

49th Tri-State Wheelchair & Ambulatory Games

May 24 – 26, 2019

Pascack Valley High School, Hillsdale, New Jersey

SANCTIONED BY
Adaptive Sports USA

World Para / IPC APPROVED EVENT FOR TRACK & FIELD

SPORT EVENTS CONTESTED

Track, Field, Archery, and Powerlifting
(Electronic Timing & Mondo Track)

For more information on these events, please consult the Adaptive Sports USA Official Rule Books found on the website:
www.adaptivesportsusa.org

Sponsored by:

North Jersey Navigators PSC
Tri-State Wheelchair & Ambulatory Association
Pascack Valley Regional High School District
Adaptive Sports, USA
U.S. Department of Veterans Affairs
US Paralympics
Kessler Foundation
Benjamin Moore



This is an Adaptive Sports USA sanctioned event for athletes in both the Junior and Adult/Open divisions. This is an IPC Approved event only for Athletics (Track & Field). If you plan to compete in more than one sport, you must join each respective National Governing Body (NGB)/ Sports Technical Committee (STC) prior to competition.

You can obtain a membership application through Adaptive Sports USA:

Website: www.adaptivesportsusa.org .

MEET DIRECTOR: Jimmy Cuevas - Contact: Tel. 551-655-4176 / Email: jcuevas1969@comcast.net

FEES & REGISTRATION: The fees include registration, online registration service fee, lunch, meet sanctioning and qualification for the 2019 Adaptive Sports USA Junior National Championships. Online Registration must be completed by **May 6, 2019 at 11:59 PM** to avoid a late fee. A late fee of **\$50.00** will be assessed for each online registration between **May 7 – 10 at 11:59 PM.**

The fees for on-time and late registrations are as follows:

Registration Fees (By May 6)	Registration Fees (Between May 7 - 10)
Juniors - \$65.00	Juniors - \$115.00
Adults/Open - \$65.00	Adults/Open - \$115.00

The Tri-State Games LOC reserves the right to limit or cancel events based on enrollment as of May 10, 2019.

Veterans Athletes - A limited number of free registration vouchers will be available for veterans on a First-come, First-served basis. Please contact Jimmy Cuevas for the complimentary registration voucher. Veterans participating at the Games are responsible for their own transportation and lodging arrangements.

Review the classification and eligible events details on Pages 5-8 and the Simply Register Online Registration instructions on Page 21 prior to start the online registration.

ONLINE REGISTRATION FORM: <https://www.simplyregister.net/register/?e=115667>

Online Registration will end on Friday, May 10, 2019

Registration will NOT be available at the games.

Transportation Between Host Hotel And Competition Venue

The LOC will NOT provide transportation. Athletes and coaches are responsible for their transportation.

CLASSIFICATION:

Important: National classification appointments for track and field are reserved for U.S. citizens only. If you are a citizen of another country and you have never undergone classification evaluation you must first obtain proof of citizenship in the U.S. before you will be scheduled for classification evaluation by a U.S. National classification panel.

The Tri-State Wheelchair and Ambulatory Games will be providing National classification in track and field. In order to participate, you must be classified in each sport you wish to compete in. If you have not been classified you will be notified of your classification time. Classifications will be held on Friday, May 24 (During the afternoon/evening) and Saturday, May 25 (During the morning) for those competing in track and field events. If an athlete is not a U.S. Citizen the athlete will go through the classification process but he or she will be given a temporary classification to compete at the Tri-State Wheelchair and Ambulatory Games. New athletes competing in archery will also be given a temporary classification to compete at the Tri-State Wheelchair and Ambulatory Games.

Athletes with Physical Impairments

All athletes in need of a National classification evaluation for track and field must fill out a National Medical Diagnostics Form. National classification at the Tri-State Wheelchair and Ambulatory Games will only be offered for track and field. The National Medical Diagnostics Form does not need to be filled out by a doctor, but can be filled out by the athlete or parent who can give information on the athlete's eligible impairment. This will help classifiers in different ways: One, it eliminates athletes who sign up for classification evaluation who are not eligible for competition. Two, it will assist the classifiers in preparing for the athletes who will be evaluated at the meet. The **US Paralympics National Medical Diagnostics Form for Physical Impairment** can be found at the end of this document (After the Simply Register Online Registration Instructions) or can be downloaded from the TSWAA website <http://www.tswaa.com>. The complete form must be returned **Bryce Boarman** at bryce.boarman@usoc.org by **Monday, May 6, 2019**. The US Paralympics will review the form and then sent to the National classifiers that are working the Tri-State Wheelchair & Ambulatory Games event for review and determination of eligibility to receive a classification appointment.

Athletes with Visual Impairments

All athletes with a visual impairment that have not been classified must submit their medical forms to **Bryce Boarman** at bryce.boarman@usoc.org by **Monday, May 6, 2019** to receive their national classification. This form must be completed by athlete's ophthalmologist. The **US Paralympics National Medical Diagnostic Form for Visual Impairment** can be found at the end of this document or can be downloaded from the TSWAA website <http://www.tswaa.com>.

Athletes with Intellectual Impairments

Athletes with an intellectual impairment competing in track and field at the Tri-State Wheelchair and Ambulatory Games must contact Athletes Without Limits <http://www.athleteswithoutlimits.org/eligibility> to apply for eligibility to obtain their national classification. Refer to the **Eligibility - ID Athletes W-O Limits Form** at the end of this document.

Please send all completed forms to Bryce Boarman at bryce.boarman@usoc.org by Monday, May 6, 2019 or contact him if you have any questions regarding classification.

Tri-State Wheelchair & Ambulatory Games – Schedule of Events

Athletes must be checked in by the start of the competition or he/she will not be able to compete that day.

Athletes with personal field implements must present all implements at weigh-in room 90 minutes prior to start of the field competition.

<u>Date</u>	<u>Time</u>	<u>Event</u>	<u>Location</u>
<u>Friday, May 24</u>			
Athlete Check-in & Classification	5:00 pm - 9:00 pm	Athlete Check-in, Classification	Pascack Valley HS
Powerlifting	6:00 pm - 9:00 pm	Weigh In and Powerlifting	Pascack Valley HS Weight Room
<u>Saturday, May 25</u>			
Athlete Check-in & Classification	7:30 am - 12:00 pm	Athlete Check-in & Classification	Pascack Valley HS
Archery	8:00 am – 10:00 am	Archery	Pascack Valley HS Track
Ambulatory Field	9:30 am – 11:30 am	Field (Ambulatory)	Pascack Valley HS Field
	11:30 am – 12:30 pm	Lunch	Pascack Valley HS Games Tent
Field	12:30 pm – 4:30 pm	Field (Ambulatory & Wheelchair)	Pascack Valley HS Field
	4:30 pm - 6:00 pm	Dinner	Pascack Valley HS Games Tent
Athlete Check-in	4:00 pm – 6:00 pm	Athlete Check-in	Pascack Valley HS
Track	5:15 pm - 5:50 pm	Track Warm-up	Pascack Valley HS Track
	6:00 pm – 9:15 pm	5,000 meters Open Open Track Events	Pascack Valley HS Track
<u>Sunday, May 26</u>			
Athlete Check-in	7:00 am - 8:30 am	Athlete Check-in	Pascack Valley HS Games Tent
Track	7:30 am - 8:00 am	Track Warm-up	Pascack Valley HS Track
	8:00 am - 4:00 pm	Track: Juniors/Adults (15 min. warm-up after 3,000)	Pascack Valley HS Track

Junior Athlete Track & Field Events - Classes 11-13, 20, 40-47, 51-57, 61-64

Track Events - Classes 11-13, 20, 40-47, 51-54, 61-64																																				
Class	Class 11-13					Class 20					Class 40					Class 41					Class 42					Class 43					Class 44-47					
Age Division	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	
20 Meter																																				
60 Meter																																				
100 Meter																																				
200 Meter																																				
400 Meter																																				
800 Meter																																				
1500 Meter																																				
3000 Meter																																				
5000 Meter **																																				
Class	Class 51, 52					Class 53					Class 54					Class 61					Class 62					Class 63					Class 64					
Age Division	U11	U14	U16	U20	U23	U11	U14	U16	U20	U23	U11	U14	U16	U20	U23	U11	U14	U16	U20	U23	U11	U14	U16	U20	U23	U11	U14	U16	U20	U23	U11	U14	U16	U20	U23	
60 Meter				S1																																
100 Meter																																				
200 Meter																																				
400 Meter	S2																																			
800 Meter			S2																																	
1500 Meter			S2																																	
3000 Meter			S2																																	
5000 Meter **																																				

** 5000 Meter Minimum Time Standards for Males: 11-13, 20, 43-46, 62, 64 (25:00); 51-54 (15:50)

** 5000 Meter Minimum Time Standards for Females: 11-13, 20, 43-46, 62, 64 (27:00); 51-54 (20:00)

Field Events - Classes 11-13, 20, 40-47, 51-57, 61-64																															
Class	Class 11-13					Class 20					Class 40, 41					Class 42-46					Class 47					Class 61-64					
Age Division	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	
Shotput																															
Discus																															
Javelin																															
Long Jump																															
High Jump																42, 44-46	42, 44-46	42, 44-46	42, 44-46	42, 44-46							61, 63-64	61, 63-64	61, 63-64	61, 63-64	61, 63-64
Triple Jump																45-46	45-46	45-46	45-46	45-46											
Class	Class 51					Class 52-57																									
Age Division	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23																					
Shotput																															
Discus																															
Javelin																															
Club Throw																															
Softball Throw																															

