47th Tri-State Wheelchair Games & 17th Kessler Foundation Wheelchair 10K



Memorial Day Weekend - May 26th - 29th, 2017

Tri-State Wheelchair Games

* Track

* Field

* Archery

* Powerlifting

* Fast Mondo Track * IPC Approved

Date: May 26th - 28th, 2017

Location: Pascack Valley High School, New Jersey **Note:** Transportation will **not** be provided for the Games

Kessler Foundation Wheelchair 10K

- * Cash Prizes (Total Purse \$15,900)
- * Fast and Flat Course
- * Transportation (Newark Airport-Hotel-Venue)
- * Comp Hotel Rooms (First-come, First-served)

Date: Memorial Day - Monday, May 29th, 2017

Location: Ridgewood, New Jersey

Note: Transportation will be provided for the Kessler 10K

Contact Information

Tri-State Games - Jimmy Cuevas - jcuevas1969@comcast.net Kessler 10K - Angela Smith - asmith@kesslerfoundation.org The 47th Tri-State Wheelchair & Ambulatory Games and the 17th Kessler Foundation Wheelchair 10K are sponsored by the Kessler Foundation. The Tri-State Wheelchair & Ambulatory Games is IPC Approved for Athletics and sanctioned by Adaptive Track & Field USA and Adaptive Sports USA. Electronic timing system for track events on Saturday, May 27th and Sunday, May 28th.

The Kessler Foundation Wheelchair 10K course is fast and flat. Every year Elite wheelchair athletes from all over the world compete in the Annual Kessler Foundation Wheelchair 10K for a total purse of \$15,900. Transportation for the Elite wheelchair athletes will be available between Newark Liberty International Airport, host hotel and the Kessler 10K competition venue. A limited number of complimentary hotel rooms for the Elite wheelchair athletes for one night stay will be available on a First-come, First-served basis. In addition, a limited number of airfare travel stipends up to \$250 will be available. Please contact Angela Smith for the complimentary room night and the airfare stipend.

		Top (Cash	Prizes		
	Open C	lass	Oper	n Masters	Ope	n Quad
	Male	Female	1 st	\$1,000	1 st	\$1,000
1 st	\$2,000	\$2,000	2 nd	\$500	2 nd	\$500
2 nd	\$1,000	\$1,000	3 rd	\$400	3 rd	\$400
3 rd	\$500	\$500	4 th	\$300	4 th	\$300
4 th	\$400	\$400	5 th	\$200	5 th	\$200
5 th	\$300	\$300				
6 th	\$200	\$200				
7 th	\$100	\$100				

Note: Additional cash prizes for Grandmasters and Juniors.









47th Tri-State Wheelchair & Ambulatory Games May 26 - 28, 2017

Pascack Valley High School, Hillsdale, New Jersey

SANCTIONED BY

Adaptive Sports USA

IPC APPROVED EVENT FOR TRACK & FIELD

SPORT EVENTS CONTESTED

Track, Field, Archery, and Powerlifting (Electronic Timing & Mondo Track)

For more information on these events, please consult the Adaptive Sports USA Official Rule Books found on the website: www.adaptivesportsusa.org

Tri-State Games will again be a part of the **Wheelblazers Grand Prix**. The 5,000 meters is a registered event for this competition. For further information and Grand Prix entry, please consult the Tri-State website:

www.tswaa.com

Sponsored by:

Tri-State Wheelchair & Ambulatory Association
Adaptive Sports, USA
North Jersey Navigators PSC
Pascack Valley Regional High School District
Kessler Foundation
Chick-fil-A
Pepsi















This is an Adaptive Sports USA sanctioned event for athletes in both the Junior and Adult/Open divisions. This is an IPC Approved event only for Athletics (Track & Field). If you plan to compete in more than one sport, you must join each respective National Governing Body (NGB)/ Sports Technical Committee (STC) prior to competition.

You can obtain a membership application through Adaptive Sports USA:

Website: www.adaptivesportsusa.org

MEET DIRECTOR: Jimmy Cuevas - Contact: Tel. 201-435-1688 / Email: jcuevas1969@comcast.net

FEES & REGISTRATION: The fees include registration, online registration service fee, lunch, meet sanctioning and qualification for the 2017 Adaptive Sports USA Junior National Championships. Online Registration must be completed by May 5, 2017 to avoid a late fee. A late fee of \$35.00 will be assessed for each online registration between May 6 - 19.

The fees for on-time and late registrations are as follows:

Registration Fees	Registration Fees
(By May 5)	(After May 6)
Juniors - \$60.00	Juniors - \$95.00
Adults/Open - \$60.00	Adults/Open - \$95.00

The Tri-State Games LOC reserves the right to limit or cancel events based on enrollment as of May 19, 2017.

Review the classification and eligible events details on Pages 5-7 and the Simply Register Online Registration instructions on Page 22 prior to start the online registration.

ONLINE REGISTRATION FORM: https://www.simplyregister.net/register/?e=110346

Online Registration will end on Friday, May 19, 2017

Registrations will **NOT** be considered after May 20. Registration will **NOT** be available at the games.

Transportation Between Host Hotels And Competition Venue

The LOC will NOT provide transportation. Athletes and coaches are responsible for their transportation.

CLASSIFICATION:

Important: U.S. Paralympics has updated the National Policies and Procedures and a few changes were made that went into effect in January that will affect your events National classification. Please read the information below very carefully in order to not miss any deadlines regarding the required classification paperwork and documentation. National classification appointments are reserved for U.S. citizens only. If you are a citizen of another country and you have never undergone classification evaluation you must first obtain proof of citizenship in the U.S. before you will be scheduled for classification evaluation by a U.S. National classification panel.

The Tri-State Wheelchair and Ambulatory Games will be providing National classification in track and field. In order to participate, you must be classified in each sport you wish to compete in. If you have not been classified you will be notified of your classification time. Classifications will be held on Friday, May 26 (During the afternoon/evening) and Saturday, May 27 (During the morning) for those competing in track, field and archery events. If an athlete is not a U.S. Citizen the athlete will go through the classification process but he or she will be given a temporary classification to compete at the Tri-State Wheelchair and Ambulatory Games.

Athletes with Physical Impairments

Effective this year, all athletes that need to go through a National classification evaluation in track and field must fill out a National Medical Diagnostics Form. National classification at the Tri-State Wheelchair and Ambulatory Games will only be offered for track and field. The National Medical Diagnostics Form does not need to be filled out by a doctor, but can be filled out by the athlete or parent who can give information on the athlete's eligible impairment. This will help classifiers in different ways: One, it eliminates athletes who sign up for classification evaluation who are not eligible for competition. Two, it will assist the classifiers in preparing for the athletes who will be evaluated at the meet. The National Medical Diagnostics Form can be found at the end of this document (After the Simply Register Online Registration Instructions) or can be downloaded from the TSWAA website http://www.tswaa.com. The complete form must be returned to Sherrice Fox at sherrice.fox@usoc.org no later than Friday, May 5, 2017. The US Paralympics will review the form and then sent to the National classifiers that are working the Tri-State Wheelchair & Ambulatory Games event for review and determination of eligibility to receive a classification appointment.

Athletes with Visual Impairments

All athletes with a visual impairment that have not been classified must submit their medical forms to Sherrice Fox at sherrice.fox@usoc.org by Friday, May 5, 2017 to receive their national classification. The Visual Impairment Medical Diagnostic Form can be downloaded from the TSWAA website http://www.tswaa.com.

Athletes with Intellectual Impairments

Athletes with an intellectual impairment competing in track and field at the Tri-State Wheelchair and Ambulatory Games must contact Athletes Without Limits http://www.athleteswithoutlimits.org/eligibility to apply for eligibility to obtain their national classification.

Please send all completed forms to Sherrice Fox at <u>sherrice.fox@usoc.org</u> or by fax at 719-866-2029 by <u>Friday, May 5, 2017</u> or contact her you have any questions regarding classification.

<u>Tri-State Wheelchair & Ambulatory Games – Schedule of Events</u>

Athletes must be checked in by the start of the competition or he/she will not be able to compete that day.

Athletes with personal field implements must present all implements at the Games Tent next to the track for weigh-in 90 minutes prior to start of the field competition.

