# 50<sup>th</sup> Tri-State Wheelchair Games & 20<sup>th</sup> Kessler Foundation Wheelchair 10K



# Memorial Day Weekend - May 22<sup>nd</sup> – 25<sup>th</sup>, 2020

#### 50th Tri-State Wheelchair & Ambulatory Games

* Track	
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\* Field

\* Archery \* Powerlifting World Para/IPC Approved - Fast Mondo Track

Date: May 22<sup>th</sup> - 24<sup>th</sup>, 2020

Location: Pascack Valley High School, New Jersey <u>Note:</u> Transportation will <u>not</u> be provided for the Games

#### 20th Kessler Foundation Wheelchair 10K

- \* Cash Prizes (Total Purse \$15,900)
- \* Fast and Flat Course
- \* Transportation (Newark Airport-Hotel-Venue)
- \* Comp Hotel Rooms (First-come, First-served)

Date: Memorial Day - Monday, May 25<sup>th</sup>, 2020 Location: Ridgewood, New Jersey Note: Transportation will be provided for the Kessler 10K

#### **Contact Information**

Tri-State Games - Jimmy Cuevas - jcuevas1969@comcast.net Kessler 10K - Angela Smith - asmith@kesslerfoundation.org





A Benjamin Moore

GIVING MOORE



adaptive

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The 50<sup>th</sup> Tri-State Wheelchair & Ambulatory Games is sponsored by the North Jersey Navigators Paralympic Sports Club, Pascack Valley Regional High School District, Tri-State Wheelchair Athletic Association, Adaptive Sports USA, U.S. Department of Veterans Affairs, Kessler Foundation, Goya, Benjamin Moore, Chick-Fil-A and Pepsi. The Tri-State Wheelchair & Ambulatory Games is World Para / IPC Approved for Track and Field.

A limited number of free registration vouchers will be available for Veterans on a First-come, First-served basis. Please contact Jimmy Cuevas for the complimentary registration voucher. Veterans participating at the Games are responsible for their own transportation and lodging arrangements.

The 20<sup>th</sup> Kessler Foundation Wheelchair 10K is sponsored by the Kessler Foundation. The Kessler Foundation Wheelchair 10K course is fast and flat. Every year Elite wheelchair athletes from all over the world compete in the Annual Kessler Foundation Wheelchair 10K for a total purse of \$15,900.

		Тор (	Cash	Prizes		
	Open C	lass	Oper	n Masters	Ope	n Quad
	Male	Female	1 <sup>st</sup>	\$1,000	1 <sup>st</sup>	\$1,000
1 <sup>st</sup>	\$2,000	\$2,000	2 <sup>nd</sup>	\$500	2 <sup>nd</sup>	\$500
2 <sup>nd</sup>	\$1,000	\$1,000	3 <sup>rd</sup>	\$400	3 <sup>rd</sup>	\$400
3 <sup>rd</sup>	\$500	\$500	4 <sup>th</sup>	\$300	4 <sup>th</sup>	\$300
4 <sup>th</sup>	\$400	\$400	5 <sup>th</sup>	\$200	5 <sup>th</sup>	\$200
5 <sup>th</sup>	\$300	\$300				
6 <sup>th</sup>	\$200	\$200				
7 <sup>th</sup>	\$100	\$100				

Note: Additional cash prizes for Grandmasters and Juniors.





# 50<sup>th</sup> Tri-State Wheelchair & Ambulatory Games

# May 22 - 24, 2020

# **Pascack Valley High School, Hillsdale, New Jersey**

# SANCTIONED BY Adaptive Sports USA

### World Para / IPC APPROVED EVENT FOR TRACK & FIELD

### **SPORT EVENTS CONTESTED**

#### Track, Field, Archery, and Powerlifting

(Electronic Timing & Mondo Track)

For more information on these events, please consult the Adaptive Sports USA Official Rule Books found on the website: www.adaptivesportsusa.org

**Sponsored by:** 

North Jersey Navigators PSC Tri-State Wheelchair & Ambulatory Association Pascack Valley Regional High School District Adaptive Sports, USA U.S. Department of Veterans Affairs US Paralympics Kessler Foundation Benjamin Moore Pepsi Goya



#### 50th Tri-State Wheelchair and Ambulatory Games - May 22-24, 2020

This is an Adaptive Sports USA sanctioned event for athletes in both the Junior and Adult/Open divisions. This is an World Para/ IPC Approved event only for Athletics (Track & Field). If you plan to compete in more than one sport, you must join each respective National Governing Body (NGB)/ Sports Technical Committee (STC) prior to competition.

### You can obtain a membership application through Adaptive Sports USA:

### Website: www.adaptivesportsusa.org

#### MEET DIRECTOR: Jimmy Cuevas - Contact: Tel. 551-655-4176 / Email: jcuevas1969@comcast.net

<u>FEES & REGISTRATION:</u> The fees include registration, online registration service fee, lunch, meet sanctioning and qualification for the 2020 Adaptive Sports USA Junior National Championships. Online Registration must be completed by <u>May 6, 2020 at 11:59 PM</u> to avoid a late fee. A late fee of <u>\$50.00</u> will be assessed for each online registration between <u>May 7 – 12 at 11:59 PM</u>.

#### The fees for on-time and late registrations are as follows:

<b>Registration Fees</b>	<b>Registration Fees</b>
(By May 6)	(Between May 7 - 12)
Juniors - \$65.00	Juniors - \$115.00
Adults/Open - \$65.00	Adults/Open - \$115.00

The Tri-State Games LOC reserves the right to limit or cancel events based on enrollment as of May 12, 2020.

<u>Veterans Athletes</u> - A limited number of free registration vouchers will be available for veterans on a First-come, First-served basis. Please contact Jimmy Cuevas for the complimentary registration voucher. Veterans participating at the Games are responsible for their own transportation and lodging arrangements.

#### Review the classification and eligible events details on Pages 5-8 and the Simply Register Online Registration instructions on Page 21 prior to start the online registration.