Junior Athlete Track & Field Events - Classes 31-38, TRR1-2

Track Events - Classes 31-38, TRR1-2																									
Class	Class 31					Class 32					Class 33					Class 34					Class 35a				
Age Division	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23
20 Meter Dash																									
60 Meter Dash																									
60 Meter Weave																									
100 Meter																									
200 Meter																									
400 Meter																									
800 Meter																									
1500 Meter																									
3000 Meter																									
5000 Meter **																									
Class	Class 35					Class 36					Class 37					Class 38					Class TRR1-2				
Age Division	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23
20 Meter Dash																									
60 Meter Dash																									
100 Meter																									
200 Meter																									
400 Meter																									
800 Meter																									
1500 Meter																									
3000 Meter																									
5000 Meter **																									

** 5000 Meter Minimum Time Standards for Males: 31-34 (15:50); 35-38 (25:00)

** 5000 Meter Minimum Time Standards for Females: 31-34 (20:00); 35-38 (27:00)

Field Events - Classes 31-38																									
Class	Class 31					Class 32					Class 33					Class 34					Class 35a				
Age Division	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23
Club Throw																									
High Toss																									
Kick																									
Precision																									
Med. Ball Thrust																									
Shotput																									
Discus																									
Javelin																									
Class	Class 35					Class 36					Class 37					Class 38									
Age Division	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23					
Shotput																									
Discus																									
Javelin																									
Long Jump																									
High Jump																									
Triple Jump																									

Adult Athlete Track & Field Events

Track Events																		
Class	11-13	20	31	32	33	34	35a	36	37	38	40-41	42	43-47	51-54	61	62	63	64
60 Meter Weave																		
100 Meter																		
200 Meter																		
400 Meter																		
800 Meter																		
1500 Meter																		
5000 Meter **																		

** 5000 Meter Minimum Time Standards for Males: 11-13, 20, 35-38, 43-47, 62, 64 (25:00); 31-34, 51-54 (15:50)

** 5000 Meter Minimum Time Standards for Females: 11-13, 20, 35-38, 43-47, 62, 64 (27:00); 31-34, 51-54 (20:00)

Field Events												
Class	11-13	20	31	32	33-34	35-38	40-41	42-46	47	51	52-57	61-64
Club Throw												
High Toss												
Kick												
Precision												
Med. Ball Thrust												
Shotput												
Discus												
Javelin												
Long Jump												
High Jump						38		42,44-46				61,63-64
Triple Jump						38		45-46				

Open Track Competition Event – (Saturday, May 26)

World Para / IPC Approved Event

Track Events

100 Meters
200 Meters
400 Meters
800 Meters
1500 Meters
5000 Meters

All Athletes (Juniors and Adults) MUST meet qualifying standards (See next page)

The Open Track Competition will be limited to the following classes and events:

*****Events Seeded by Time*****

Start Time	Classes	Event	P/F	AMB/WC
5:15 PM	All Classes	Warm Up		AMB/WC
5:50 PM		Track Closes		AMB/WC
6:00 PM	11/12/13/35/36/37/38/42/43/44/45/46/47/61/62/63/64	100-Women	Final	AMB
6:02 PM	33/34/51/52/53/54	100-Women	Final	WC
6:04 PM	11/12/13/35/36/37/38/42/43/44/45/46/47/61/62/63/64	100-Men	Final	AMB
6:06 PM	33/34/51/52/53/54	100-Men	Final	WC
Set Compensator				
6:30 PM	11/12/13/20/37/38/43/44/45/46/47/62/64	400-Women	Final	AMB
6:35 PM	51/52/53/54	400-Women	Final	WC
6:40 PM	11/12/13/20/36/37/38/43/44/45/46/47/62/64	400-Men	Final	AMB
6:45 PM	33/34/51/52/53/54	400-Men	Final	WC
Set Compensator				
7:00 PM	52/53/54	1500-Men	Final	WC
7:08 PM	53/54	1500-Women	Final	WC
7:16 PM	37/38/45/46	1500-Men	Final	AMB
7:24 PM	11/12/13/20	1500-Men	Final	AMB
7:32 PM	45/46	1500-Women	Final	AMB
7:40 PM	11/12/13/20	1500-Women	Final	AMB
Set Compensator				
7:55 PM	33/34/52/53/54	200-Men	Final	WC
8:00 PM	34/51/52/53/54	200-Women	Final	WC
8:05 PM	11/12/13/35/36/37/38/42/43/44/45/46/47/61/62/63/64	200-Men	Final	AMB
8:10 PM	11/12/13/35/36/37/38/43/44/45/46/47/62/64	200-Women	Final	AMB
Set Compensator				
8:25 PM	33/34/52/53/54	800-Men	Final	WC
8:30 PM	33/34/52/53/54	800-Women	Final	WC
8:35 PM	13/36/37/38	800-Men	Final	AMB
8:40 PM	11/12	800-Women	Final	AMB
8:45 PM	53/54 **	5000-Men/Women	Final	WC

****5000 Meter Minimum Time Standards: Males: 53-54 (15:50) and Females 53-54 (20:00)**

WC = Wheelchair

AMB = Ambulatory

Open Track Qualifying Standards - (Only for Saturday, May 25)

CLASS	EVENT	WOMEN	MEN	CLASS	EVENT	WOMEN	MEN	CLASS	EVENT	WOMEN	MEN
11	100	17.15	15.31	37	100	21.06	16.38	51	100	41.45	39.38
11	200	37.88	31.50	37	200	42.56	33.00	51	200	54.00	
11	400	1:28.00	1:13.75	37	400	1:34.00	1:20.00	51	400	1:34.00	2:15.00
11	800	3:52.00		37	800		2:58.48	52	100	36.00	25.46
11	1500	6:40.30	5:32.00	37	1500		5:30.16	52	200	54.00	45.00
11	5000		21:52.35	38	100	20.63	16.25	52	400	1:34.00	1:31.00
12	100	18.00	14.94	38	200	40.78	32.10	52	800	3:00.00	2:40.35
12	200	37.50	30.25	38	400	1:33.00	1:20.00	52	1500		5:40.00
12	400	1:24.00	1:08.25	38	800		2:58.48	53	100	28.38	20.51
12	800	3:52.00		38	1500		5:30.16	53	200	44.00	35.96
12	1500	6:20.00	5:15.00	42	100	25.00	20.31	53	400	1:30.00	1:10.00
12	5000		18:30.00	42	200		42.50	53	800	3:00.00	2:40.35
13	100	18.00	15.25	43	100	21.25	16.75	53	1500	4:10.00	3:58.93
13	200	36.80	30.77	43	200	40.63	35.50	53	5000	14:12.00	13:28.00
13	400	1:24.00	1:08.75	43	400	1:38.00	1:16.13	54	100	23.63	18.75
13	800		2:42.50	44	100	21.25	16.75	54	200	37.00	33.21
13	1500	5:45.00	5:15.00	44	200	40.63	35.50	54	400	1:20.00	1:03.75
13	5000		18:30.00	44	400	1:38.00	1:16.13	54	800	2:40.00	2:07.45
20	400	1:22.00	1:10.50	45	100	19.50	14.82	54	1500	4:10.00	3:58.93
20	1500	5:45.00	5:15.00	45	200	38.00	30.15	54	5000	14:12.00	13:28.00
33	100	36.00	28.30	45	400	1:30.00	1:05.00	61	100	25.00	20.31
33	200		44.00	45	1500	5:50.00	5:20.00	61	200		42.50
33	400		1:20.00	46	100	19.50	14.82	62	100	21.25	16.75
33	800	3:58.00	3:20.00	46	200	38.00	30.15	62	200	40.63	35.50
34	100	36.00	28.00	46	400	1:30.00	1:05.00	62	400	1:38.00	1:16.13
34	200	49.00	44.00	46	1500	5:50.00	5:20.00	63	100	25.00	20.31
34	400		1:20.00	47	100	19.50	14.82	63	200		42.50
34	800	3:58.00	3:20.00	47	200	38.00	30.15	64	100	21.25	16.75
35	100	34.38	19.50	47	400	1:30.00	1:05.00	64	200	40.63	35.50
35	200	56.25	43.69					64	400	1:38.00	1:16.13
36	100	23.25	18.38								
36	200	48.25	35.40								
36	400		1:23.54								
36	800		3:05.00								

Junior Track Relay Team Application

TEAM NAME: _____ COACH: _____

Athletes must run in the order listed below

ATHLETE NAME	CLASS	AGE DIVISION	GENDER	POINTS
			<input type="checkbox"/> Male <input type="checkbox"/> Female	
			<input type="checkbox"/> Male <input type="checkbox"/> Female	
			<input type="checkbox"/> Male <input type="checkbox"/> Female	
			<input type="checkbox"/> Male <input type="checkbox"/> Female	
			TOTAL POINTS	

EVENT: * ☐ Male ☐ Female ☐ Mixed ☐ Wheelchair ☐ Ambulatory

4 X 100: Points: ☐ 10 ☐ 20 ☐ 30

4 X 400: Points: ☐ 30 ☐ 40

800 Medley: Points: ☐ 30 ☐ 40 ☐ 50

There will be three types of relay teams; *all male, all female and mixed*. Points will be assigned to each team member in accordance with the following table(s):

I. WHEELCHAIR CLASSES

Age Division	Classes T31/32, T51/52	Classes T34, T53	Class T 54
U11	1	2	3
U14	2	4	6
U17	3	6	9
U20/U23	4	8	12

4 x100: 10 - 20 - 30 Point Teams

800 Medley: 100 + 100 + 200 + 400: 30 - 40 Point Teams

II. AMBULATORY CLASSES

Age Division	Class T35	Classes T36, T41/42, T61/63	Classes T11, T37/38, T43/44, T62/64	Classes T12/13, T20, T45/46
U11	1	2	3	4
U14	2	4	6	8
U17	3	6	9	12
U20/U23	4	8	12	16

4 x100: 10 - 20 - 30 - 40 - 50 Point Teams

800 Medley: 100 + 100 + 200 + 400: 30 - 40 - 50 Point Teams

**Competitors may enter no more than any two (2) relays. They must be different relay races (male, female, mixed, 4 x 100 or 800 medley) or point value.*

Junior and Adult Powerlifting & Archery Events

Powerlifting (Friday Evening May 24)

Note: *Competitors must be at least 14 years of age on the date of the competition.
The Powerlifting competition is not sanctioned by World Para / IPC.*

Archery (Saturday, May 25)

Classes: W1, W2 and Standing

Bow Type: Compound and Recurve

Age Divisions:

Yeoman - (Ages 7 – 9)
Bowmen - (Ages 10 -12)
Cub - (Ages 13 – 14)
Cadet - (Ages 15 – 17)
Junior - (Ages 18 – 20)
Young Adult - (Ages 21 – 22)
Adult - (Over 23)

Host Hotels for Tri-State Wheelchair and Ambulatory Games

IMPORTANT: Hotel reservations must be made no later than **May 8th, 2019**. The room block includes 25 rooms available on a first-come first-served basis. A credit card is needed to guarantee each reservation. A form of payment is required at time of check-in to cover all anticipated charges. Lodging arrangements are the responsibility of each team or individual athlete.