<u>Date</u>	<u>Time</u>	Event	Location
Friday, May 26			
Athlete Check-in & Classification	5:00 pm - 9:00 pm	Athlete Check-in, Classification	Pascack Valley HS
Powerlifting	6:00 pm - 9:00 pm	Weigh In and Powerlifting	Pascack Valley HS Weight Room
Saturday, May 27			
Athlete Check-in & Classification	7:30 am - 12:00 pm	Athlete Check-in & Classification	Pascack Valley HS
Archery	8:00 am – 10:00 am	Archery	Pascack Valley HS Track
	10:00 am – 11:30 am	Field (Ambulatory)	
Ambulatory Field	10.00 am – 11.30 am	Shot put and Discus	Pascack Valley HS Field
	11:30 am - 12:30 pm	Lunch	Pascack Valley HS Games Tent
Field	12:30 pm – 4:30 pm	Field (Ambulatory & Wheelchair)	Pascack Valley HS Field
	4:30 pm - 6:00 pm	Dinner	Pascack Valley HS Games Tent
Athlete Check-in	4:00 pm – 6:00 pm	Athlete Check-in	Pascack Valley HS
Track	5:25 pm - 5:55 pm	Track Warm-up	Pascack Valley HS Track
	6:00 pm – 9:15 pm	Open Track Event	Pascack Valley HS Track
Sunday, May 28			
Athlete Check-in	7:00 am - 8:30 am	Athlete Check-in	Pascack Valley HS Games Tent
Track	7:30 am - 8:00 am	Track Warm-up	Pascack Valley HS Track
	0.00	5000m Open	December Valley HC Two de
	8:00 am	Juniors/Adults	Pascack Valley HS Track
	9:00 am - 4:00 pm	Track: Juniors/Adults (20min. warm-up after 5,000)	Pascack Valley HS Track
		(20mmi: warm up arter 5,000)	

Junior Athlete Track & Field Events - Classes 11-13, 20, 40-47, 51-57

							Tra	ack	Eve	nts	- Cla	asse	s 1	1-13	3, 2	0, 4	10-4	17,	51-	54										
Class		С	lass	11-1	.3				Cla	ss 20					Clas	s 40					Clas	s 41					Clas	s 42		
Age Division	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23
20 Meter																														
60 Meter																														
100 Meter																														
200 Meter																														
400 Meter																														
800 Meter																														
1500 Meter																														
3000 Meter																														
5000 meter																														
Class			Clas	s 43					Class	44-4	7			С	lass	51, 5	52				Clas	s 53					Clas	s 54		
Age Division	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23
60 Meter															51	51														
100 Meter																														
200 Meter																														
400 Meter													52																	
800 Meter								44-46	44-46	44-46	44-46	44-46		52																
1500 Meter								44-46	44-46	44-46	44-46	44-46		52																
3000 Meter								44-46	44-46	44-46	44-46	44-46		52																
5000 Meter **									44-46	44-46	44-46	44-46																		

^{** 5000} Meter Minimum Time Standards for Males: 11-13, 20 and 43-46 (25:00); 51-54 (15:50)

^{** 5000} Meter Minimum Time Standards for Females: 11-13, 20 and 43-46 (27:00); 51-54 (20:00)

							Fie	eld	Eve	nts ·	- Cla	isse	s 11	L-13	3, 2	0, 4	0-4	7, !	51-!	57										
Class		C	lass	11-1	.3				Cla	ss 20				С	ass	40, 4	11			C	lass	42-4	ŀ6				Clas	s 47		
Age Division	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23
Shotput																														
Discus																														
Javelin																														
Club																														
Softball Throw																														
High Jump	F12	F12-13	F12-13	F12-13	F12-13	F12-13																								
Triple Jump																														
Long Jump																														
Class			Clas	s 51					Class	52-5	7																			
Age Division	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23																		
Shotput													1																	
Discus													1																	
Javelin													1																	
Club													1																	
Softball Throw													1																	
Long Jump																														

Junior Athlete Track & Field Events - Classes 31-38, TRR1-5

					Tr	ack	Ev	ent	s - (Clas	ses	31	-38,	TR	R1-	5														
Class			Clas	s 31					Clas	s 32					Clas	s 33					Clas	s 34								
Age Division	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23						
20 Meter Dash																														
60 Meter Dash																														
60 Meter Weave																														
100 Meter																														
200 Meter																														
400 Meter																														
800 Meter																														
3000 Meter																														
1500 Meter																														
5000 Meter **																														
Class	Cla	iss 3	5 (As	sist	Devi	ce)			Clas	s 35					Clas	s 36					Clas	s 37					Clas	s 38		
Age Division	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23
20 Meter Dash																														
60 Meter Dash																														
100 Meter																														
200 Meter																														
400 Meter																														
800 Meter																														
1500 Meter																														
3000 Meter																														
5000 Meter **																														
Class		(lass	TRR	1			(lass	TRR	2			(Class	TRR	3			(lass	TRR	4			(Class	TRR	5	
Age Division	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23
60 Meter																														
100 Meter																														
200 Meter																														
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3000 Meter																														
5000 Meter **																														
** 5000 Meter Mi	nimı	ım T	mo	Stan	dard	c for	· Ma	oc: 2	1 2/	/15	·E0)·	25	20 /2	E • 00	۱٠ TD	D2 /	1/20	٠٠٠١				•	•	•						

^{** 5000} Meter Minimum Time Standards for Males: 31-34 (15:50); 35-38 (25:00); TRR3-4 (20:00)

^{** 5000} Meter Minimum Time Standards for Females: 31-34 (20:00); 35-38 (27:00); TRR3-4 (22:00)

						F	ielo	J Ev	ent	ts -	Cla	sses	s 3 1	38	3									
Class			Clas	s 31					Clas	s 32					Clas	s 33					Clas	s 3 4		
Age Division	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23
Club Throw																								
High Toss																								
Kick																								
Precision																								
Med. Ball Thrust																								
Shotput																								
Discus																								
Javelin																								
Class			Clas	s 35					Clas	s 36					Clas	s 37					Clas	s 38		
Age Division	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23
Shotput																								
Discus																								
Javelin																								
Long Jump																								

Open Track Competition Event – (Saturday, May 27)

IPC Approved Event

Track Events

100 Meters

200 Meters

400 Meters

800 Meters

1500 Meters

5000 Meters

All Athletes (Juniors and Adults) MUST meet qualifying standards (See next page)

The Open Track Competition will be limited to the following classes and events:

Start Time	Classes	Event	P/F	AMB/WC
6:00 PM	53/54	5000-Men	Final	WC
6:15 PM	53/54	5000-Women	Final	WC
6:45 PM	33/34/51/52/53/54	100-Men	Final	WC
6:50 PM	33/34/52/53/54	100-Women	Final	WC
6:55 PM	11/12/13/36/37/38/42/43/44/45/46/47	100-Men	Final	AMB
7:00 PM	11/12/13/36/37/38/42/43/44/45/46/47	100-Women	Final	AMB
	Set Compensator	•		
7:10PM	33/34/51/52/53/54	400-Men	Final	WC
7:15PM	33/34/52/53/54	400-Women	Final	WC
7:20PM	11/12/13/20/36/37/38/42/43/44/45/46/47	400-Men	Final	AMB
7:25PM	11/12/13/20/36/37/38/42/43/44/45/46/47	400-Women	Final	AMB
	Set Compensator	•		
7:40 PM	52/53/54	1500-Men	Final	WC
7:48 PM	53/54	1500-Women	Final	WC
7:56 PM	35/37/38/45/46	1500-Men	Final	AMB
8:04 PM	11/12/13/20	1500-Men	Final	AMB
8:12 PM	37/38/45/46	1500-Women	Final	AMB
8:20 PM	11/12/13/20	1500-Women	Final	AMB
	Set Compensator	•		
8:35 PM	33/34/51/52/53/54	200-Men	Final	WC
8:40 PM	33/34/52/53/54	200-Women	Final	WC
8:45 PM	11/12/13/35/36/37/38/42/43/44/45/46/47	200-Men	Final	AMB
8:50 PM	11/12/13/35/36/37/38/42/43/44/45/46/47	200-Women	Final	AMB
	Set Compensator			
8:55 PM	33/34/52/53/54	800-Men	Final	WC
9:00 PM	33/34/52/53/54	800-Women	Final	WC
9:05 PM	11/12/13/36/37/38	800-Men	Final	AMB
9:10 PM	11/12/13/36/37/38	800-Women	Final	AMB