### ONLINE REGISTRATION FORM: <u>https://www.simplyregister.net/register/?e=118349</u>

# **Online Registration will end on Tuesday, May 12, 2020**

**Registration will <u>NOT</u> be available at the games.** 

### **Transportation Between Host Hotel And Competition Venue**

The LOC will <u>NOT</u> provide transportation. Athletes and coaches are responsible for their transportation.

#### **CLASSIFICATION:**

Important: National classification appointments for track and field are reserved for U.S. citizens only. If you are a citizen of another country and you have never undergone classification evaluation you must first obtain proof of citizenship in the U.S. before you will be scheduled for classification evaluation by a U.S. National classification panel.

The Tri-State Wheelchair and Ambulatory Games will be providing National classification in track and field. In order to participate, you must be classified in each sport you wish to compete in. If you have not been classified you will be notified of your classification time. Classifications will be held on Friday, May 22 (During the afternoon/evening) and Saturday, May 24 (During the morning) for those competing in track and field events. If an athlete is not a U.S. Citizen the athlete will go through the classification process but he or she will be given a temporary classification to compete at the Tri-State Wheelchair and Ambulatory Games. New athletes competing in archery will also be given a temporary classification before the start of the archery competition event.

#### **Athletes with Physical Impairments**

All athletes in need of a National classification evaluation for track and field must fill out a National Medical Diagnosis Form. National classification at the Tri-State Wheelchair and Ambulatory Games will <u>only</u> be offered for <u>track and field</u>. The National Medical Diagnosis Form does not need to be filled out by a doctor, but can be filled out by the athlete or parent who can give information on the athlete's eligible impairment. The form should clearly define which of the eligible impairment(s) the athlete has and supporting documentation should be provided to verify the underlying health condition or origin of the impairment(s). This will help classifiers in different ways: One, it eliminates athletes who sign up for classification evaluation who are not eligible for competition. Two, it will assist the classifiers in preparing for the athletes who will be evaluated at the meet. The US Paralympics National Medical Diagnosis Form for Physical Impairment can be found at the end of this document (After the Simply Register Online Registration Instructions). The complete form must be returned to the USOPC Classification Manager at <u>npcusaclassification@usopc.org</u> by <u>Wednesday, May 6, 2020</u>. The US Paralympics will review the form and then sent to the National classifiers that are working the Tri-State Wheelchair & Ambulatory Games event for review and determination of eligibility to receive a classification appointment.

#### **Athletes with Visual Impairments**

All athletes with a visual impairment that have not been classified must submit the US Paralympics National VI Medical Diagnostics Form along with supporting documentation related to the diagnosed eye condition as outlined on the medical diagnosis form at least <u>four weeks prior to competition</u> to the USOPC Classification Manager at <u>npcusaclassification@usopc.org</u> to receive their national classification. This form must be completed by athlete's ophthalmologist. The US Paralympics National Medical Diagnostic Form for Visual Impairment can be can be found at the end of this document.

#### **Athletes with Intellectual Impairments**

Athletes with an intellectual impairment competing in track and field at the Tri-State Wheelchair and Ambulatory Games must contact Athletes Without Limits <u>http://www.athleteswithoutlimits.org/eligibility</u> to apply for eligibility to obtain their national classification. Refer to the Eligibility - ID Athletes W-O Limits Form at the end of this document.

# **Tri-State Wheelchair & Ambulatory Games – Schedule of Events**

Athletes must be checked in by the start of the competition or he/she will not be able to compete that day.

Athletes with personal field implements must present all implements at weigh-in room <u>90 minutes</u> prior to start of the field competition.

Date	Time	<u>Event</u>	<b>Location</b>
Friday, May 22			
Athlete Check-in & Classification	5:00 pm - 8:30 pm	Athlete Check-in, Classification	Pascack Valley HS
Powerlifting	6:00 pm – 8:45 pm	Weigh In and Powerlifting	Pascack Valley HS Weight Room
<u>Saturday, May 23</u>			
Athlete Check-in & Classification	7:30 am - 12:00 pm	Athlete Check-in & Classification	Pascack Valley HS
Archery	8:00 am – 10:00 am	Archery	Pascack Valley HS Track
Ambulatory Field	9:30 am – 11:30 am	Field (Ambulatory)	Pascack Valley HS Field
Lunch	11:30 am - 12:30 pm	Lunch	Pascack Valley HS Games Tent
Field	12:30 pm – 4:30 pm	Field (Ambulatory & Wheelchair)	Pascack Valley HS Field
Pasta Dinner	4:30 pm - 6:00 pm	Pasta Dinner	Pascack Valley HS Games Tent
Athlete Check-in	4:00 pm – 5:30 pm	Athlete Check-in	Pascack Valley HS
Track	5:15 pm - 5:45 pm	Track Warm-up	Pascack Valley HS Track
	6:00 pm – 9:00 pm	Open Track Events 5,000 meters Open	Pascack Valley HS Track
Sunday, May 24			
Athlete Check-in	7:30 am - 9:00 am	Athlete Check-in	Pascack Valley HS Games Tent
Track	7:20 am - 7:50 am	Track Warm-up	Pascack Valley HS Track
	8:00 am - 3:30 pm	Track: Juniors/Adults	Pascack Valley HS Track

# Junior Athlete Track & Field Events - Classes 11-13, 20, 40-47, 51-57, 61-64

									Т	rack	Eve	ents	- C	ass	es 1	1-1	3, 2	0, 4	0-47	7, 51	L-54	, 61	-64												
Class		Cla	ss 11	-13			C	lass 2	20			С	lass 4	10			C	lass 4	1			С	lass 4	2			С	lass 4	43			Cla	ss 44	-47	
Age Division	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23
20 Meter																																			
60 Meter																																			
100 Meter																																	1		
200 Meter																																	1		
400 Meter																																	1		
800 Meter																																44-46	44-46	44-46	44-46
1500 Meter																																44-46	44-46	44-46	44-46
3000 Meter																																44-46	44-46	44-46	44-46
5000 Meter **																															44-46	44-46	44-46	44-46	44-46
Class		Cla	ss 51	, 52			C	lass 5	53			С	lass !	54			С	lass (	51			С	lass 6	52			С	lass (	53			С	lass 6	<b>j</b> 4	
Age Division	U11	U14	U16	U20	U23	U11	U14	U16	U20	U23	U11	U14	U16	U20	U23	U11	U14	U16	U20	U23	U11	U14	U16	U20	U23	U11	U14	U16	U20	U23	U11	U14	U16	U20	U23
60 Meter			51																																
100 Meter																																			
200 Meter																																	1		
400 Meter	52					l										l																	1		
800 Meter		52				l																											1		
1500 Meter		52																															1		
3000 Meter		52																_											_				1		
5000 Meter **																																			