Fairfield Inn & Suites by Marriott Paramus

601 From Road

Paramus, NJ 07652

Tel. (201) 262-6900

Hotel Room Rate Block Availability: May 23 - 27, 2019

Hotel Room Discounted Rate: \$129.00 + Applicable Tax (State and Hotel Occupancy Taxes)

Included in rate:

- Free Hot Breakfast
- Refrigerators & Microwaves in every room
- Complimentary High Speed Internet Access (Wi-Fi)
- Complimentary Shuttle Service within a 5 mile radius of the Hotel
- On-Site Guest Laundry facility
- Fitness center
- Bonefish Grill Restaurant on-site that also offers room service for lunch & dinner

Hotel Reservation Options:

Online Reservation:

Click on the link below to make the hotel reservation online:

Click ➔ **<https://tinyurl.com/TriStateWheelChair>**

Contact the Fairfield Inn & Suites Hotel:

Hotel Reservations Contact:

Maureen Moran, General Manager

Phone: (201) 262-6900

Email: mmoran@shanercorp.com

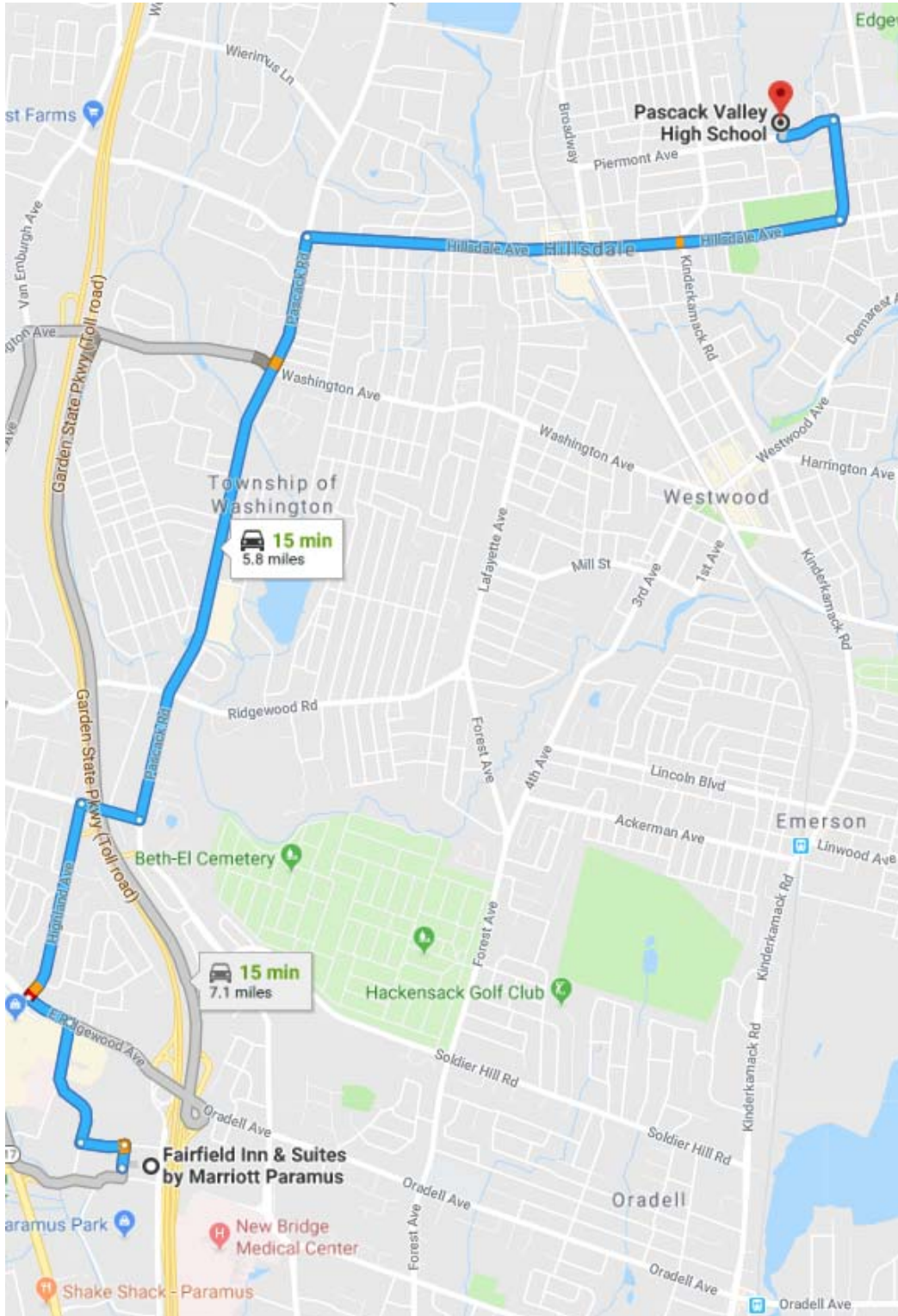
Group Code: TWA

When calling the hotel to make a reservation mention that you are part of the “Tri-State Wheelchair & Ambulatory Games” and provide the Group Code “TWA” to receive the discounted rate available through May 8th, 2019.

Note: Fairfield Inn & Suites Paramus is also the host hotel for the Kessler Foundation Wheelchair 10K

Directions from Fairfield Inn & Suites to Pascack Valley High School

Pascack Valley High School Address:
200 Piermont Ave
Hillsdale, NJ 07642



Fairfield Inn & Suites by Marriott Paramus

601 From Rd, Paramus, NJ 07652

Take Winters Ave to E Ridgewood Ave

2 min (0.6 mi)

↑ 1. Head north toward Mack Centre Dr

390 ft

↶ 2. Turn left onto Mack Centre Dr

0.1 mi

↷ 3. Turn right onto Winters Ave

0.4 mi

Take Pascack Rd and Hillsdale Ave to Everdell Ave in Hillsdale

13 min (4.7 mi)

↶ 4. Turn left onto E Ridgewood Ave

0.2 mi

↷ 5. Turn right onto Highland Ave

0.6 mi

↷ 6. Turn right onto Linwood Ave

0.2 mi

↶ 7. Turn left onto Pascack Rd

1.9 mi

↷ 8. Turn right onto Hillsdale Ave

1.7 mi

↶ 9. Turn left onto Everdell Ave

1 min (0.3 mi)