WC = Wheelchair AMB = Ambulatory

Open Track Qualifying Standards - (Only for Saturday, May 27)

TRI-ST/	ATE OPEN TRAC	K STANDARDS FO	OR SATURDAY	TRI-ST/	ATE OPEN TRAC	CK STANDARDS F	OR	SATURDAY	TRI-ST/	ATE OPEN TRA	CK STANDARDS F	OR	SATURDAY
		EVENING		ll		EVENING					EVENING		
<u>CLASS</u>	<u>EVENT</u>	<u>WOMEN</u>	<u>MEN</u>	<u>CLASS</u>	<u>EVENT</u>	<u>WOMEN</u>		<u>MEN</u>	<u>CLASS</u>	<u>EVENT</u>	<u>WOMEN</u>		<u>MEN</u>
11	100	17.15	15.31	37	100	21.06		16.38	51	100	41.45	Т	39.38
11	200	37.88	31.50	37	200	42.56		33.00	51	200	54.00	П	
11	400	1:28.00	1:13.75	37	400	1:34.00		1:20.00	51	400	1:34.00	┰	2:15.00
11	800	3:52.00		37	800			2:58.48	52	100	36.00	Т	25.46
11	1500	6:40.30	5:32.00	37	1500			5:30.16	52	200	54.00	Т	45.00
11	5000		21.52.35	38	100	20.63		16.25	52	400	1:34.00	\Box	1:31.00
12	100	18.00	14.94	38	200	40.78		32.10	52	800	3:00.00		2:40.35
12	200	37.50	30.25	38	400	1:33.00		1:25.00	52	1500			5:40.00
12	400	1:24.00	1:08.25	38	800			3:00.00	53	100	28.38		20.51
12	800	3:52.00		38	1500			36:00.00	53	200	44.00	\Box	35.96
12	1500	6:20.00	5:15.00	42	100	25.00		20.31	53	400	1:30.00	_	1:10.00
12	5000		18:30.00	42	200			42.50	53	800	3:00.00	_	2:40.35
13	100	18.00	15.25	43	100	21.25		16.75	53	1500	4:10.00	_	3:58.93
13	200	36.80	30.77	43	200	40.63		35.50	53	5000	14:12.00	_	13.28.00
13	400	1:24.00	1:08.75	43	400	1:38.00		1:16.13	54	100	23.63	_	18.75
13	800		2:42.50	44	100	21.25		16.75	54	200	37.00	4	33.21
13	1500	5:45.00	5:15.00	44	200	40.63		35.50	54	400	1:20.00	_	1:03.75
13	5000		18:30.00	44	400	1:38.00		1:16.13	54	800	2:40.00	4	2:07.45
20	400	1:22.00	1:10.50	45	100	19.50		#REF!	54	1500	4:10.00	_	3:58.93
20	1500	5:45.00	5:15.00	45	200	38.00		30.15	54	5000	14:12.00		13.28.00
33	100	36.00	28.30	45	400	1:30.00		1:05.00					•
33	200		44.00	45	1500	5:50.00		5:20.00					
33	400		1:20.00	46	100	19.50		14.82					
33	800	3:58.00	3:20.00	46	200	38.00		30.15					
34	100	36.00	28.00	46	400	1:30.00		1:05.00					
34	200	49.00	44.00	46	1500	5:50.00		5:20.00					
34	400		1:20.00	47	100	19.50		14.82					
34	800	3:58.00	3:20.00	47	200	38.00		30.15					
35	100	34.38	19.50	47	400	1:30.00		1:05.00					
35	200	56.25	43.69										
36	100	23.25	18.38										
36	200	48.25	35.40										
36	400		1:23.54										
36	800		3:05.00	I									

Junior Track Relay Team Application

TEAM NAME:			COACH	I:		
	Athlet	es must run in	the order listed	<u>below</u>		
ATHLETE NAME		CLASS	AGE DIVISION	GE	NDER	POINTS
				Male	Female	
				Male	☐ Female	
				Male	Female	
				Male	Female	
					TOTAL POINTS	
EVENT: *	Male	nale 🗌 Mixe	ed 🔲 W	heelchair	Ambulatory	
4 X 100:	Points:	10	20	30		
4 X 400:	Points:	30	40			
800 Medley:	Points:		 40	50		
There will be three type	s of relay team	s; all male, all	female and mixed	d. Points will	be assigned to ea	ach

There will be three types of relay teams; all male, all female and mixed. Points will be assigned to each team member in accordance with the following table(s):

I. WHEELCHAIR CLASSES

Age Division	Classes T31/32, T51/52	ClassesT34, T53	Class T 54
U11	1	2	3
U14	2	4	6
U16/U18	3	6	9
U20/U23	4	8	12

4 x100: 10 - 20 - 30 Point Teams

800 Medley: 100 + 100 + 200 + 400: 30 - 40 Point Teams

II. <u>AMBULATORY CLASSES</u>

AMBULATO	KI CLASS	<u>ES</u>		
Age Division	Class T35	Classes T36, T41/42	Classes T11, T37/38, T43/44	Classes T12/13, T20, T45/46
U11	1	2	3	4
U14	2	4	6	8
U16/U18	3	6	9	12
U20/U23	4	8	12	16

4 x100: 10-20-30-40-50 Point Teams

800 Medley: 100 + 100 + 200 + 400: 30 - 40 - 50 Point Teams

^{*}Competitors may enter no more than any two (2) relays. They must be different relay races (male, female, mixed, 4×100 or 800 medley) or point value.

Junior and Adult Powerlifting & Archery Events

Powerlifting (Friday Evening May 26)

Note: Competitors must be at least 14 years of age on the date of the competition. The Powerlifting competition is <u>not</u> sanctioned by IPC.

Archery (Saturday, May 27)

Classes: W1, W2 and Standing

Bow Type: Compound and Recurve

Age Divisions:

Yeoman - (Ages 7 – 9)
Bowmen - (Ages 10 -12)
Cub - (Ages 13 – 14)
Cadet - (Ages 15 – 17)
Junior - (Ages 18 – 20)
Young Adult - (Ages 21 – 22)
Adult - (Over 23)

Host Hotels for Tri-State Wheelchair and Ambulatory Games

<u>IMPORTANT:</u> Hotel reservations must be made no later than <u>May 5th, 2017.</u> A credit card is needed to guarantee each reservation. A form of payment is required at time of check-in to cover all anticipated charges. Lodging arrangements are the responsibility of each team or individual athlete. When making reservations mention that you are part of the "Tri-State Wheelchair & Ambulatory Games" and provide the Group Code "2017TSG" to receive the discounted rate available through May 5, 2017.

Holiday Inn Express Paramus

50 US Highway 17 North Paramus, NJ 07652 Tel. 201-843-5400

Hotel Room Rate: \$119.99 + Tax (7% State Tax plus 8% Hotel Occupancy Tax)

Hotel Room Rate Block Availability: May 26 - 29, 2017

Hotel Reservations Contact:

Victoria Lagua, Front Office Manager

Phone: 201-843-5400 Ext 306 or 800-315-2621

Email: victoria.lagua@gmail.com

Group Code: 2017TSG

Note: Holiday Inn Express Paramus is also the host hotel for the Kessler Foundation Wheelchair 10K

Comfort Inn & Suites Paramus

211 US Highway 17 South Paramus, NJ 07652 Tel. 877-587-6266

Hotel Room Rate: \$105.00 + Tax (7% State Tax plus 8% Hotel Occupancy Tax)

<u>Important:</u> Comfort Inn & Suites has two floors and does <u>NOT</u> have an elevator. There is only 6 Double Queen Beds Rooms available on the first floor.