\*\* 5000 Meter Minimum Time Standards for Males: 11-13, 20, 43-46, 62, 64 (25:00); 51-54 (15:50)

\*\* 5000 Meter Minimum Time Standards for Females: 11-13, 20, 43-46, 62, 64 (27:00); 51-54 (20:00)

							Fie	ld E	ven	ts -	Clas	ses	11-	13,	20,	40-4	47,	51-5	57, 6	61-6	4									
Class		Cla	ss 11	-13			С	lass 2	20			Cla	ss 40	, 41			Cla	ss 42	2-46			С	lass 4	17			Cla	ss 61	-64	
Age Division	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23
Shotput																														
Discus																														
Javelin																														
Long Jump																														
High Jump																42,44-46	42,44-46	42,44-46	42,44-46	42,44-46						61,63-64	61,63-64	61,63-64	61,63-64	61,63-64
Triple Jump																45-46	45-46	45-46	45-46	45-46										
Class		С	lass 5	51			Cla	iss 52	-57																					
Age Division	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	1																			
Shotput																														
Discus																														
Javelin																														
Club Throw																														
Softball Throw											1																			

# Junior Athlete Track & Field Events - Classes 31-38, TRR1-2

Class		C	ass 3	31			C	ass 3	32			C	ass 3	33			C	ass 3	34			Cla	ass 3	5a	
Age Division	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23
20 Meter Dash																									
60 Meter Dash																									
60 Meter Weave																									
100 Meter																									
200 Meter																									
400 Meter																									
800 Meter																									
1500 Meter																									
3000 Meter																									
5000 Meter **																									
Class		C	ass 3	35			C	ass 3	86			C	ass 3	37			C	ass 3	38			Clas	s TR	R1-2	
Age Division	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23
20 Meter Dash																									
60 Meter Dash																									
100 Meter																									
200 Meter																									
400 Meter																									
800 Meter																									
1500 Meter																									
3000 Meter																									
5000 Meter **																									

\*\* 5000 Meter Minimum Time Standards for Males: 31-34 (15:50); 35-38 (25:00)

\*\* 5000 Meter Minimum Time Standards for Females: 31-34 (20:00); 35-38 (27:00)

							Fie	eld I	Eve	nts	- Cl	ass	es 3	31-3	88										
Class		C	lass 3	31			C	lass 3	32			C	ass 3	33			C	ass	34			Cl	ass 3	5a	
Age Division	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23
Club Throw																									
High Toss																									
Kick																									
Precision																									
Med. Ball Thrust																									
Shotput																									
Discus																									
Javelin																									
Class		C	lass 3	35			C	lass 3	36			C	ass 3	37			C	ass	38						-
Age Division	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23	U11	U14	U17	U20	U23					
Shotput																									
Discus																									
Javelin																									
Long Jump																									
High Jump																									
Triple Jump																									

# Adult Athlete Track & Field Events

							Tra	ck Ev	ents									
Class	11-13	20	31	32	33	34	35a	36	37	38	40-41	42	43-47	51-54	61	62	63	64
60 Meter Weave																		
100 Meter																		
200 Meter																		
400 Meter																		
800 Meter																		
1500 Meter																		
5000 Meter **																		

\*\* 5000 Meter Minimum Time Standards for Males: 11-13, 20, 35-38, 43-47, 62, 64 (25:00); 31-34, 51-54 (15:50)

\*\* 5000 Meter Minimum Time Standards for Females: 11-13, 20, 35-38, 43-47, 62, 64 (27:00); 31-34, 51-54 (20:00)

				Fie	ld Eve	ents						
Class	11-13	20	31	32	33-34	35-38	40-41	42-46	47	51	52-57	61-64
Club Throw												
High Toss												
Kick												
Precision												
Med. Ball Thrust												
Shotput												
Discus												
Javelin												
Long Jump												
High Jump						38		42,44-46				61,63-64
Triple Jump						38		45-46				

# **Open Track Competition Event – (Saturday, May 23)**

#### World Para / IPC Approved Event

Track Events 100 Meters 200 Meters 400 Meters 800 Meters 1500 Meters 5000 Meters

# All Athletes (Juniors and Adults) MUST meet qualifying standards (See next page)

## <u>The Open Track Competition will be limited to the following classes and events:</u>

Start Time	Classes	Event	P/F	AMB/WC
5:15 PM	Track Opens for Wa	arm Up		
5:45 PM	Track Closes	3		
6:00 PM	11/12/13/35/36/37/38/42/43/44/45/46/47/61/62/63/64	100-Women	Final	AMB
6:02 PM	33/34/51/52/53/54	100-Women	Final	WC
6:06 PM	11/12/13/35/36/37/38/42/43/44/45/46/47/61/62/63/64	100-Men	Final	AMB
6:08 PM	33/34/51/52/53/54	100-Men	Final	WC
	Set Compensator			
6:20 PM	52/53/54	1500-Men	Final	WC
6:28 PM	53/54	1500-Women	Final	WC
6:36 PM	37/38/45/46	1500-Men	Final	AMB
6:44 PM	11/12/13/20	1500-Men	Final	AMB
6:52 PM	45/46	1500-Women	Final	AMB
7:00 PM	11/12/13/20	1500-Women	Final	AMB
	Set Compensator			
7:20 PM	11/12/13/20/37/38/43/44/45/46/47/62/64	400-Women	Final	AMB
7:23 PM	51/52/53/54	400-Women	Final	WC
7:26 PM	11/12/13/20/36/37/38/43/44/45/46/47/62/64	400-Men	Final	AMB
7:29 PM	33/34/51/52/53/54	400-Men	Final	WC
	Set Compensator			
7:42 PM	33/34/52/53/54	200-Men	Final	WC
7:47 PM	34/51/52/53/54	200-Women	Final	WC
7:52 PM	11/12/13/35/36/37/38/42/43/44/45/46/47/61/62/63/64	200-Men	Final	AMB
7:57 PM	11/12/13/35/36/37/38/43/44/45/46/47/62/64	200-Women	Final	AMB
22 27	Set Compensator			
8:15 PM	33/34/52/53/54	800-Men	Final	WC
8:20 PM	33/34/52/53/54	800-Women	Final	WC
8:25 PM	13/36/37/38	800-Men	Final	AMB
8:30 PM	11/12	800-Women	Final	AMB
	Set Compensator			
8:40 PM	53/54 **	5000-Men	Final	WC