↶ 10. Turn left onto Piermont Ave

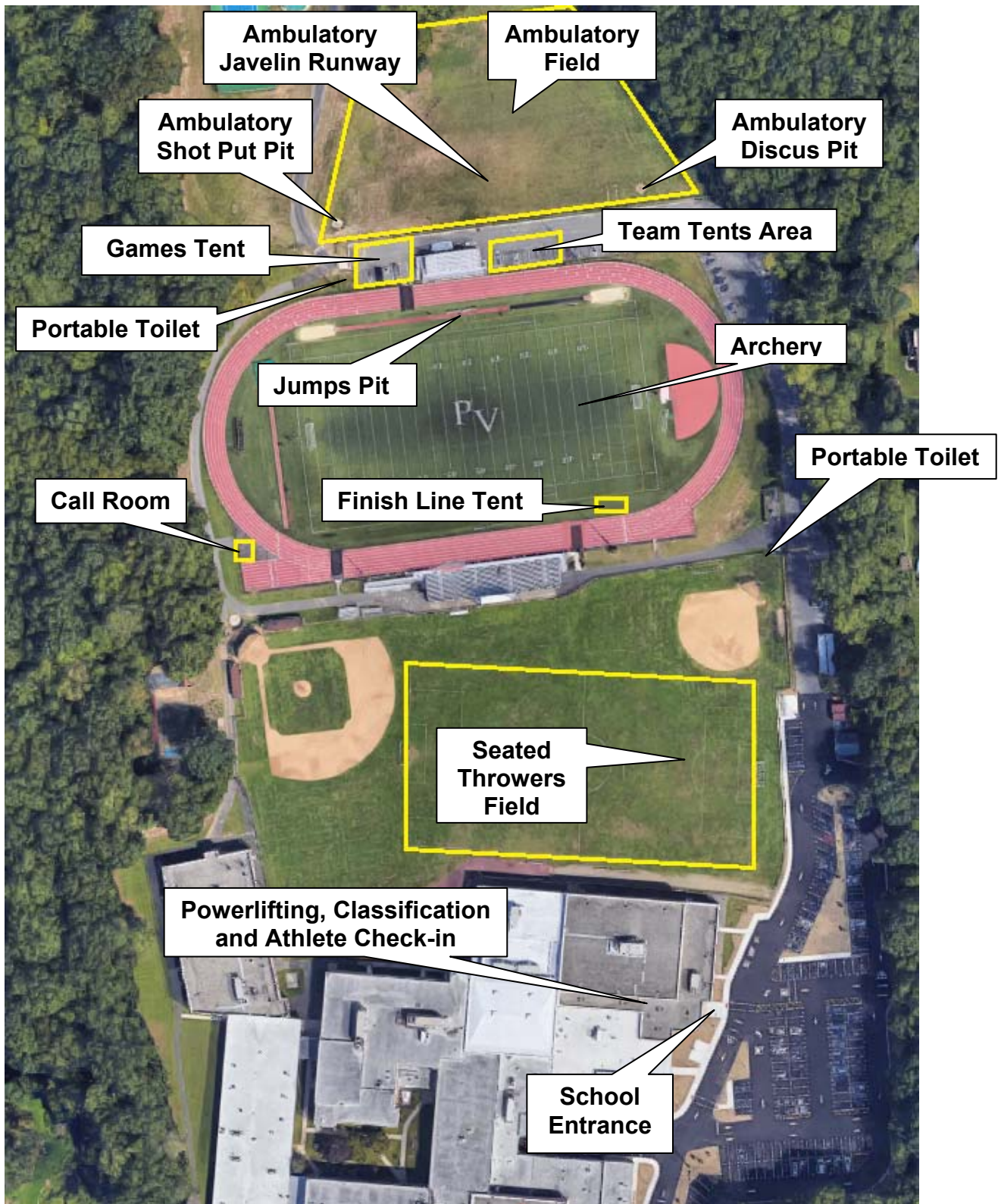
 Destination will be on the right

33 s (0.2 mi)

Pascack Valley High School

200 Piermont Ave, Hillsdale, NJ 07642

Event Map (Subject to Change)





19th Kessler Foundation Wheelchair 10K **ATFUSA National Wheelchair 10K Championship**



Kessler Foundation presents the 19th Annual Wheelchair 10K, the wheelchair division of the Fred d'Elia Ridgewood Run held on Memorial Day, Monday, May 27, 2019 in Ridgewood, NJ at Graydon Park & Pool – 218 Northern Pkwy, Ridgewood, NJ 07450.

This event is one of the largest integrated races in the country, as wheelchair athletes compete on the same course, at the same time, as the runners. **Racers compete for \$15,900 in cash prize awards!** Wheelchair racers from around the world will kick-off the series of seven events that comprise the Fred d'Elia Memorial Day Ridgewood Run. With the support of the North Jersey Masters, the Kessler Foundation Wheelchair 10K has grown to one of the largest 10K's in the country. Other event sponsors include: EZRide and North Jersey Navigators. The Wheelchair 10K begins at 8:15 am, with registration opening at 7 am. Registration is \$25 per racer. All participants will receive a commemorative t-shirt. Kessler Foundation will host a brief awards ceremony with refreshments immediately following the Wheelchair 10K.

The Kessler Foundation will be providing shuttle transportation between the host hotel Fairfield Inn & Suites Paramus Hotel and Graydon Park (Kessler Wheelchair 10K start/finish line). The Kessler Wheelchair 10K Online registration closes on Thursday, May 23. If you wish to register after that date, please email the Kessler Wheelchair 10K Race Director, Angela Smith at ASmith@KesslerFoundation.org.

The Online application for the 19th Kessler Foundation 10K can be found at the following link:

<https://www.kesslerfoundation.org/wheelchair-10k-registration-2019>

About Kessler Foundation:

Kessler Foundation is the largest public charity supporting people with disabilities. Kessler Foundation Research Center improves the quality of life for people with physical and cognitive disabilities through rehabilitation research in its six specialized laboratories under the leadership of noted research directors--Human Performance & Engineering Research, Neuropsychology & Neuroscience, Outcomes & Assessment Research, Spinal Cord Injury Research, Stroke Rehabilitation Research, and Traumatic Brain Injury Research. While the staff of each laboratory has expertise in a particular area, collaboration often enhances progress toward finding ways to overcome the obstacles faced by people with disabilities caused by brain injury, spinal cord injury, multiple sclerosis, stroke, arthritis, and other chronic neurological and orthopedic conditions.

Kessler Foundation Program Center focuses on solutions to address the persistently high rates of unemployment among people with disabilities. Through strategic funding and philanthropic leadership, Kessler Foundation has invested more than \$20 million in programs to increase the participation of individuals with disabilities in the workforce. Creating job opportunities through development, placement, employer education, and social enterprise has enabled greater independence and economic self-sufficiency. Kessler Foundation Program Center provides assistance to community organizations that create employment programs or integration opportunities for people with disabilities. Grant recipients include national and local organizations whose missions complement that of Kessler Foundation.

18th Kessler Foundation Wheelchair 10K – Prize Money Structure

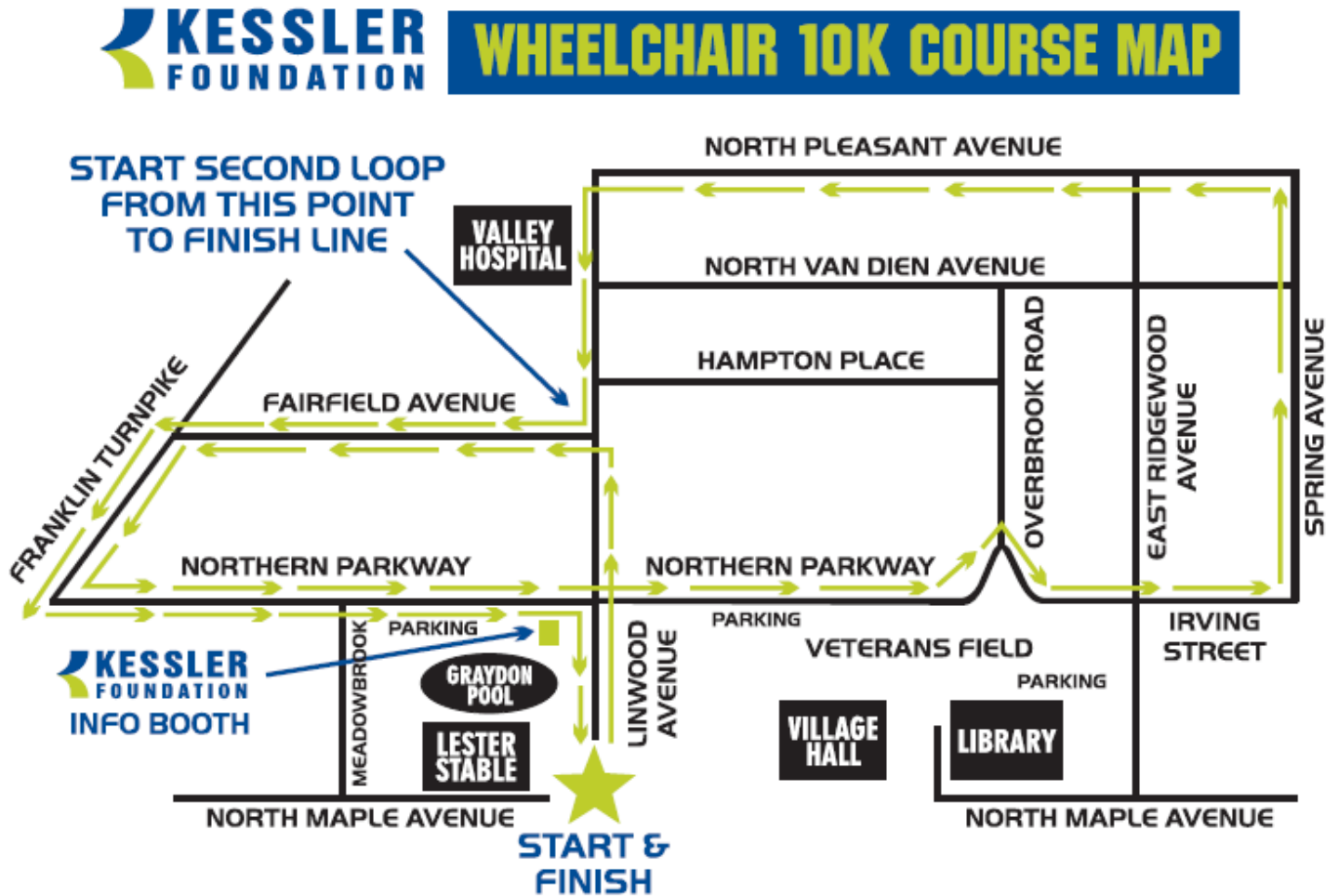


	<u>OPEN</u>		<u>OPEN QUAD</u>	<u>OPEN MASTERS</u>	<u>GRANDMASTERS</u>
	Male	Female			
1 st	\$2000	\$2000	\$1000	\$1000	\$400
2 nd	\$1000	\$1000	\$500	\$500	\$200
3 rd	\$500	\$500	\$400	\$400	
4 th	\$400	\$400	\$300	\$300	
5 th	\$300	\$300	\$200	\$200	
6 th	\$200	\$200			
7 th	\$100	\$100			

	<u>E*ATHLETE</u>		<u>JUNIORS</u>	
	Male	Female	Male	Female
1 st	\$300	\$300	\$200	\$200
2 nd	\$150	\$150	\$100	\$100

- Masters must be 40 years of age or older on race day
- Grandmasters must be 50 years of age or older on race day
- E*Athletes must be at least 19, but under 22 on race day
- Juniors must be under 19 on race day