Hotel Room Rate Block Availability: May 26 - 28, 2017

Hotel Reservations Contact:

Kimberly Watson, Sales & Marketing Phone: 201-694-8285 or 877-587-6266 Email: kimberly.watson@ciparamus.com

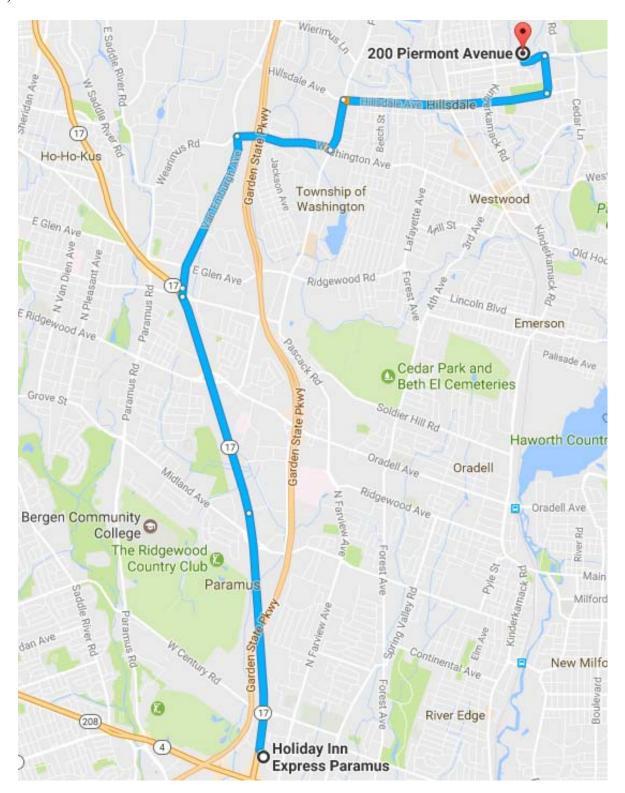
Group Code: 2017TSG

Included in rate for both hotels, Holiday Inn Express Paramus and Comfort Inn & Suites Paramus:

- Complimentary Hot Breakfast
- Complimentary Wi-Fi
- Complimentary self-parking

Directions from Holiday Inn Express Paramus to Pascack Valley High School

Pascack Valley High School Address: 200 Piermont Ave Hillsdale, NJ 07642



47th Tri-State Wheelchair and Ambulatory Games - May 26-28, 2017

Holiday Inn Express Paramus

50 State Rte 17, Paramus, NJ 07652

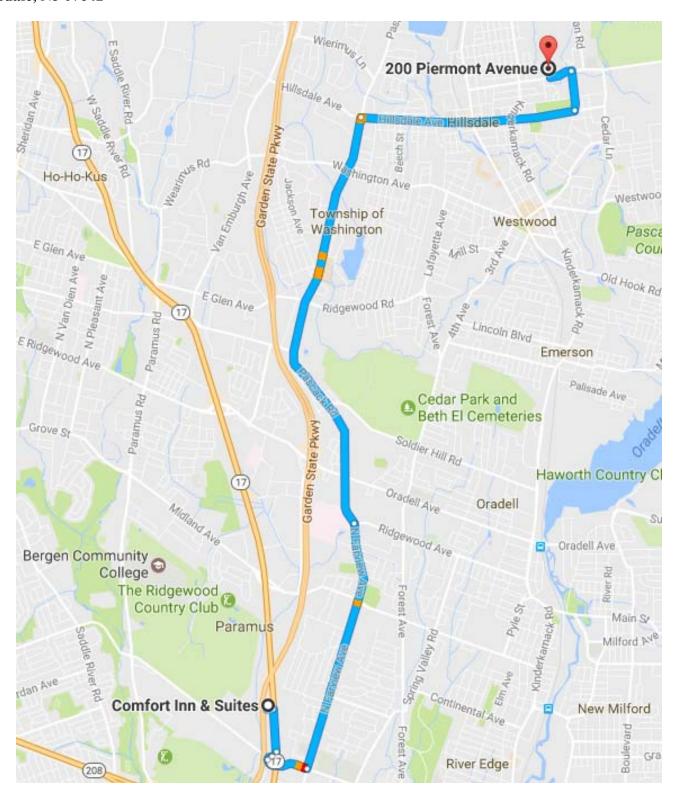
t	1.	Head northwest on Madison Ave/Prospect St	9 s (240 ft)
Cont	tinue	e on NJ-17 N. Take Van Emburgh Ave and Hillsdale Ave to Piermont Ave in Hillsdale	, ,
*	2.	Merge onto NJ-17 N	— 17 min (8.8 mi)
4	3.	Keep left to stay on NJ-17 N	2.0 mi
r	4.	Take the exit toward Hillsdale/Westwood/Washington TWP	1.9 mi
t	5.	Continue onto Van Emburgh Ave	390 ft
L →	6.	Turn right onto Washington Ave	1.4 mi
4	7.	Turn left onto Pascack Rd	
Γ*	8.	Turn right onto Hillsdale Ave	0.4 mi
4	9.	Turn left onto Everdell Ave	1.7 mi
4	10	. Turn left onto Piermont Ave	0.3 mi
			0.2 mi

200 Piermont Ave

Hillsdale, NJ 07642

Directions from Comfort Inn & Suites Paramus to Pascack Valley High School

Pascack Valley High School Address: 200 Piermont Ave Hillsdale, NJ 07642



47th Tri-State Wheelchair and Ambulatory Games - May 26-28, 2017

Comfort Inn & Suites

211 Route 17 South, Paramus, NJ 07652

↑ 1. Head south toward NJ-17 S

- 22 s (453 ft)

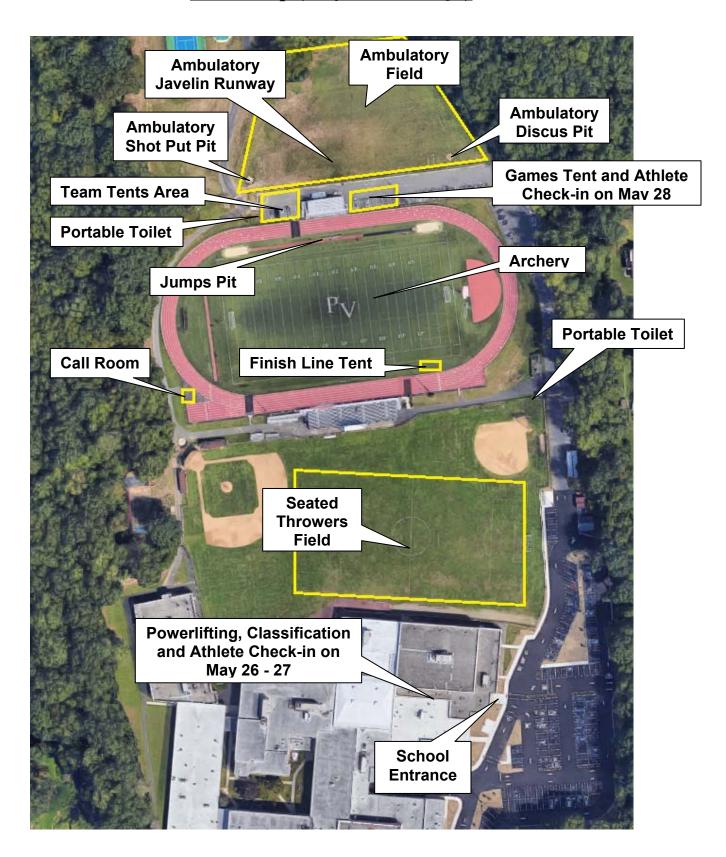
Take N Farview Ave, Pascack Rd and Hillsdale Ave to Piermont Ave in Hillsdale

			— 21 min (8.5 mi)
*	2.	Merge onto NJ-17	
r	3.	Take the Century Rd exit toward River Edge/Fair Lawn	0.3 mi
4	4.	Keep left, follow signs for NJ-17 N/River Edge	276 ft
ኻ	5.	Slight left onto E Century Rd	266 ft
٩	6.	Turn left onto N Farview Ave	0.3 mi
t	7.	Continue onto Pascack Rd	2.0 mi
Γ*	8.	Turn right onto Hillsdale Ave	
٩	9.	Turn left onto Everdell Ave	1.7 mi
٩	10	. Turn left onto Piermont Ave	0.3 mi
			0.2 mi

200 Piermont Ave

Hillsdale, NJ 07642

Event Map (Subject to Change)





17th Kessler Foundation Wheelchair 10K ATFUSA National Wheelchair 10K Championship



Kessler Foundation presents the 17th Annual Wheelchair 10K, the wheelchair division of the Fred d'Elia Ridgewood Run held on Memorial Day, Monday, May 29, 2017 in Ridgewood, NJ at Graydon Park & Pool – 218 Northern Pkwy, Ridgewood, NJ 07450. This year's race will again be sanctioned as the Adaptive Track and Field USA (ATFUSA) 10K Championship.