### \*\*\* Events Seeded by Time \*\*\*

\*\*5000 Meter Minimum Time Standards: Males: 53-54 (15:50) and Females 53-54 (20:00)

WC = Wheelchair AMB = Ambulatory

# **Open Track Qualifying Standards - (Only for Saturday, May 23)**

CLASS	EVENT	WOMEN	MEN
11	100	17.15	15.31
11	200	37.88	31.5
11	400	1.28.00	1.13.75
11	800	3.52.00	
11	1500	6.40.50	5.32.00
11	5000		21.32.35
12	100	18	14.94
12	200	37.5	30.25
12	400	1.24.00	1.08.25
12	800	3.52.00	
12	1500	6.20.00	5.15.00
12	5000		18.30.00
13	100	18	15.25
13	200	36.8	30.77
13	400	1.24.00	1.08.75
13	800		2.42.30
13	1500	5.45.00	5.15.00
13	5000		18.30.00
20	400	1.22.00	1.10.50
20	1500	5.45.00	5.15.00
33	100	36	28.3
33	200		44
33	400		1.20.00
33	800	3.58.00	3.20.00
34	100	36	24
34	200	49	44
34	400		1.20.00
34	800	3.58.00	3.20.00
35	100	34.38	19.5
35	200	56.25	43.09
36	100	23.25	18.33
36	200	48.25	35.4

CLASS	EVENT	WOMEN	MEN
36	400		1.23.54
36	800		3.05.00
37	100	21.06	16.38
37	200	42.5	33
37	400	1.34.00	1.20.00
37	800		2.58.48
37	1500		5.50.16
38	100	20.83	16.25
38	200	40.78	32.1
38	400	1.33.00	1.20.00
38	800		2.58.48
38	1500		5.30.16
42	100	25	20.31
42	200		42.5
43	100	21.25	16.75
43	200	40.83	35.5
43	400	1.34.00	1.16.13
44	100	21.25	16.75
44	200	40.63	35.5
44	400	1.38.00	1.16.13
45	100	19.5	14.82
45	200	32	30.15
45	400	1.50.00	1.05.00
45	1500	5.50.00	5.20.00
46	100	19.5	14.82
46	200	33	30.15
46	400	1.30.00	1.05.00
46	1500	5.50.00	5.20.00
47	100	19.5	14.82
47	200	38	50.15
47	400	1.30.00	1.05.00

CLASS	EVENT	WOMEN	MEN
51	100	41.45	39.38
51	200	54	
51	400	1.34.00	2.15.00
52	100	36	25.46
52	200	54	45
52	400	1.34.00	1.31.00
52	800	3.00.00	2.40.35
52	1500		5.40.00
53	100	28.38	20.51
53	200	44	35.96
53	400	1.30.00	1.10.00
53	800	3.00.00	2.40.35
53	1500	4.10.00	3.58.23
53	5000	14.12.00	13.28.00
54	100	23.63	18.75
54	200	37	33.21
54	400	1.20.00	1.03.75
54	800	2.40.00	2.07.45
54	1500	4.10.00	3.58.93
54	5000	14.12.00	13.28.00
61	100	25	20.31
61	200		42.5
62	100	21.25	16.75
62	200	40.63	35.5
62	400	1.38.00	1.16.13
63	100	25	20.31
63	200		42.5
64	100	21.25	16.75
64	200	40.63	35.5
64	400	1.38.00	1.16.13

# Junior Track Relay Team Application

<b>TEAM NAME:</b>	COACH:
	COACH

#### Athletes must run in the order listed below

ATHLETE NAME	CLASS	AGE DIVISION	GENDER	POINTS
			Male Female	
			TOTAL POINTS	
			·	

EVENT: *	Male Fem	nale 🗌 Mixed		Wheelchair	Ambulatory
4 X 100: 4 X 400:	Points: Points:	$ \boxed{10} \\ \boxed{30} $	□ 20 □ 40	30	
4 X 400: 800 Medley:	Points:	$\boxed{30}$		50	

There will be three types of relay teams; *all male, all female and mixed*. Points will be assigned to each team member in accordance with the following table(s):

I. <u>WHEELCHAIR CLASSES</u>

Age Division	Classes T31/32, T51/52	Classes T34, T53	Class T 54
U11	1	2	3
U14	2	4	6
U17	3	6	9
U20/U23	4	8	12

### 4 x100: 10 - 20 - 30 Point Teams

800 Medley: 100 + 100 + 200 + 400: 30 - 40 Point Teams

II. <u>AMBULATORY CLASSES</u>

Age Division	Class T35	Classes T36, T41/42, T61/63	Classes T11, T37/38, T43/44, T62/64	Classes T12/13, T20, T45/46
U11	1	2	3	4
U14	2	4	6	8
U17	3	6	9	12
U20/U23	4	8	12	16

4 x100: 10 - 20 - 30 - 40 - 50 Point Teams

800 Medley: 100 + 100 + 200 + 400: 30 - 40 - 50 Point Teams

\*Competitors may enter no more than any two (2) relays. They must be different relay races (male, female, mixed, 4 x 100 or 800 medley) or point value.

# Junior and Adult Powerlifting & Archery Events

# Powerlifting (Friday Evening May 22)

Note: Competitors must be at least 14 years of age on the date of the competition. The Powerlifting competition is <u>not</u> sanctioned by World Para / IPC.