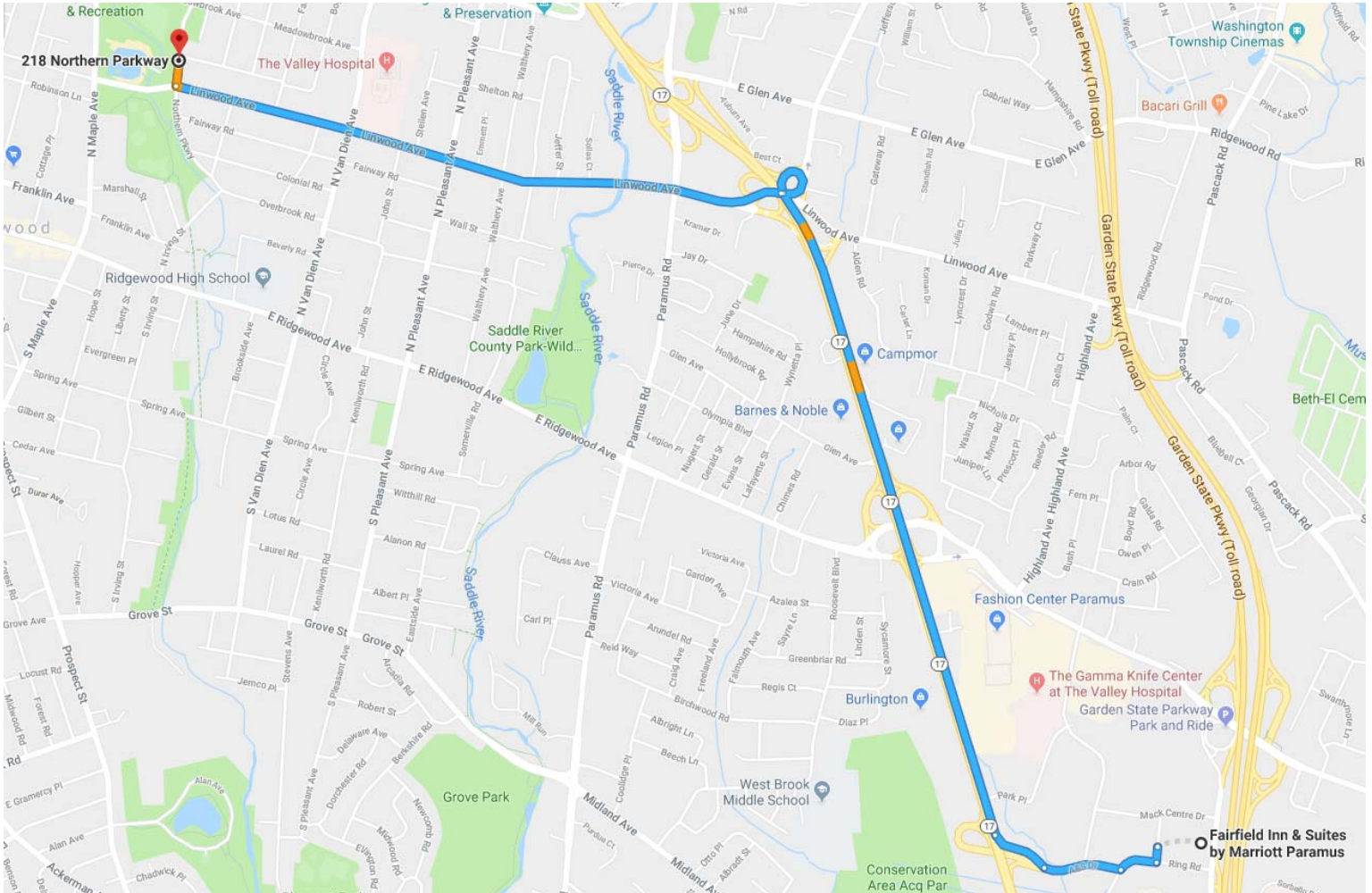
Kessler Foundation Wheelchair 10K Course Map



The course is best described as tree lined, flat and one of the fastest in the East.

Directions from Fairfield Inn & Suites to Kessler Foundation Wheelchair 10K

**GPS Address to Garydon Park & Pool:
218 Northern Pkwy
Ridgewood, NJ 07450**







Fairfield Inn & Suites by Marriott Paramus

601 From Rd, Paramus, NJ 07652





Get on NJ-17 N from A&S Dr

2 min (0.4 mi)

-  1. Head south toward Ring Rd
174 ft
-  2. Turn right onto Ring Rd
446 ft
-  3. Turn right onto A&S Dr
0.2 mi
-  4. Keep right at the fork and merge onto NJ-17 N
0.1 mi

Follow NJ-17 N and Linwood Ave to Northern Pkwy in Ridgewood

6 min (2.9 mi)

-  5. Merge onto NJ-17 N
1.4 mi
-  6. Take the Linwood Ave W exit toward Ridgewood
0.2 mi
-  7. Merge onto Linwood Ave
1.3 mi
-  8. Turn right onto Northern Pkwy
14 s (292 ft)

218 Northern Pkwy

Ridgewood, NJ 07450

Simply Register Online Registration Instructions

1. Click on the url link <https://www.simplyregister.net/register/?e=115667> or copy and paste the url into your Internet web browser. Complete Registrant's Information for the athlete and click Next.

Tri-State Wheelchair & Ambulatory Games

New Registration Manage My Registration

Registrant Events Add-Ons Review Checkout Receipt

Registrant's Information

First Name Initial Last Name Suffix
Joe Doe

Address Apt./Line 2 Country City State Postal Code
123 ABC Street #1 USA Jersey City NJ 07305

Phone E-mail
201-123-1234 joedoe@comcast.net

Sex Date of Birth Citizenship
male 07/17/2000 USA

Affiliation / Team Name
Team ABC

Enter your team or Independent if you don't belong to a team

Click Next

Next

2. Select your competition events.

Important: If you are a novice athlete or if you don't have a National Classification, select "Need Classification" from the Classification menu options for each of the events you are registering for.

Tri-State Wheelchair & Ambulatory Games

New Registration Manage My Registration

Registrant Events Add-Ons Review Checkout Receipt

Event Price

<input checked="" type="checkbox"/> Fee per person	\$65.00
<input type="checkbox"/> Archery	--
<input type="checkbox"/> Powerlifting - Powerlift Press	--
<input type="checkbox"/> Track - 60 Meters (Sunday)	--
<input type="checkbox"/> Track - 60 Meters Weave (Sunday)	--
<input type="checkbox"/> Track - 100 Meters (Saturday)	--
<input type="checkbox"/> Track - 100 Meters (Sunday)	--
<input type="checkbox"/> Track - 200 Meters (Saturday)	--
<input type="checkbox"/> Track - 200 Meters (Sunday)	--
<input type="checkbox"/> Track - 400 Meters (Saturday)	--
<input type="checkbox"/> Track - 400 Meters (Sunday)	--

Back Next

3. For Archery events select your classification, bow type and specify if you use a bow stand.

The screenshot shows the 'Events' section of the registration form. The 'Event' dropdown is set to 'Archery'. Below it, the 'Division' is 'Cadet', 'Classification' is 'W1', 'Bow Type' is 'Recurve', and 'Bowstand' is 'no'. Callout boxes point to these fields with the following text: 'Select Archery' (pointing to the Event dropdown), 'Select your archery classification' (pointing to the Classification dropdown), and 'Select your Bow Type' (pointing to the Bow Type dropdown). The 'Price' column shows \$46.50 and the 'Service Fee' column shows \$3.50. Other events listed are 'Powerlifting - Powerlift Press' and 'Track - 60 Meters (Sunday)'. Navigation buttons 'Back' and 'Next' are at the bottom.

Event	Price	Service Fee
<input checked="" type="checkbox"/> Fee per person	\$46.50	\$3.50
<input checked="" type="checkbox"/> Archery	--	--
<input type="checkbox"/> Powerlifting - Powerlift Press	--	--
<input type="checkbox"/> Track - 60 Meters (Sunday)	--	--

4. For Powerlifting specify your weight in lbs.

The screenshot shows the 'Events' section of the registration form. The 'Event' dropdown is set to 'Powerlifting'. Below it, the 'Your weight (in lbs.):' is '110'. Callout boxes point to these fields with the following text: 'Select Powerlifting' (pointing to the Event dropdown) and 'Specify your weight in lbs' (pointing to the weight input field). Other events listed are 'Track - 60 Meters (Sunday)', 'Track - 60 Meters Weave (Sunday)', 'Track - 100 Meters (Saturday)', 'Track - 100 Meters (Sunday)', 'Track - 200 Meters (Saturday)', 'Track - 200 Meters (Sunday)', and 'Track - 400 Meters (Saturday)'. Navigation buttons 'Back' and 'Next' are at the bottom.

Event	Price	Service Fee
<input checked="" type="checkbox"/> Powerlifting - Powerlift Press	--	--
<input type="checkbox"/> Track - 60 Meters (Sunday)	--	--
<input type="checkbox"/> Track - 60 Meters Weave (Sunday)	--	--
<input type="checkbox"/> Track - 100 Meters (Saturday)	--	--
<input type="checkbox"/> Track - 100 Meters (Sunday)	--	--
<input type="checkbox"/> Track - 200 Meters (Saturday)	--	--
<input type="checkbox"/> Track - 200 Meters (Sunday)	--	--
<input type="checkbox"/> Track - 400 Meters (Saturday)	--	--

5. For Track select the events you will be competing on Saturday and/or Sunday. Select your classification for each track event. There will be two track competition events; an Open Track Event on Saturday, May 25 for elite/emerging athletes who meet the defined qualifying standards and another track competition on Sunday, May 26 for all athletes. If you are competing on the Open Track Events on Saturday you will also need to provide your personal best.