This event is one of the largest integrated races in the country, as wheelchair athletes compete on the same course, at the same time, as the runners. Racers compete for \$15,900 in <u>cash prize awards!</u> Wheelchair racers from around the world will kick-off the series of seven events that comprise the Fred d'Elia Memorial Day Ridgewood Run. With the support of the North Jersey Masters, the Kessler Foundation Wheelchair 10K has grown to one of the largest 10K's in the country. Other event sponsors include: Global Risk Consultants, and EZRide. The Wheelchair 10K begins at 8:15 am, with registration opening at 7 am. Registration is \$25 per racer. All participants will receive a commemorative t-shirt. Kessler Foundation will host a brief awards ceremony with refreshments immediately following the Wheelchair 10K.

The Kessler Foundation will be providing shuttle transportation between the host hotel Holiday Inn Express Paramus Hotel and Graydon Park (Kessler Wheelchair 10K start/finish line). The Kessler Wheelchair 10K Online registration closes on Thursday, May 25. If you wish to register after that date, please email the Kessler Wheelchair 10K Race Director, Angela Smith at <u>ASmith@KesslerFoundation.org</u>.

The Online application for the 17th Kessler Foundation 10K can be found at the following link: https://www.kesslerfoundation.org/wheelchair10k2017

About Kessler Foundation:

Kessler Foundation is the largest public charity supporting people with disabilities. Kessler Foundation Research Center improves the quality of life for people with physical and cognitive disabilities through rehabilitation research in its six specialized laboratories under the leadership of noted research directors--Human Performance & Engineering Research, Neuropsychology & Neuroscience, Outcomes & Assessment Research, Spinal Cord Injury Research, Stroke Rehabilitation Research, and Traumatic Brain Injury Research. While the staff of each laboratory has expertise in a particular area, collaboration often enhances progress toward finding ways to overcome the obstacles faced by people with disabilities caused by brain injury, spinal cord injury, multiple sclerosis, stroke, arthritis, and other chronic neurological and orthopedic conditions.

Kessler Foundation Program Center focuses on solutions to address the persistently high rates of unemployment among people with disabilities. Through strategic funding and philanthropic leadership, Kessler Foundation has invested more than \$20 million in programs to increase the participation of individuals with disabilities in the workforce. Creating job opportunities through development, placement, employer education, and social enterprise has enabled greater independence and economic self-sufficiency. Kessler Foundation Program Center provides assistance to community organizations that create employment programs or integration opportunities for people with disabilities. Grant recipients include national and local organizations whose missions complement that of Kessler Foundation.

17th Kessler Foundation Wheelchair 10K – Prize Money Structure

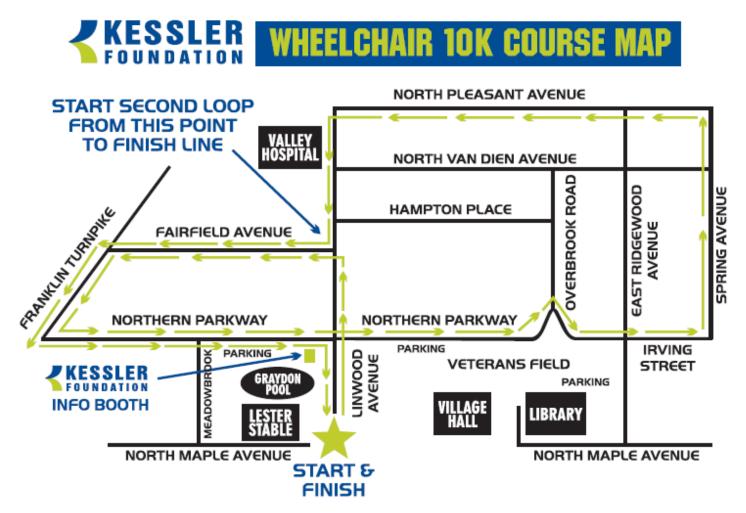


	<u>Ol</u>	<u>PEN</u>	OPEN QUAD	OPEN MASTERS	GRANDMASTERS
	Male	Female			
1 st	\$2000	\$2000	\$1000	\$1000	\$400
2 nd	\$1000	\$1000	\$500	\$500	\$200
3 rd	\$500	\$500	\$400	\$400	
4 th	\$400	\$400	\$300	\$300	
5 th	\$300	\$300	\$200	\$200	
6 th	\$200	\$200			
7 th	\$100	\$100			

	<u>E*ATHLETE</u>		<u>JUNIORS</u>		
	Male	Female	Male	Female	
1 st	\$300	\$300	\$200	\$200	
2 nd	\$150	\$150	\$100	\$100	

- Masters must be 40 years of age or older on race day
- Grandmasters must be 50 years of age or older on race day
- E*Athletes must be at least 19, but under 22 on race day
- Juniors must be under 19 on race day

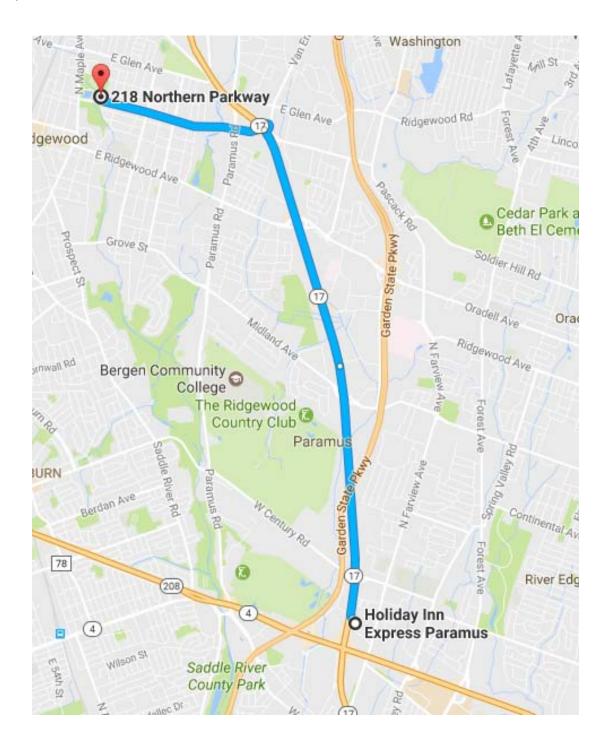
Kessler Foundation Wheelchair 10K Course Map



The course is best described as tree lined, flat and one of the fastest in the East.

Directions from Holiday Inn Express Paramus to Kessler Foundation Wheelchair 10K

GPS Address to Garydon Park & Pool: 218 Northern Pkwy Ridgewood, NJ 07450



47th Tri-State Wheelchair and Ambulatory Games - May 26-28, 2017

Holiday Inn Express Paramus

50 State Rte 17, Paramus, NJ 07652

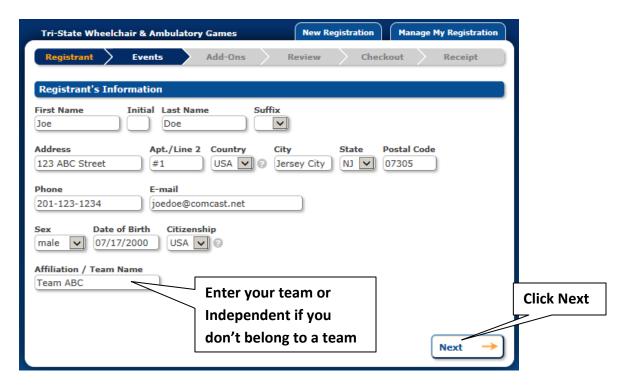
t	1.	Head northwest on Madison Ave/Prospect St	
*	2.	Merge onto NJ-17 N	240 ft
4	3.	Keep left to stay on NJ-17 N	2.0 mi
r	4.	Take the Linwood Ave W exit toward Ridgewood	2.0 mi
*	5.	Merge onto Linwood Ave	0.2 mi
Γ*	6.	Turn right onto Northern Pkwy	1.3 mi
			177 ft

218 Northern Pkwy

Ridgewood, NJ 07450

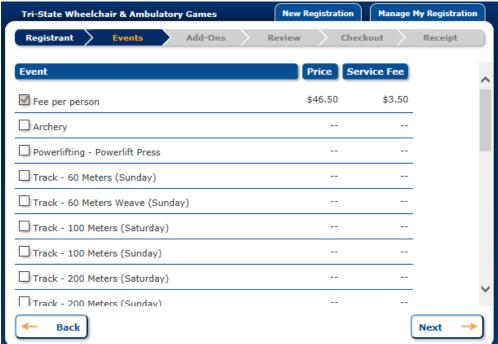
Simply Register Online Registration

1. Click on the url link https://www.simplyregister.net/register/?e=107599 or copy and paste the url into your Internet web browser. Complete Registrant's Information for the athlete and click Next.