# Archery (Saturday, May 23)

Classes: W1, W2 and Standing

Bow Type: Compound and Recurve

## Age Divisions:

Yeoman - (Ages 7 – 9) Bowmen - (Ages 10 -12) Cub - (Ages 13 – 14) Cadet - (Ages 15 – 17) Junior - (Ages 18 – 20) Young Adult - (Ages 21 – 22) Adult - (Over 23)

# Host Hotels for Tri-State Wheelchair and Ambulatory Games

<u>IMPORTANT</u>: Hotel reservations must be made no later than Saturday, <u>May 2<sup>nd</sup>, 2020</u>. The room block includes 25 rooms available on a first-come first-served basis. A credit card is needed to guarantee each reservation. A form of payment is required at time of check-in to cover all anticipated charges. Lodging arrangements are the responsibility of each team or individual athlete.

#### Fairfield Inn & Suites by Marriott Paramus

601 From Road Paramus, NJ 07652 Tel. (201) 262-6900

#### Hotel Room Rate Block Availability: May 21 - 25, 2020 Hotel Room Discounted Rate: \$134.00 + Applicable Tax (State and Hotel Occupancy Taxes)

#### Included in rate:

- Free Hot Breakfast
- Refrigerators & Microwaves in every room
- Complimentary High Speed Internet Access (Wi-Fi)
- Complimentary Shuttle Service within a 5 mile radius of the Hotel
- On-Site Guest Laundry facility
- Fitness center
- Bonefish Grill Restaurant on-site that also offers room service for lunch & dinner

### **Hotel Reservation Options:**

#### **Online Reservation:**

Click on the link below to make the hotel reservation online:

#### Click → <u>https://www.marriott.com/events/start.mi?id=1579900245760&key=GRP</u>

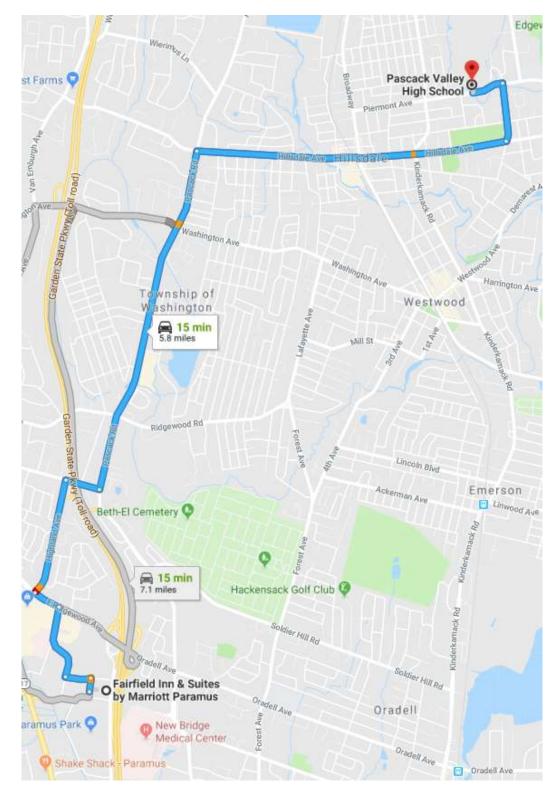
#### **Contact the Fairfield Inn & Suites Hotel:**

Hotel Reservations Contact: Maureen Moran, General Manager Phone: (201) 262-6900 Email: <u>mmoran@shanercorp.com</u> Group Code: TWG

When calling the hotel to make a reservation mention that you are part of the "Tri-State Wheelchair & Ambulatory Games" and provide the Group Code "TWG" to receive the discounted rate available through Saturday, May 2<sup>nd</sup>, 2020.

Note: Fairfield Inn & Suites Paramus is also the host hotel for the Kessler Foundation Wheelchair 10K

Pascack Valley High School Address: 200 Piermont Ave Hillsdale, NJ 07642



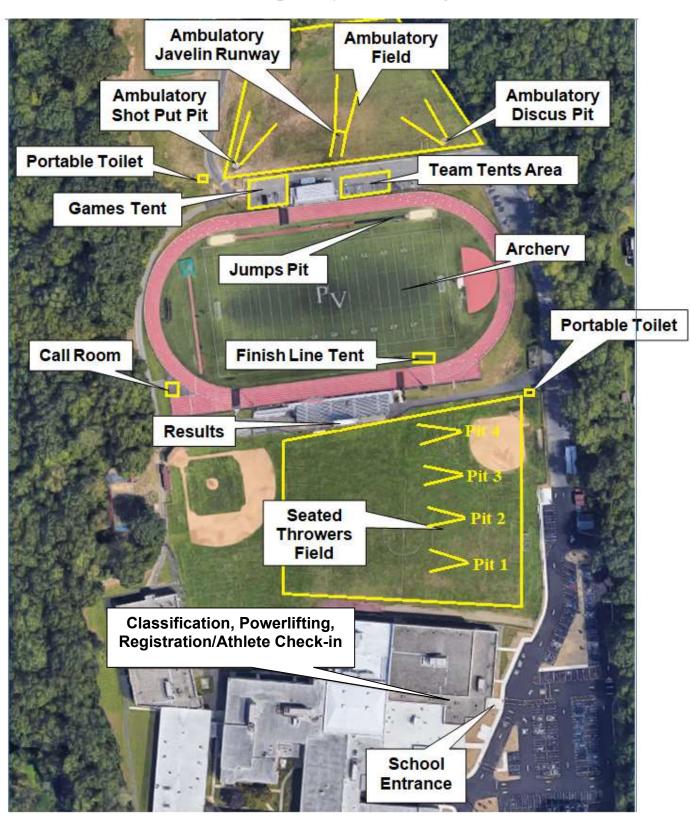
# Fairfield Inn & Suites by Marriott Paramus