Select your events for the Open Track competition on Saturday

Select your events for the Track competition on Sunday

Tri-State Wheelchair & Ambulatory Games

New Registration Manage My Registration

Registrant Events Add-Ons Review Checkout Receipt

☐ Track - 60 Meters (Sunday) -- --

☐ Track - 60 Meters Weave (Sunday) -- --

☒ Track - 100 Meters (Saturday) -- --

Time/mark: ⓘ

Classification: ▼

☒ Track - 100 Meters (Sunday) -- --

Division: ▼

Classification: ▼

☐ Track - 200 Meters (Saturday) -- --

Back Next

6. For Field select the events and select your classification for each field event.

Select your Field events

Select your Field classification

Select your Field classification

Click Next

Tri-State Wheelchair & Ambulatory Games

New Registration Manage My Registration

Registrant Events Add-Ons Review Checkout Receipt

☒ Field - Shot Put -- --

Division: ▼

Classification: ▼

☒ Field - Discus -- --

Division: ▼

Classification: ▼

☐ Field - Javelin -- --

☐ Field - Club Throw -- --

Back Next

7. Answer the following Questions.

Note: The classification question applies to novice athletes competing for the first time or athletes without a National Classification.

Tri-State Wheelchair & Ambulatory Games | New Registration | Manage My Registration

Registrant > Events > **Add-Ons** > Review > Checkout > Receipt

Questions

* = required

IPC License No./SDMS
11581

WASUSA / Adaptive Sports USA Number (For Junior Age Divisions U7-U23)
24449

What is your disability? *
Spina Bifida

If other, enter your disability
[Text Field]

Do you require classification? *
Yes

Back Next

Callouts:

- If you have an International Classification provide your IPC License Number/SDMS
- Provide your Adaptive Sports USA Number
- Specify if you need a National Classification

8. If you are requesting classification, specify the sports and select two proffered appointment time slots. Please note that there different classification time slots for ambulatory and wheelchairs athletes.

Tri-State Wheelchair & Ambulatory Games | New Registration | Manage My Registration

Registrant > Events > **Add-Ons** > Review > Checkout > Receipt

Do you require classification? *
Yes

If yes, enter the sport(s) for which you need classification (i.e. Archery)
Track and Field

Preferred Classification Appointment for Ambulatory Athletes (check two options)

- ☐ National - Track/Field - Friday, May 24, 5:00-7:00 PM
- ☒ National - Track/Field - Friday, May 24, 7:15-9:15 PM
- ☒ National - Track/Field - Saturday, May 25, 7:30-9:30 AM

Preferred Classification Appointment for Wheelchair Athletes (check two)

- ☐ National - Track/Field - Friday, May 24, 7:15-9:15 PM
- ☐ National - Track/Field - Saturday, May 25, 7:30-9:30 AM
- ☐ National - Track/Field - Saturday, May 25, 9:45-11:45 AM

If you are a visually impaired athlete, are you using a guide runner?
[Text Field]

Back Next

Callouts:

- Specify the sport(s) you are need of a classification
- Select two classifications time slots. Slots will be assigned by the LOC on a first-come first-served basis based on registration date/time.

49th Tri-State Wheelchair and Ambulatory Games - May 24-26, 2019

9. Continue answering the questions and click Next.

Tri-State Wheelchair & Ambulatory Games New Registration Manage My Registration

Registrant > **Events** > **Add-Ons** > Review > Checkout > Receipt

☐ National - Track/Field - Friday, May 24, 7:15-9:15
☐ National - Track/Field - Saturday, May 25, 7:30-9:30
☐ National - Track/Field - Saturday, May 25, 9:45-11:45

If you are a visually impaired athlete, are you...

Alternate Phone Number

Are you a veteran? *

Please specify if you have any food allergies or dietary restrictions

I authorize sponsors of the Tri-State Wheelchair & Ambulatory Games to take and use photographs of me/my child during the meet for publicity and use in programs for future meets. Such photos may appear on social media, websites or promotional material.

← Back Next →

Specify if you have any food allergies or dietary restrictions. The LOC will do their best to accommodate your request

Permission to Photograph/Video Authorization

Click Next

10. Review the registration information. Check the box next to each waiver to indicate you have read, understand and accept the terms. Scroll down to continue reviewing the registration.

Tri-State Wheelchair & Ambulatory Games New Registration Manage My Registration

Registrant > **Events** > **Add-Ons** > **Review** > Checkout > Receipt

Here's the information you've entered so far. If you want to change any of it, click the Edit button beside that section.

Registrant EDIT

Name: Joe Doe
Address: 123 ABC Street, #1
 Jersey City, NJ 07305 USA
Phone: 201-123-1234
E-mail: joedoe@comcast.net
Sex: male
Date of Birth: July 17, 2000
Citizenship: USA
Affiliation: Team ABC

Registration For

Name: Tri-State Wheelchair & Ambulatory Games

← Back Next →

Waivers

☒ **Release of Liability ***

In consideration of acceptance of this entry form, I hereby for ourselves, our heirs administrators assigns, waive and release any and all claims against Adaptive Sports USA, Tri-State Wheelchair Association, Kessler Foundation, North Jersey State Athletic Club, Pascack Valley Regional High School District, and any co-sponsoring entities, all of their officers, directors, members, officials, volunteers, agents, employees for all injuries and/or expenses incurred by me/us at the Tri-State Wheel-

Check the box next to each waiver section to indicate that you've read, understand, and accept the terms.

Release of Liability Check Box

Click the Edit Button if you need to change any of the Registrant information entered at the beginning of the registration

Tri-State Wheelchair & Ambulatory Games | [New Registration](#) | [Manage My Registration](#)

Registrant > **Events** > **Add-Ons** > **Review** > [Checkout](#)

Events EDIT

Registered: Fee per person: \$100.00

- Division: Cadet
- Classification: W1
- Bow Type: Recurve
- Bowstand: no
- Powerlifting - Powerlift Press
- Your weight (in lbs.): 110
- Track - 100 Meters (Saturday)
- Time/mark: 17.55
- Classification: T53
- Track - 100 Meters (Sunday)
- Division: U18
- Classification: T53
- Field - Shot Put
- Division: U18
- Classification: F55
- Field - Discus
- Division: U18
- Classification: F55

[Back](#) [Add another registrant](#) [Checkout](#)

Registration Services *

☒ Registration services are being provided by SimplyRegister, Inc. By checking this box, I agree that I have read [SimplyRegister's Terms and Conditions](#) and agree to all of the provisions contained therein.

Cancellation and Refund Policy *

☒ No online refunds are available for this event. Please contact the event organizer with questions or for more information (including inclement weather policies).

Privacy Policy

The event for which you are registering is using SimplyRegister to handle its registrations. Please read the [Privacy Policy](#).

11. Scroll down to continue to reviewing the registration information.

Tri-State Wheelchair & Ambulatory Games | [New Registration](#) | [Manage My Registration](#)

Registrant > **Events** > **Add-Ons** > **Review** > [Checkout](#) > [Receipt](#)

Add-Ons EDIT

Questions:

- Competing as: C - Disabled Athlete
- License No./SDMS: 11581
- WAUSA / Adaptive Sports USA Number (U7-U23): 24449
- What is your disability?: Spina Bifida
- If other, enter your disability:
- Do you require classification?: yes
- If yes, enter the sport(s) for which you need classification (i.e.: Track, Field, and/or Archery): Track and Field
- USATF Number:
- Alternate phone number: 201-123-4567
- Please specify if you have any food allergies or dietary restrictions: Peanuts and Lactose

[Back](#) [Add another registrant](#) [Checkout](#)

Delivery Policy

The confirmation screen and/or e-mail confirmation you receive will serve as proof of your registration. If you purchased any add-on items or if anything extra is included as part of your registration, those items will be available/delivered as specified by the event organizer. Please contact the event organizer with questions or for more information.

Customer Service

For questions about this event and/or registration, contact Jimmy Cuevas at jcuevas@cast.net or 201-435-1688, or visit [the site](http://the.site).

12. If registering another athlete enter the registrant's information and repeat Steps 2-11 above. If not registering another athlete then continue with Step 14 below.

The screenshot shows the 'Registrant's Information' form. At the top, there are tabs for 'New Registration' and 'Manage My Registration'. Below these is a navigation bar with 'Registrant' (active), 'Events', 'Add-Ons', 'Review', 'Checkout (1)', and 'Receipt'. The form fields include: First Name, Initial, Last Name, Suffix (dropdown), Address, Apt./Line 2, Country (USA dropdown), City, State (dropdown), Postal Code, Phone (000-000-0000 x000), E-mail, Sex (dropdown), Date of Birth (mm/dd/yyyy), Citizenship (USA dropdown), and Affiliation / Team Name. A 'Next' button with a right arrow is at the bottom right.

13. If registering another athlete click "Add a new registrant" and repeat the steps to register another athlete. Otherwise, click "Checkout".

The screenshot shows the 'Listing of Registrants' page. At the top, there are tabs for 'New Registration' and 'Manage My Registration'. Below these is a navigation bar with 'Registrant', 'Events', 'Add-Ons', 'Review', 'Checkout' (active), and 'Receipt'. The main content area lists three items: '>> Joe Doe', '>> Joe Doe', and '>> Add a new registrant'. A callout box points to the 'Add a new registrant' link with the text: 'Click "Add a new registrant" link if you are registering another athlete, otherwise, click "Checkout"'. Another callout box points to the 'Checkout' button at the bottom right with the text: 'Click "Checkout" if you are not registering another athlete'. The 'Checkout' button has a right arrow.

14. Enter the payment information and check the box to authorize SimplyRegister to collect the payment. Enter the email address for the payment confirmation and the registration confirmation & receipt. Click Finish.