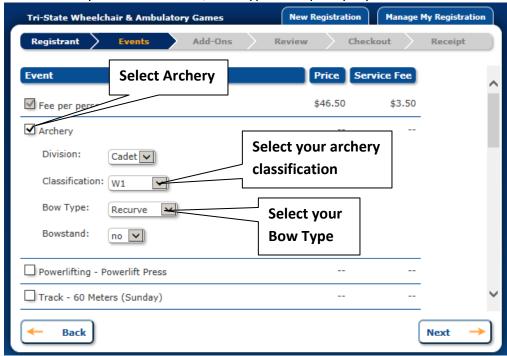


2. Select your competition events.

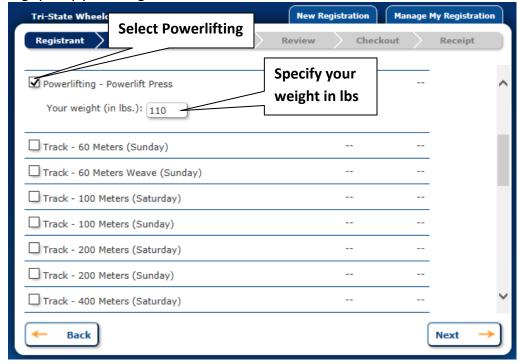
<u>Important:</u> If you are a novice athlete or if you don't have a National Classification, select "Need Classification" from the Classification menu options for each of the events you are registering for.



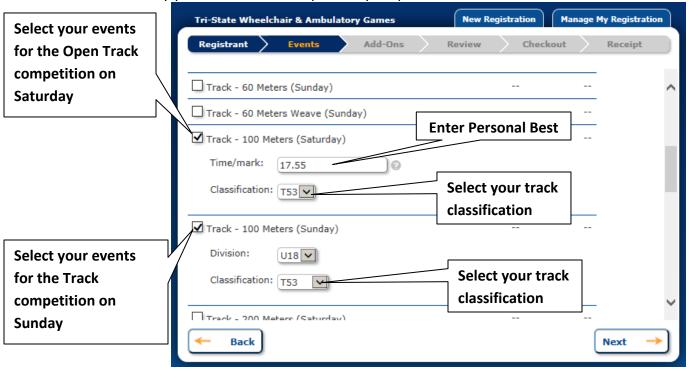
3. For Archery events select your classification, bow type and specify if you use a bow stand.



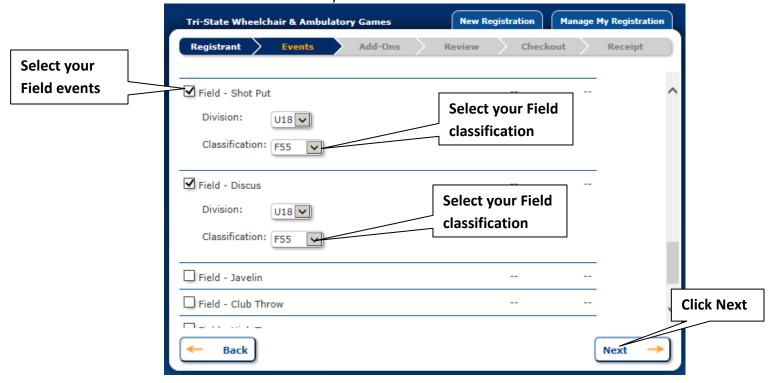
4. For Powerlifting specify your weight in lbs.



5. For Track select the events you will be competing on Saturday and/or Sunday. Select your classification for each track event. There will be two track competition events; an Open Track Event on Saturday, May 28 for elite/emerging athletes who meet the defined qualifying standards and another track competition on Sunday, May 29 for all athletes. If you are competing on the Open Track Events on Saturday you will also need to provide your personal best.

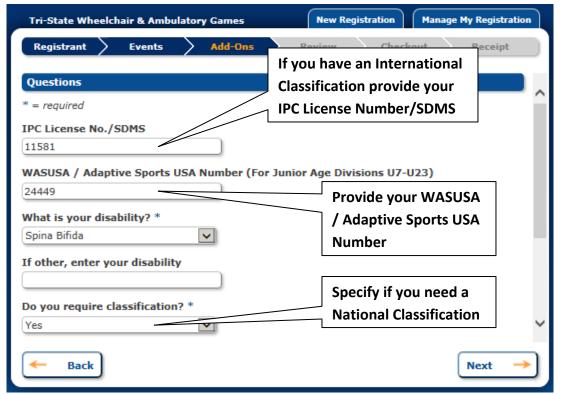


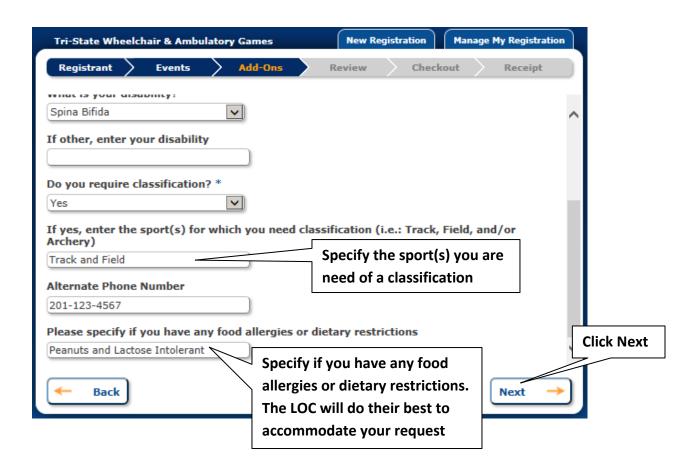
6. For Field select the events and select your classification for each field event.



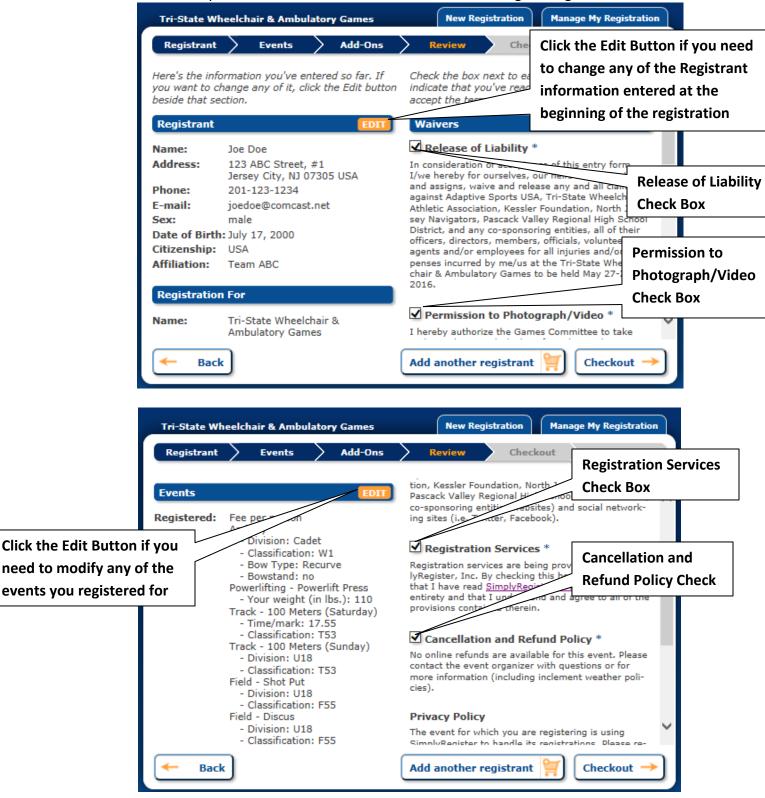
7. Answer the following Questions.