601 From Rd, Paramus, NJ 07652

		ters Ave to E Ridgewood Ave	2 min (0.6 m
t	1.	Head north toward Mack Centre Dr	Norde Actor (1994) 442
4	2	Turn left onto Mack Centre Dr	390
			0.1 m
r*	3.	Turn right onto Winters Ave	
			0.4 n
ake	Pas	cack Rd and Hillsdale Ave to Everdell Ave in Hillsdale	
•	4	Turn left onto E Ridgewood Ave	13 min (4.7 m
1	4.	Turriert onto E Ridgewood Ave	0.2 m
r*	5.	Turn right onto Highland Ave	
r+	6	Turn right onto Linwood Ave	0.6 m
	0.	Tuni fight onto Elliwood Ave	0.2 m
4	7.	Turn left onto Pascack Rd	
r,	0	Turn right onto Hillsdale Ave	1.9 n
	0.	Tum right onto Hillsdale Ave	1.7 m
4	9.	Turn left onto Everdell Ave	1 min (0.2 m
			1 min (0.3 m
4	10.	Turn left onto Piermont Ave	
		Destination will be on the right	33 s (0.2 m

# Pascack Valley High School

200 Piermont Ave, Hillsdale, NJ 07642



Event Map (Subject to Change)



# 20th Kessler Foundation Wheelchair 10K



Kessler Foundation presents the 20th Annual Wheelchair 10K, the wheelchair division of the Fred d'Elia Ridgewood Run held on Memorial Day, Monday, May 25, 2020 in Ridgewood, NJ at Graydon Park & Pool – 218 Northern Pkwy, Ridgewood, NJ 07450.

This event is one of the largest integrated races in the country, as wheelchair athletes compete on the same course, at the same time, as the runners. **Racers compete for \$15,900 in cash prize awards!** Wheelchair racers from around the world will kick-off the series of seven events that comprise the Fred d'Elia Memorial Day Ridgewood Run. With the support of the North Jersey Masters, the Kessler Foundation Wheelchair 10K has grown to one of the largest 10K's in the country. Other event sponsors include: EZRide and North Jersey Navigators. The Wheelchair 10K begins at 8:15 am, with registration check-in opening at 7 am. Registration is \$25 per racer. All participants will receive a commemorative t-shirt. Kessler Foundation will host a brief awards ceremony with refreshments immediately following the Wheelchair 10K.

The Kessler Foundation will be providing shuttle transportation between the host hotel Fairfield Inn & Suites Paramus Hotel and Graydon Park (Kessler Wheelchair 10K start/finish line). The Kessler Wheelchair 10K Online registration closes on Thursday, May 21. If you wish to register after that date, please email the Kessler Wheelchair 10K Race Director, Angela Smith at <u>ASmith@kesslerfoundation.org</u> or **973-324-8448**.

### The Online application for the 20<sup>th</sup> Kessler Foundation 10K can be found at the following link:

#### https://kesslerfoundation.org/wheelchair-10k-registration-2020

#### **About Kessler Foundation:**

Kessler Foundation is the largest public charity supporting people with disabilities. Kessler Foundation Research Center improves the quality of life for people with physical and cognitive disabilities through rehabilitation research in its six specialized laboratories under the leadership of noted research directors--Human Performance & Engineering Research, Neuropsychology & Neuroscience, Outcomes & Assessment Research, Spinal Cord Injury Research, Stroke Rehabilitation Research, and Traumatic Brain Injury Research. While the staff of each laboratory has expertise in a particular area, collaboration often enhances progress toward finding ways to overcome the obstacles faced by people with disabilities caused by brain injury, spinal cord injury, multiple sclerosis, stroke, arthritis, and other chronic neurological and orthopedic conditions.

Kessler Foundation Program Center focuses on solutions to address the persistently high rates of unemployment among people with disabilities. Through strategic funding and philanthropic leadership, Kessler Foundation has invested more than \$40 million in programs to increase the participation of individuals with disabilities in the workforce. Creating job opportunities through development, placement, employer education, and social enterprise has enabled greater independence and economic self-sufficiency. Kessler Foundation Program Center provides assistance to community organizations that create employment programs or integration opportunities for people with disabilities. Grant recipients include national and local organizations whose missions complement that of Kessler Foundation.

# 20th Kessler Foundation Wheelchair 10K – Prize Money Structure

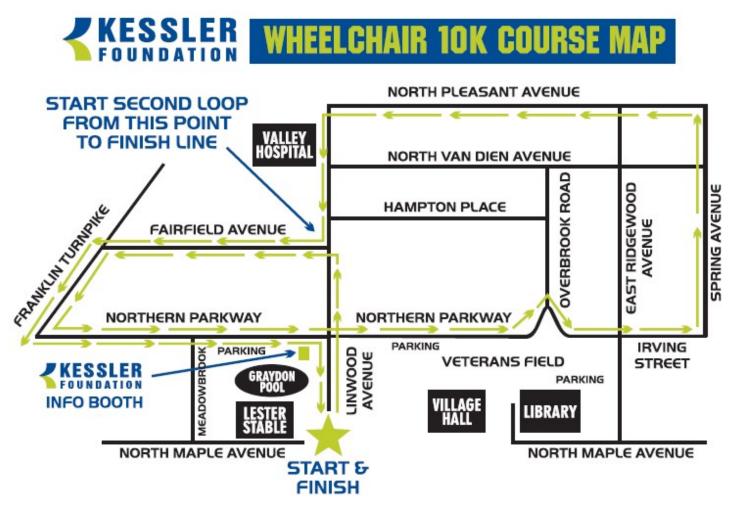


	<u>O</u> ]	PEN	<b>OPEN QUAD</b>	<b>OPEN MASTERS</b>	GRANDMASTERS
	Male	Female			
1 <sup>st</sup>	\$2000	\$2000	\$1000	\$1000	\$400
2 <sup>nd</sup>	\$1000	\$1000	\$500	\$500	\$200
3 <sup>rd</sup>	\$500	\$500	\$400	\$400	
4 <sup>th</sup>	\$400	\$400	\$300	\$300	
5 <sup>th</sup>	\$300	\$300	\$200	\$200	
6 <sup>th</sup>	\$200	\$200			
7 <sup>th</sup>	\$100	\$100			

	<b>E*</b> /	ATHLETE	JU	NIORS
	Male	Female	Male	Female
1 <sup>st</sup>	\$300	\$300	\$200	\$200
2 <sup>nd</sup>	\$150	\$150	\$100	\$100

- Masters must be 40 years of age or older on race day
- Grandmasters must be 50 years of age or older on race day
- E\*Athletes must be at least 19, but under 22 on race day
- Juniors must be under 19 on race day

