20	U23	U7	U11	U14	U16	U18	U20	U23	U7	U11	U14	U16	U18	U20	U23	U7	U11	U14	U16	U18	U20	U23
Club Throw																												
Shotput																												
Discus																												
Javelin																												
Long Jump																												
High Jump																												
Triple Jump																												

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ATHLETE REGISTRATION FORM PART II (ALL CLASSES)

Name of Athlete: _____

B. SWIMMING

ENTER CLASSIFICATION: SWIM (S1-S13)_____;
BREASTROKE (SB1-SB13)_____; MEDLEY (M1-M13)_____

Check the appropriate events you wish to compete in to a maximum of seven (7) events. Only one (1) Individual Medley event (IM) can be selected.

EVENT	U7/U11	U14	U16	U18	U20/U23	Adults/Masters
25 Freestyle	S1 - S13	S1 - S13				
50 Freestyle	S1 - S13	S1 - S13	S1 - S13	S1 - S13	S1 - S13	S1 - S10
100 Freestyle		S5 - S13	S1 - S13	S1 - S13	S1 - S13	S1 - S10
200 Freestyle		S5 - S13	S1 - S13	S1 - S13	S1 - S13	S1 - S10
400m/500yd Freestyle			S6 - 13	S6 - 13	S6 - 13	S1 - S10
25 Backstroke	S1 - S13	S1 - S13				
50 Backstroke	S1 - S13	S1 - S13	S1 - S13	S1 - S13	S1 - S13	S1 - S13
100 Backstroke		S5 - S13	S1 - S13	S1 - S13	S1 - S13	S1 - S13
200 Backstroke				S6 - S13	S6 - S13	S6 - S13
25 Breaststroke	SB 1-9	SB1-9	SB1 - 3	SB1 - 3	SB1 - 3	SB1 - 3
	SB 11 - 13	SB11 - 13				
50 Breaststroke		SB 3 - 9	SB 1 - 9	SB 1 - 9	SB 1 - 9	SB 1 - 9
		SB 11 - 13	SB 11 - 13	SB 11 - 13	SB 11 - 13	SB 11 - 13
100 Breaststroke			SB 3 - 9	SB 3 - 9	SB 3 - 9	SB 3 - 9
			SB 11 - 13	SB 11 - 13	SB 11 - 13	SB 11 - 13
200 Breaststroke					SB 6 - 9	SB 6 - 9
					SB 11 - 13	SB 11 - 13
25 Butterfly	S5 - 13	S1 - S13	S1 - S5	S1 - S5	S1 - S5	S1 - S5
50 Butterfly		S5 - S13	S5 - S13	S5 - S13	S1 - S13	S1 - S13
100 Butterfly			S5 - S13	S5 - S13	S5 - S13	S5 - S13
200 Butterfly					S7 - S13	S7 - S13
3 X 25 Individual Medley	SM 1 - 4	SM 1 - 4				
4 X 25 Individual Medley	SM 4 - 13	SM 4 - 13				
3 X 50 Individual Medley			SM1 - 4	SM1 - 4	SM1 - 4	SM1 - 4
4 X 50 Individual Medley			SM4 - 13	SM4 - 13	SM4 - 13	SM4 - 13
4 X 100 Individual Medley				SM5 - 10	SM5 - 13	SM5 - 13

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REGISTRATION FORM PART II (ALL CLASSES) cont'd

C. WEIGHTLIFTING

Weight in pounds (lbs.) _____

Weight in kilograms (kg.) _____

(to calculate weight in kilograms, take weight in lbs and divide by 2.2)

Powerlift Press

D. TABLE TENNIS

CLASSIFICATION (TT1 – TT11) _____

Open Singles

Open Doubles

If you are playing doubles, please indicate the name of your doubles partner _____

Class Events may also be held based on the number of competitors in each classification

E. ARCHERY

CLASSIFICATION: (W1, W2, Standing) : _____

BOWTYPE (CHECK ONE): Compound Recurve

Do you use a bowstand? Yes No

(Archery event may be limited or cancelled dependent upon number of registrants.)

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**Junior Masonic Wheelchair Meet June 3, 2017
SWIM RELAY TEAM APPLICATION**

TEAM NAME: _____

COACH: _____

Athlete Name	Class	Sex (Circle)	Points
		F - M	
		F - M	
		F - M	
		F - M	
Total Points			

EVENT:* Male () Female () Mixed ()

4 x 25 Points 10 () 20 () 30 ()
Freestyle Relay

4 x 25 Points 15 () 25 () 35 ()
Medley Relay

4 x 50 Points 30 () 40 ()
Freestyle Relay

4 x 50 Points 30 () 40 ()
Medley Relay

* Separate Forms must be completed and filed for each event.

B. JUNIOR RELAYS

There will be three types of relay teams: all male, all female or mixed. Points will be assigned to each team member in accordance with the following table:

Age Class	S1 - 4	S5 - 6	S7 - 8	S9 - 10
U7/U11	1	2	3	4
U14	2	3	4	5
U16/U18	3	4	6	8
U20/U23	4	6	8	10

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Dinner Reservation Form @ North Brunswick High School (Track Area)

Saturday, June 3, 2017

5:30 – 7:30 PM

Immediately following the 5000 meter
Dinner will be a barbeque

Athlete/Coach/Official Name: _____

of Guests _____

If you have a food allergy, please contact Ralph Armento at ralph461@msn.com or at 732-422-9094 and we will do our best to accommodate you.