Note: The classification question applies to novice athletes competing for the first time or athletes without a National Classification.





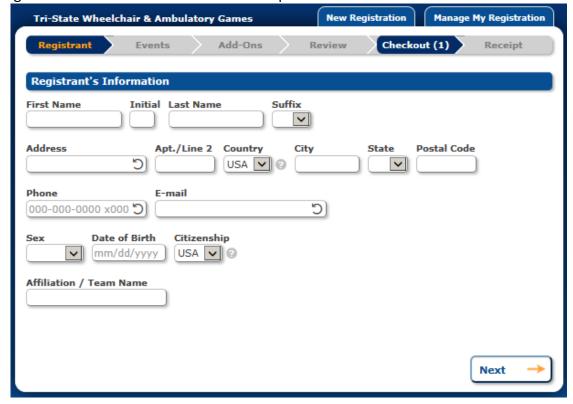
8. Review the registration information. Check the box next to each waiver to indicate you have read, understand and accept the terms. Scroll down to continue reviewing the registration.



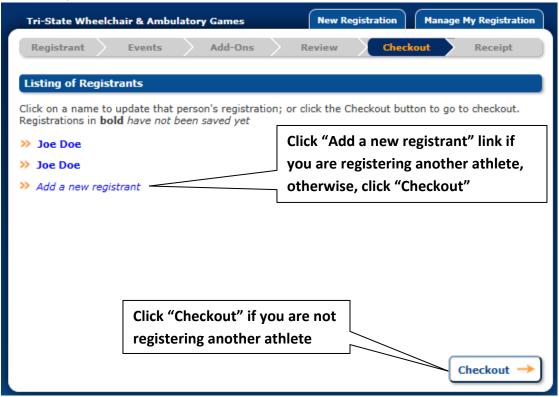
9. Scroll down to continue to reviewing the registration information.



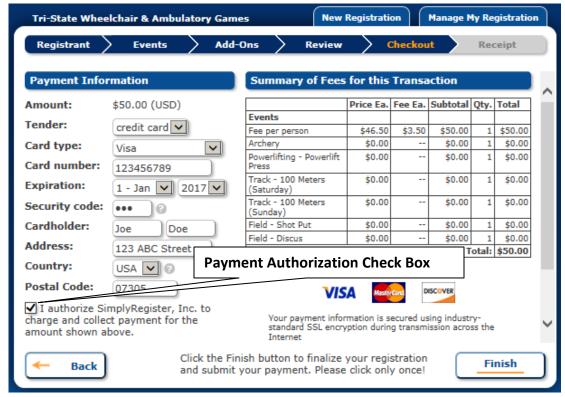
10. If registering another athlete enter the registrant's information and repeat Steps 2-9 above. If not registering another athlete then continue with Step 12 below.



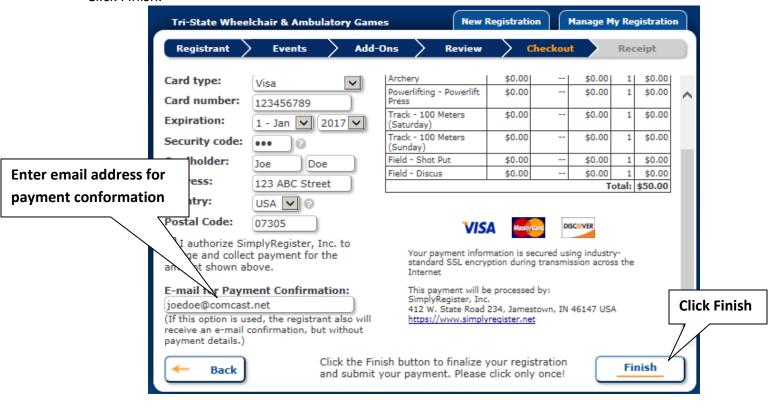
11. If registering another athlete click "Add a new registrant" and repeat the steps to register another athlete. Otherwise, click "Checkout".



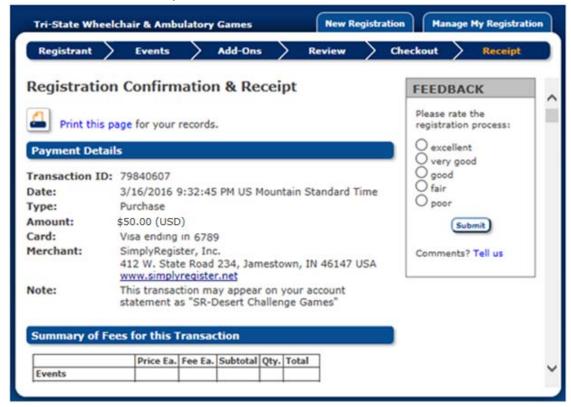
12. Enter the payment information and check the box to authorize SimplyRegister to collect the payment, and scroll down.

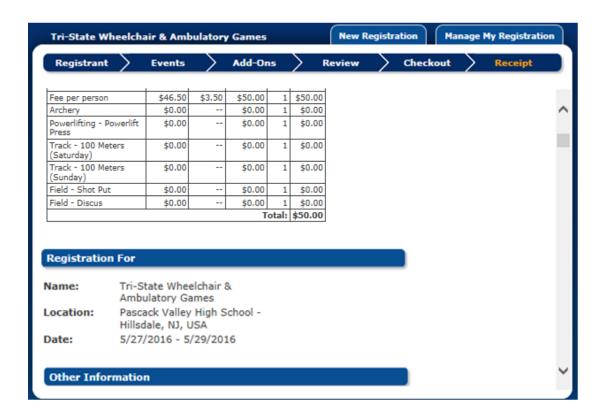


13. Enter the email address for the payment confirmation and the registration confirmation & receipt. Click Finish.



14. Registration Confirmation & Receipt







National Medical Diagnostics Form

Dear Athlete:

This form is a guide to collect information needed for national classification evaluation. In order to be eligible to be scheduled for a national classification appointment the athlete MUST have an eligible impairment as per the International Standard for Eligible Impairments. For additional information and to view the full IS for Eligible Impairments visit the IPC Website. For a list of eligible impairments by sport please visit the U.S. Paralympics website.

There are ten eligible impairments for Para Sport:

- 1. Impaired muscle power
- 2. Impaired passive range of movement
- 3. Limb deficiency
- 4. Leg length difference
- 5. Short stature
- 6. Hypertonia
- 7. Ataxia
- 8. Athetosis
- 9. Vision impairment
- 10. Intellectual impairment

Classification evaluation is usually done in conjunction with a competition and is conducted by a panel of medical and/or technical classifiers [panels are defined by each sport within their respective classification rules].

Classification evaluation will usually include a physical assessment (may be called a "bench test") and a technical assessment using competition equipment on the field of play. Evaluation may also include observation in competition depending upon the sport and relevant sport rules.

If you are an athlete with a visual or intellectual impairment, you do not need to complete this form. Athletes with a vision impairment, must submit the <u>visual medical diagnostics</u> form to Sherrice Fox at <u>Sherrice.Fox@usoc.org</u>. Forms must be submitted at least 2 weeks in advance of any Para sport competition where you expect to participate. Athletes with an intellectual impairment should complete the application at <u>Athletes Without Limits</u> to obtain a national classification.

National classification appointments are reserved for U.S. citizens only. If you are a citizen of another country and you have never undergone classification evaluation you must first obtain proof of citizenship in the U.S. before you will be scheduled for classification evaluation by a U.S. national classification panel. If you have undergone classification evaluation in another country nationally or internationally [when international data is NOT included on the respective IF Masterlist] you must provide proof of sport class(es) and sport class status before the competition in the United States where you intend to compete.

Please send all completed forms to Sherrice Fox at Sherrice.fox@usoc.org or by fax at 719-866-2029 at least 2 weeks prior to competition.