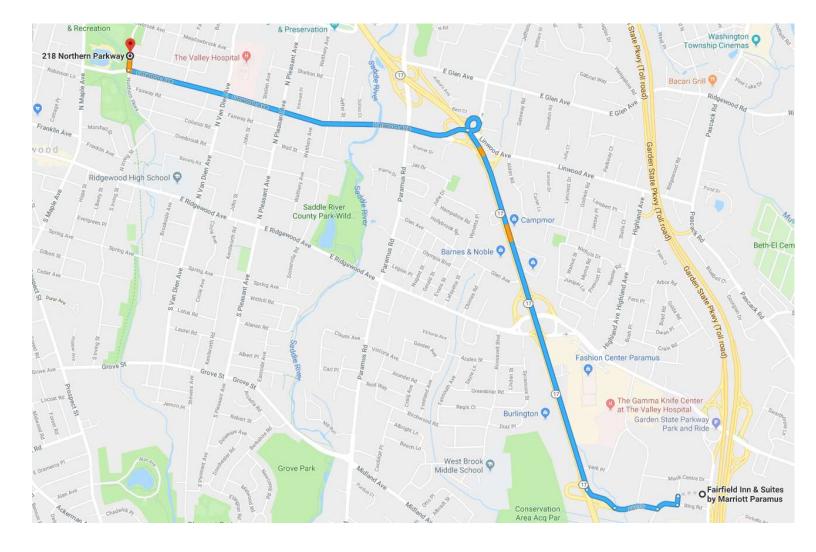
# Kessler Foundation Wheelchair 10K Course Map



The course is best described as tree lined, flat and one of the fastest in the East.

## **Directions from Fairfield Inn & Suites to Kessler Foundation Wheelchair 10K**

GPS Address to Garydon Park & Pool: 218 Northern Pkwy Ridgewood, NJ 07450



# Fairfield Inn & Suites by Marriott Paramus

601 From Rd, Paramus, NJ 07652

#### Get on NJ-17 N from A&S Dr

t	1.	Head south toward Ring Rd	2 min (0.4 mi)
			174 ft
L+	2.	Turn right onto Ring Rd	8
r*	3.	Turn right onto A&S Dr	446 ft
1	4	Keep right at the fork and merge onto NJ-17 N	0.2 mi
		heep right at the formalia merge onto no 17 h	0.1 mi
Follo	ow N	J-17 N and Linwood Ave to Northern Pkwy in Ridgewood	6 min (2.9 ml)
*	5.	Merge onto NJ-17 N	
r	6.	Take the Linwood Ave W exit toward Ridgewood	1.4 mi
\$	7.	Merge onto Linwood Ave	0.2 mi
		incige ente Entreed ine	
			- 1.3 mi
۲¢	8.	Turn right onto Northern Pkwy	——————————————————————————————————————

# 218 Northern Pkwy

Ridgewood, NJ 07450

# **Simply Register Online Registration Instructions**

1. Click on the url link <u>https://www.simplyregister.net/register/?e=118349</u> or copy and paste the url into your Internet web browser. Complete Registrant's Information for the athlete and click Next.

Tri-State Wheelchair & Ambulatory Games New Registration Manage My Registration	
Registrant Events Add-Ons Review Checkout Receipt	
Registrant's Information	
First Name Initial Last Name Suffix Joe Doe V	
Address Apt./Line 2 Country City State Postal Code 123 ABC Street #1 USA V Jersey City NJ V 07305	
123 ABC Street     #1     USA     Image: Street     <	
201-123-1234 joedoe@comcast.net	
Sex Date of Birth Citizenship male 07/17/2000 USA C	
Affiliation / Team Name	
Team ABC Enter your team or	Click Next
Independent if you	
don't belong to a team	

2. Select your competition events.

**Important:** If you are a novice athlete or if you don't have a National Classification, select "Need Classification" from the Classification menu options for each of the events you are registering for.

Tri-State Wheelchair & Ambulatory Games	New Registration	Manage My Registration
Registrant Events Add-Ons	Review Check	out Receipt
Event	Price	-
Fee per person	\$65.00	
Archery		
Powerlifting - Powerlift Press		
Track - 60 Meters (Sunday)		
Track - 60 Meters Weave (Sunday)		
Track - 100 Meters (Saturday)		
Track - 100 Meters (Sunday)	-70	
Track - 200 Meters (Saturday)		
Track - 200 Meters (Sunday)		
Track - 400 Meters (Saturday)		
Track - 400 Meters (Sundav)		Ψ.
e Back		Next →

### 50th Tri-State Wheelchair and Ambulatory Games - May 22-24, 2020

3. For Archery events select your classification, bow type and specify if you use a bow stand.

Tri-State Wheeld	hair & Ambulatory Games	New Registration	Manage I	ly Registration
Registrant >	Events Add-Ons	Review Check	out >	Receipt
Event	Select Archery	Price Serv	ice Fee	~
Fee per pers		\$46.50	\$3.50	
Archery				
Division:	Cadet	Select your archery	/	
Classification:	W1			
Bow Type:	Recurve	Select your		
Bowstand:	no 💌	Bow Type		
Powerlifting - P	owerlift Press			
Track - 60 Mete	ers (Sunday)	227	225	~
- Back			(	Next →

4. For Powerlifting specify your weight in lbs.

Tri-State Wheek	New Registration	Manage My Registratio	m
Registrant Select Powerlifting	Review Check	cout Receipt	
Powerlifting - Powerlift Press Your weight (in lbs.): 110	Specify your weight in lbs		^
Track - 60 Meters (Sunday)	227		1
Track - 60 Meters Weave (Sunday)	20)		
Track - 100 Meters (Saturday)			
Track - 100 Meters (Sunday)	ವನ		
Track - 200 Meters (Saturday)	<b>1</b> 70	475	
Track - 200 Meters (Sunday)			
Track - 400 Meters (Saturday)	223	-22	~
Back		Next -	

#### 50th Tri-State Wheelchair and Ambulatory Games - May 22-24, 2020

5. For Track select the events you will be competing on Saturday and/or Sunday. Select your classification for each track event. There will be two track competition events; an Open Track Event on Saturday, May 25 for elite/emerging athletes who meet the defined qualifying standards and another track competition on Sunday, May 26 for all athletes. If you are competing on the Open Track Events on Saturday you will also need to provide your personal best.