Tri-State Wheelchair & Ambulatory Games New Registration Manage My Registration

Registrant > **Events** > **Add-Ons** > **Review** > **Checkout** > **Receipt**

Payment Information

Amount: \$65.00 (USD)
 Tender: credit card
 Card type: Visa
 Card number: 123456789
 Expiration: 1 - Jan 2029
 Security code: ***
 Cardholder: Joe Doe
 Address: 123 ABC Street
 Country: USA
 Postal Code: 07305

☒ I authorize SimplyRegister, Inc. to charge and collect payment for the amount shown above.

E-mail for Payment Confirmation:
 joedoe@gmail.com

Summary of Fees for this Transaction

Events	Price Ea.	Qty.	Total
Fee per person	\$65.00	1	\$65.00
Archery	\$0.00	1	\$0.00
Track - 100 Meters (Sunday)	\$0.00	1	\$0.00
Track - 200 Meters (Sunday)	\$0.00	1	\$0.00
Track - 400 Meters (Sunday)	\$0.00	1	\$0.00
Total:			\$65.00

Payment Authorization Check Box

Enter email address for payment confirmation

Click Finish

<https://www.simplyregister.net>

Your payment information is secured using industry-standard encryption across the entire transaction.

[Back](#) [Finish and Pay](#)

15. Registration Confirmation & Receipt

Tri-State Wheelchair & Ambulatory Games New Registration Manage My Registration

Registrant > **Events** > **Add-Ons** > **Review** > **Checkout** > **Receipt**

Registration Confirmation & Receipt

[Print this page](#) for your records.

Payment Details

Transaction ID: 79840607
 Date: 3/16/2016 9:32:45 PM US Mountain Standard Time
 Type: Purchase
 Amount: \$50.00 (USD)
 Card: Visa ending in 6789
 Merchant: SimplyRegister, Inc.
 412 W. State Road 234, Jamestown, IN 46147 USA
www.simplyregister.net

Note: This transaction may appear on your account statement as "SR-Desert Challenge Games"

Summary of Fees for this Transaction

Events	Price Ea.	Fee Ea.	Subtotal	Qty.	Total

FEEDBACK

Please rate the registration process:

☐ excellent
☐ very good
☐ good
☐ fair
☐ poor

[Submit](#)

Comments? [Tell us](#)

Tri-State Wheelchair & Ambulatory Games
New Registration
Manage My Registration

Registrant
Events
Add-Ons
Review
Checkout
Receipt

Fee per person	\$46.50	\$3.50	\$50.00	1	\$50.00
Archery	\$0.00	--	\$0.00	1	\$0.00
Powerlifting - Powerlift Press	\$0.00	--	\$0.00	1	\$0.00
Track - 100 Meters (Saturday)	\$0.00	--	\$0.00	1	\$0.00
Track - 100 Meters (Sunday)	\$0.00	--	\$0.00	1	\$0.00
Field - Shot Put	\$0.00	--	\$0.00	1	\$0.00
Field - Discus	\$0.00	--	\$0.00	1	\$0.00
Total:					\$50.00

Registration For

Name: Tri-State Wheelchair & Ambulatory Games
Location: Pascack Valley High School - Hillsdale, NJ, USA
Date: 5/27/2016 - 5/29/2016

Other Information



National Medical Diagnostics Form

Dear Athlete:

This form is a guide to collect information needed for national classification evaluation. In order to be eligible to be scheduled for a national classification appointment the athlete **MUST** have an eligible impairment as per the International Standard for Eligible Impairments. For additional information and to view the full IS for Eligible Impairments visit the [IPC Website](#). For a list of eligible impairments by sport please visit the [U.S. Paralympics website](#).

There are ten eligible impairments for Para Sport:

1. Impaired muscle power
2. Impaired passive range of movement
3. Limb deficiency
4. Leg length difference
5. Short stature
6. Hypertonia
7. Ataxia
8. Athetosis
9. Vision impairment
10. Intellectual impairment

Classification evaluation is usually done in conjunction with a competition and is conducted by a panel of medical and/or technical classifiers [panels are defined by each sport within their respective classification rules].

Classification evaluation will usually include a physical assessment (may be called a “bench test”) and a technical assessment using competition equipment on the field of play. Evaluation may also include observation in competition depending upon the sport and relevant sport rules.

If you are an athlete with a visual or intellectual impairment, you do not need to complete this form. Athletes with a vision impairment, must submit the [visual medical diagnostics](#) form to Bryce Boarman at Bryce.Boarman@usoc.org. Forms must be submitted at least 2 weeks in advance of any Para sport competition where you expect to participate. Athletes with an intellectual impairment should complete the application at [Athletes Without Limits](#) to obtain a national classification.

National classification appointments are reserved for U.S. citizens only. If you are a citizen of another country and you have never undergone classification evaluation you must first obtain proof of citizenship in the U.S. before you will be scheduled for classification evaluation by a U.S. national classification panel. If you have undergone classification evaluation in another country nationally or internationally [when international data is NOT included on the respective IF Masterlist] you must provide proof of sport class(es) and sport class status before the competition in the United States where you intend to compete.

Please send all completed forms to Bryce Boarman at Bryce.Boarman@usoc.org or by fax at 719-866-2029 at least 2 weeks prior to competition.

Athlete Name:**Gender:****Email Address: Athlete or Parent/Guardian****Date of Birth mm/dd/yy****List sport(s) you compete in:****Are you a U.S. Citizen?****What is your current Classification Status**

NN with fixed review date

NR

NP

Never been classified

There are 10 eligible impairments that the IPC recognizes for eligibility to compete in Paralympic Sport. The International Standard for Eligible Impairments provides examples of what disability may fit into each impairment type. If you do not know which impairment type you are in please review the standard for eligible impairments on the [IPC Website](#).

Type of Impairment (select all that apply)

Impaired Muscle Power

Impaired Passive Range of Movement

Limb Deficiency

Leg Length Difference

Hypertonia

Ataxia

Athetosis

Vision Impairment

Short Stature

Intellectual Impairment

Please answer the following questions:**Is your impairment congenital or acquired?**

Congenital

Acquired

If acquired, please also include date.**Is your impairment:**

Progressive

Stable

Do you have a latex allergy?

Yes

No

Do you have a shunt?

Yes

No

Please provide a brief description of your impairment (including confirmed medical diagnosis) and any other relevant information you would like the classifiers to know.

If you are an athlete with a spinal cord injury or spina bifida please include at what level or if the SCI is complete or incomplete. (i.e. SCI complete L7 or spina bifida L3-L4) If you are an athlete with Cerebral Palsy, please include what type (i.e. Ataxia, Athetosis, Hypertonia). If you have rods, please include the location of your rods. If you have an amputation please include which limb(s) and location(s) of amputation (i.e. right below elbow). If you are an athlete of short stature please include your height.

Please feel free to attach any relevant medical documentation from your doctor that you think will aid in the classification process. **If you have had surgeries specifically related to your impairment (i.e. tendon transfers, rods inserted/removed, etc.) please list each surgery type including the date it was performed.**

If you have any questions about this form please contact Bryce Boarman at 719-866-4240.



**U.S. PARALYMPICS
CONSENT FORM FOR VISUAL IMPAIRMENT CLASSIFICATION**

Explanation:

For an athlete to be eligible to compete in U.S. Paralympics competitions the athlete must be classified by classifiers appointed by the NPC (National Paralympic Committee) or the IPC (International Paralympic Committee) / Sport IF (International Federation).

Failure to cooperate with the classifiers or failure to complete a classification may lead to ineligibility to compete in U.S. Paralympics or IPC/IF approved/sanctioned competition.

The following is an agreement by the athlete to undergo the testing procedure.

I _____ (**printed name of the athlete**) wish to be classified on national level for U.S. Paralympics competition.

I understand that the classification process involves the necessary eye tests. I understand that to be classified I must be willing to take part in all portions of the testing procedure and cooperate fully with the classifiers / optometrist / ophthalmologist.

Signature of Athlete: _____

Witness Signature: _____

Must be parent/guardian if athlete is under age 18

Date and Location: _____

Medical Diagnostics Form for athletes with visual impairment

The form is to be completed in English and by a registered ophthalmologist.

All medical documentation required on pages 2-3 needs to be attached.

The form and the attached medical documentation may not be older than 12 months at the time of the Athlete Evaluation.

Athlete Information

Last name: _____

First name: _____

Gender: Female ☐ Male ☐ Date of Birth: _____

Sport: _____ IF registration ID

NPC/NF: USA (if applicable): _____

Medical Information

Diagnosis:

--

Medical history:

Age of onset: _____

Anticipated future procedure(s): _____

Athlete wears glasses: ☐ yes ☐ no Correction: Right: _____
Left: _____

Athlete wears contact lenses: ☐ yes ☐ no Correction: Right: _____
Left: _____

Athlete wears eye prosthesis: ☐ right ☐ left

Medication:

Eye medications used by the athlete:	
Ocular drug allergies:	

Send completed form to Bryce Boarman at Bryce.Boarman@usoc.org or by fax at 719-866-2029.

Athlete: _____

Assessment of visual acuity and visual field

Visual Acuity

	Right eye	Left eye
With correction		
Without Correction		

Type of correction: _____

Measurement Method: _____

Visual Field:

In degrees (radius)	Right eye	Left eye

Attachments to the Medical Diagnostic Form

1. Visual field test

For all athletes with a restricted visual field a visual field test must be attached to this form.

The athlete's visual field must be tested by full-field test (120 degrees) and a 30 degrees, 24 degrees or 10 degrees central field test, depending on the pathology.

One of the following perimeters should be used for the assessment: Goldmann Perimetry (Intensity III/4), Humphrey Field Analyzer or Octopus (Interzeag).

2. Additional medical documentation

Please specify which eye condition the athlete is affected by.