Athlete Name:			Gender:
Email Address: At	hlete or Parent/Gua	ardian	Date of Birth mm/dd/yy
List sport(s) you co	ompete in:		Are you a U.S. Citizen?
What is your curre	nt Classification St	atus	
NN with fixed re	view date		
NR			
NP			
Never been clas	sified		
Sport. The Interr	national Standard irment type. If yo	for Eligible Impairments pr	eligibility to compete in Paralympic ovides examples of what disability may rment type you are in please review
Type of Impairmen	t (select all that app	oly)	
Impaired Muscle	Power	Impaired Passive Ra	ange of Movement
Limb Deficiency		Leg Length Difference	ce
Hypertonia		Ataxia	
Athetosis		Vision Impairment	
Short Stature		Intellectual Impairme	ent
Please answer the	following question	s:	
ls your impairment	congenital or acqu	uired?	
Congenital			
Acquired			
If acquired, please	also include date.		
ls your impairment	::		
Progressive	Stable		
Do you have a late	x allergy?	Do you ha	ve a shunt?
Yes		Yes	

No

No

Please provide a brief description of your impairment (including confirmed medical diagnosis) and any other relevant information you would like the classifiers to know.

If you are an athlete with a spinal cord injury or spina bifida please include at what level or if the SCI is complete or incomplete. (i.e. SCI complete L7 or spina bifida L3-L4) If you are an athlete with Cerebral Palsy, please include what type (i.e. Ataxia, Athetosis, Hypertonia). If you have rods, please include the location of your rods. If you have an amputation please include which limb(s) and location(s) of amputation (i.e. right below elbow). If you are an athlete of short stature please include your height.

Please feel free to attach any relevant medical documentation from your doctor that you think will aid in the classification process. If you have had surgeries specifically related to your impairment (i.e. tendon transfers, rods inserted/removed, etc.) please list each surgery type including the date it was performed.

If you have any questions about this form please contact Sherrice Fox at 719-866-3353.

47th Tri-State Wheelchair & Ambulatory Games

Field Events - Saturday, May 27, 2017

Start Time	Classes	Event		
10:00 AM	11/12/13/20/35/36/37/38/40/41/42/43/44/45/46	Shot put	Final	AMB
10:45 AM	11/12/13/20/35/36/37/38/40/41/42/43/44/45/46	Discus	Final	AMB
	Lunch Break			
12:30 PM	32/33/34/52/53/54/55/56/57	Shot put	Final	WC
1:45 PM	32/33/34/51/52/53/54/55/56/57	Discus	Final	WC
3:00 PM	33/34/52/53/54/55/56/57	Javelin	Final	WC
12:30 PM	11/12/13/35/36/37/38/40/41/42/43/44/45/46/47	Long Jump	Final	AMB
2:00 PM	11/12/13/20/35/36/37/38/40/41/42/43/44/45/46	Javelin	Final	AMB
3:30 PM	31/32/51	Club	Final	WC

47th Tri-State Wheelchair & Ambulatory Games

Open Track Events - Saturday, May 27, 2017

Start Time	Classes	Event	P/F	AMB/WC
6:00 PM	53/54	5000-Men	Final	WC
6:15 PM	53/54	5000-Women	Final	WC
6:45 PM	33/34/51/52/53/54	100-Men	Final	WC
6:50 PM	33/34/52/53/54	100-Women	Final	WC
6:55 PM	11/12/13/36/37/38/42/43/44/45/46/47	100-Men	Final	AMB
7:00 PM	11/12/13/36/37/38/42/43/44/45/46/47	100-Women	Final	AMB
	Set Compensator	,		
7:10PM	33/34/51/52/53/54	400-Men	Final	WC
7:15PM	33/34/52/53/54	400-Women	Final	WC
7:20PM	11/12/13/20/36/37/38/42/43/44/45/46/47	400-Men	Final	AMB
7:25PM	11/12/13/20/36/37/38/42/43/44/45/46/47	400-Women	Final	AMB
	Set Compensator			
7:40 PM	52/53/54	1500-Men	Final	WC
7:48 PM	53/54	1500-Women	Final	WC
7:56 PM	35/37/38/45/46	1500-Men	Final	AMB
8:04 PM	11/12/13/20	1500-Men	Final	AMB
8:12 PM	37/38/45/46	1500-Women	Final	AMB
8:20 PM	11/12/13/20	1500-Women	Final	AMB
	Set Compensator			
8:35 PM	33/34/51/52/53/54	200-Men	Final	WC
8:40 PM	33/34/52/53/54	200-Women	Final	WC
8:45 PM	11/12/13/35/36/37/38/42/43/44/45/46/47	200-Men	Final	AMB
8:50 PM	11/12/13/35/36/37/38/42/43/44/45/46/47	200-Women	Final	AMB
	Set Compensator			
8:55 PM	33/34/52/53/54	800-Men	Final	WC
9:00 PM	33/34/52/53/54	800-Women	Final	WC
9:05 PM	11/12/13/36/37/38	800-Men	Final	AMB
9:10 PM	11/12/13/36/37/38	800-Women	Final	AMB

47th Tri-State Wheelchair & Ambulatory Games

Track Events - Sunday, May 28, 2017

Start Time	Classes	Event				
8:00 AM	53/54	5000-Men	Final	WC		
8:20 AM	53/54	5000-Women	Final	WC		
8:45 AM	33/34/51/52/53/54	3000-Men	Final	WC		
9:00 AM	33/34/52/53/54	3000-Women	Final	WC		
9:15 AM	35/37/38/44/45/46	3000-Men	Final	AMB		
9:30 AM	11/12/13/20	3000-Men	Final	AMB		
9:45 AM	35/37/38/44/45/46	3000-Women	Final	AMB		
10:00 AM	11/12/13/20	3000-Women	Final	AMB		
10:15 AM	31/32/33	20-Boys/Girls	Final	WC		
10:17 AM	40/41/35/36	20-Boys/Girls	Final	AMB		
10:20 AM	31/32/33/34/51/52/53/54	100-Men	Final	WC		
10:25 AM	31/32/33/34/51/52/53/54	100-Women	Final	WC		
10:30 AM	11/12/13/20/35/36/37/38/40/41/42/43/44/45/46/47	100-Men	Final	AMB		
10:35 AM	11/12/13/20/35/36/37/38/40/41/42/43/44/45/46/47	100-Women	Final	AMB		
10:40 AM	33/34/51/52/53/54	1500-Men	Final	WC		
10:48 AM	33/34/52/53/54	1500-Women	Final	WC		
10:56 AM	35/37/38/44/45/46	1500-Men	Final	AMB		
11:04 AM	11/12/13/20	1500-Men	Final	AMB		
11:12 AM	35/37/38/44/45/46	1500-Women	Final	AMB		
11:20 AM	11/12/13/20	1500-Women	Final	AMB		
Set Compensator						
11:35 AM	31/32/33/34/51/52/53/54	60-Boys/Girls	Final	WC		
11:38 AM	11/12/13/20/35/36/37/38/40/41/42/43/44/45/46/47	60-Boys/Girls	Final	AMB		
11:41 AM	32/33/34/51/52/53/54	400-Men	Final	WC		
11:49 AM	32/33/34/52/53/54	400-Women	Final	WC		
11:57 AM	11/12/13/20/35/36/37/38/41/42/43/44/45/46/47	400-Men	Final	AMB		
12:05 AM	11/12/13/20/35/36/37/38/41/42/43/44/45/46/47	400-Women	Final	AMB		
	Lunch Break					
1:30 PM	32/33/34/51/52/53/54	200-Men	Final	WC		
1:38 PM	32/33/34/52/53/54	200-Women	Final	WC		
1:46 PM	11/12/13/20/35/36/37/38/40/41/42/43/44/45/46/47	200-Men	Final	AMB		
1:54 PM	11/12/13/20/35/36/37/38/40/41/42/43/44/45/46/47	200-Women	Final	AMB		
	Set Compensator					
2:15 PM	32/33/34/51/52/53/54	800-Men	Final	WC		
2:23 PM	32/33/34/52/53/54	800-Women	Final	WC		
2:31 PM	11/12/13/20/35/36/37/38/43/44/45/46	800-Men	Final	AMB		
2:39 PM	11/12/13/20/35/36/37/38/43/44/45/46	800-Women	Final	AMB		
	Set Compensator					
3:00 PM	WC	Relays	Final	WC		
3:15 PM	AMB	Relays	Final	AMB		
•						