Eye condition	Additional medical documentation required (see below)
<input type="checkbox"/> Anterior disease	none
<input type="checkbox"/> Macular disease	<ul style="list-style-type: none">▪ Macular OCT▪ Multifocal and/or pattern ERG*▪ VEP*▪ Pattern appearance VEP*
<input type="checkbox"/> Peripheral retina disease	<ul style="list-style-type: none">▪ Full field ERG*▪ Pattern ERG*
<input type="checkbox"/> Optic Nerve disease	<ul style="list-style-type: none">▪ OCT▪ Pattern ERG*▪ Pattern VEP*▪ Pattern appearance VEP*
<input type="checkbox"/> Cortical / Neurological disease	<ul style="list-style-type: none">▪ Pattern VEP*▪ Pattern ERG*▪ Pattern appearance VEP*

Athlete: _____

The ocular signs must correspond to the diagnosis and degree of vision loss. If eye condition is obvious and visible and explains the loss of vision, no additional medical documentation is required. Otherwise the additional medical documentation indicated in the above table must be attached to this form. If the medical documentation is incomplete, the classifiers will not be able to allocate a sport class.

***Notes on electrophysiological assessments (VEPs and ERGs):**

Where there is discrepancy or a possible discrepancy between the degree of visual loss, and the visible evidence of ocular disease the use of visual electrophysiology is often helpful in demonstrating the degree of impairment.

Submitted data should include the report from the laboratory performing the tests, copies of the original data, the normative data range for that laboratory, and a statement specifying of the equipment used, and its calibration status. The tests should be performed as a minimum to the standards laid down by the International Society for Electrophysiology of Vision (ISCEV) (<http://www.iscev.org/standards/>).

A Full Field Electroretinogram (ERG) tests the function of the whole retina in response to brief flashes of light, and can separate function from either the rod or cone mediated systems. It does not however give any indication of macular function.

- A Pattern ERG tests the central retinal function, driven by the macular cones but largely originating in the retinal ganglion cells.
- A Multifocal ERG tests the central area (approx. 50 degrees diameter) and produces a topographical representation of central retinal activity.

A Visual evoked cortical potential (VEP) records the signal from produced in the primary visual cortex, (V1), in response to either a pattern stimulus or pulse of light. An absent or abnormal VEP is not in itself evidence of specific optic nerve or visual cortex problems unless normal central retinal function has been demonstrated.

- A Pattern appearance VEP is specialised version of the VEP used to establish visual threshold which can be used to objectively demonstrate visual ability to the level of the primary visual cortex.

<input type="checkbox"/>	I confirm that the above information is accurate.
<input type="checkbox"/>	I certify that there is no contra-indication for this athlete to compete at competitive level in sport, with the exception of _____.
Name: _____	
Medical Specialty: _____	
Registration Number: _____	
Address: _____	
City: _____	Country: _____
Phone: _____	E-mail: _____
Date: _____	Signature: _____



Sports Eligibility for U.S. Athletes with Intellectual & Developmental Disability

SPORT CLASS	ELIGIBILITY CRITERIA	EVIDENCE REQUIRED	PARALYMPIC SPORTS	INAS /AWL SPORTS
Inas II-1: Intellectual Disability Paralympic Classes: Athletics T20 Swimming S14 Table Tennis 11 World Taekwondo: Para Class P20	Athletes with Intellectual and Developmental Disabilities who have: <ol style="list-style-type: none"> Full-Scale IQ score of 75 or lower; Significant limitations in adaptive behaviour; and onset before age 18. <p><i>Note: This class includes athletes diagnosed with Autism who have co-occurring intellectual disability.</i></p>	EVIDENCE REQUIRED: <ol style="list-style-type: none"> Weschler WAIS/WISC or Stanford Binet IQ Assessment, Report and Summary of Scores within last 5 years Vineland, ABAS, or AAMR Adaptive Behavior Assessment, Report and Summary of Scores within last 5 years. IQ or other relevant scores or diagnosis from before age 18 referenced in a report. 	<ol style="list-style-type: none"> Athletics (T20) 400m, 1500m Long Jump, Shotput Swimming (S14) 100mFree, 200mFree, 100mBack, 100mBreast, 100mFly, 200mIM, 4x100mFree Relay Table Tennis (11) Singles 	<ol style="list-style-type: none"> Athletics (All Events) Basketball Cycling Equestrian Rowing Skiing Nordic/Alpine Swimming (All Events) Table Tennis (All Events) Taekwondo (Includes Para World Taekwondo P20 Class) Tennis
Inas II-2: Down Syndrome	Athletes with Down Syndrome who have: <ol style="list-style-type: none"> A formal diagnosis of Down Syndrome including type (Trisomy 21, Mosaic, etc), For safety athletes must not have <i>symptomatic</i> Atlantoaxial Instability (AAI) Athletes with Mosaic Down Syndrome must provide evidence they also meet the criteria for II-1 Intellectual Disability. 	EVIDENCE REQUIRED: <ol style="list-style-type: none"> Copy of genetic testing showing a formal diagnosis and type of Down Syndrome (Tri21 or Mosaic) or statement from Physician. AAI status signed by Physician (See Athlete Application Page 3) and copy of AAI exam results if available. Mosaic must also provide evidence described for II-1 Intellectual Disability above. 	There is not a separate class for Down Syndrome in Paralympic sport. <i>Athletes with Down Syndrome who also meet the criteria for II-1 Intellectual Disability may be classified in that class to be eligible for Paralympic events.</i>	<ol style="list-style-type: none"> Athletics/Track & Field Cycling (AWL Only) Equestrian (AWL Only)* Rowing (AWL / National)* Skiing Nordic/Alpine Swimming Table Tennis Taekwondo (AWL Only)* Tennis (AWL Only)*
Inas II-3: High Functioning Autism	Athletes with (High Functioning) Autism who have: <ol style="list-style-type: none"> A Full-Scale score IQ of above 75, OR no diagnosis of intellectual disability, and; A formal diagnosis of Autism, ASD or Aspergers Syndrome <p><i>Note: Athletes with Autism who meet the criteria for II-1 Intellectual Disability will be classified in that class.</i></p>	EVIDENCE REQUIRED: <ol style="list-style-type: none"> A formal diagnosis (or confirmation of previous diagnosis) of Autism, ASD or Asperger's syndrome, carried out by a licensed psychologist, using accepted diagnostic techniques such as ADOS, ASRS, ICD-10 Criteria for Autism, and background history, etc given within the last 5 years. Athletes should include IQ and Adaptive Behavior assessments to determine if they meet criteria for Intellectual Disability. 	There is not a class for High Functioning Autism in Paralympic Sport. <i>Athletes with Autism who also meet the criteria for II-1 Intellectual Disability will be classified in that class and are eligible for Paralympics.</i>	<ol style="list-style-type: none"> Athletics/Track & Field Cycling (AWL Only) Equestrian (AWL Only)* Rowing (AWL / National)* Skiing Nordic/Alpine Swimming Table Tennis Taekwondo (AWL Only)* Tennis (AWL Only)*
Mainstream Sport	Athletes Without Limits works with athletes with intellectual and developmental disability to integrate into their age group in mainstream Triathlon and Ironman events. We ask interested triathletes to complete an eligibility application so that we know if they can potentially compete in individual Inas or Paralympic swimming, cycling or athletic events as well.			<ol style="list-style-type: none"> Triathlon

***INAS recently began piloting two additional eligibility groups II2 & II3 to be recognized at INAS & AWL events. The criteria for these groups and sports offered will be revised/expanded as the project progresses and research data becomes available.**



Sports Eligibility for U.S. Athletes with Intellectual & Developmental Disability

Who's Who in Inas & Paralympic Sport?



INAS is the International Federation for Athletes with Intellectual Impairments and is responsible for managing and overseeing the eligibility process for athletes wishing to compete within INAS and Paralympic competition. INAS is a founding member of the International Paralympic Committee (IPC) and hosts World & Regional Championships, Global Games and other International events open to athletes with intellectual impairment in 10 sports from 3 Eligibility Groups: Intellectual Disability, Down Syndrome, and High Functioning Autism.



Athletes Without Limits (AWL) is the sole US Member of INAS and oversees US athletes' applications for Inas & Paralympic sports eligibility for intellectual and developmental disability sports classes. After an athlete's eligibility application is complete and endorsed by our US Eligibility Psychologist, we submit it to the INAS Eligibility Committee for International confirmation. Athletes Without Limits selects and organizes US Teams participating at Inas World & Regional Championships & Global Games and hosts National and INAL International Championships in the U.S.



The International Paralympic Committee (IPC) is responsible for overseeing the Paralympic Games, World Championships and Sports Specific Classification. In 2010 the IPC recognized a class for athletes with Intellectual Disability in select events in three sports: Swimming, Track & Field and Table Tennis.



U.S. Paralympics overseas **US Paralympic Swimming & US Paralympic Track & Field** sports-specific classification, team selection and US held competitions. The first step toward U.S. Paralympic eligibility for athletes with Intellectual Disability is to apply to Athletes Without Limits. After athletes receive eligibility confirmation, Athletes Without Limits will assist those interested in obtaining an IPC License from U.S. Paralympics.



USA Table Tennis (USATT) overseas US Paralympic Table Tennis sports classification, team selection and competitions. The first step toward Paralympic eligibility is to apply for eligibility with Athletes Without Limits.



World Taekwondo has partnered with INAS to manage eligibility for P20 class athletes with intellectual impairment competing in Para World Taekwondo events. Athletes must be confirmed eligible by Athletes Without Limits (and Inas) prior to entering competition. Most events require *Provisional International* or *National Level* as the class develops.)



USA Taekwondo (USAT), the US member of World Taekwondo, is recognized by the The United States Olympic Committee as the National Governing Body (NGB) for the sport of Taekwondo in the United States. The first step toward eligibility for Para Taekwondo Class P20 (Intellectual Impairment) is to apply for eligibility with Athletes Without Limits.