Select your events	Tri-State Wheelchair & Ambulatory Games New Registration	n Manage My Registration
for the Open Track	Registrant Events Add-Ons Review C	neckout Receipt
competition on Saturday	Track - 60 Meters (Sunday)	- ^
	Track - 60 Meters Weave (Sunday)  Track - 100 Meters (Saturday)  Enter Personal I	Best
	Time/mark: 17.55 Classification: T53 Classification: Classification	
Select your events	Division: U18	
for the Track competition on	Classification: T53 Select your classification	
Sunday	Back	Next →

6. For Field select the events and select your classification for each field event.

	Tri-State Wheelchair & Ambulatory Games	New Registration	Manage My Registration	on
	Registrant Events Add-Ons	Review Checkou	t Receipt	
elect your	214			
eld events	Field - Shot Put			^
	Division: U18	Select your Field		
		classification		
	Classification: F55			
	Field - Discus			
	Division: U18	Select your Field		
	CIT CIT	classification		
	Classification: F55		_	
	Field - Javelin	122		
	Field - Club Throw	100	322	Click Nex
	· · · · · -			
	- Back		Next	
			Constant	

7. Answer the following Questions.

<u>Note</u>: The classification question applies to novice athletes competing for the first time or athletes without a National Classification.

Tri-State Wheelchair & Ambulatory Games	New Registration Manage My Registration
Registrant > Events > Add-Ons	If you have an International
Questions	Classification provide your
* = required	IPC License Number/SDMS
IPC License No./SDMS	
11581	
WASUSA / Adaptive Sports USA Number (For	Junior Age Divisions U7-U23)
24449	Provide your Adaptive
What is your disability? *	Sports USA Number
Spina Bifida 💽	
If other, enter your disability	
]	Specify if you need a
Do you require classification? *	National Classification
Yes	
et Back	Next →

8. If you are requesting classification, specify the sports and select two proffered appointment time slots. Please note that there different classification time slots for ambulatory and wheelchairs athletes.

Tri-State Wheelchair & Ambulatory Games	New Registration	Manage My Registration
Registrant > Events > Add-Ons	Review Check	kout Receipt
		*
Do you require classification? *		
Yes 🔻		
If yes, enter the sport(s) for which you need clas Archery)	•	ify the sport(s) you are
Track and Field	need	of a classification
Preferred Classification Appointment for Ambulat	ory Athletes (check	two options)
National - Track/Field - Friday, May 24, 5:00-7:00 P National - Track/Field - Friday, May 24, 7:15-9:15 P National - Track/Field - Saturday, May 25, 7:30-9:30	M	Select two classifications time slots. Slots will be assigned
Preferred Classification Appointment for Wheelch	air Athletes (cneck t	by the LOC on a first-come
National - Track/Field - Friday, May 24, 7:15-9:15 P National - Track/Field - Saturday, May 25, 7:30-9:3 National - Track/Field - Saturday, May 25, 9:45-11:	D AM	first-served basis based on
If you are a visually impaired athlete, are you usi	ng a guide runner?	registration date/time.
· · · · · · · · · · · · · · · · · · ·		Ψ.
e Back		Next ->

Page 24

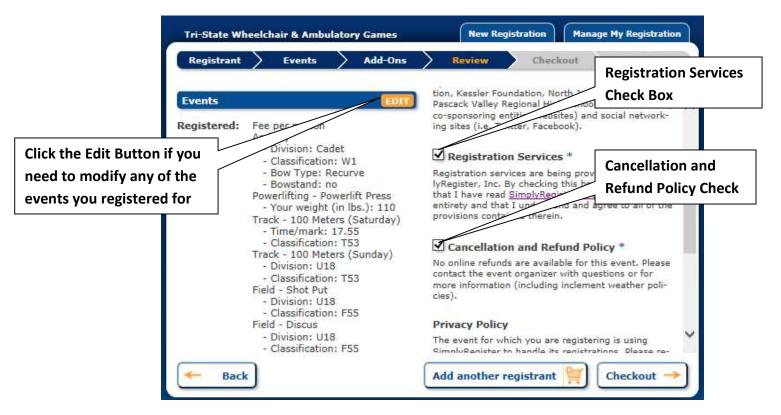
9. Continue answering the questions and click Next.

Tri-State Wheelchair & Ambulatory Games	New Registration Manage My Registration
Registrant > Events > Add-Ons	Review > Checkout > Receipt
National - Track/Field - Friday, May 24, 7:15-9:15 National - Track/Field - Saturday, May 25, 7:30-9: National - Track/Field - Saturday, May 25, 9:45-11 If you are a visually impaired athlete, are you us Alternate Phone Number	Specify if you have any food allergies or dietary restrictions. The LOC will do their best to accommodate your request
Are you a veteran? *	Permission to
Please specify if you have any food aller es or o	dietary restrictions Photograph/Video
Peanuts and dairy	Authorization
I authorize sponsors of the Tri-State Wheelchair photographs of me/my child during the meet for future meets. Such photos may appear on social * Yes <b>v</b>	r publicity ase in programs for
e Back	Next ->

10. Review the registration information. Check the box next to each waiver to indicate you have read, understand and accept the terms. Scroll down to continue reviewing the registration.

Tri-State Wh	eelchair & Am	bulatory Game	5	New Regis	stration	Manage My Re	egistration
Registrant	> Events	Add-C	)ns 🔪	Review	Check	out 🔪 Re	ceipt
	ermation you've hange any of it, ction.		outton indi	10 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	i've read, L	n waiver sectio. Inderstand, an	Release of Liability Check Box
Registrant			💴 🔍	aivers			
Name:	Joe Doe			Release of L	iability *		
Address:	123 ABC Stre Jersey City, N					e of this entry for ir heirs administ	
Phone:	201-123-1234	1	$\langle \rangle$			se any and all cl	
E-mail:	joedoe@como	ast.net	À			Tri-State Whee Foundation, Nor	
Sex:	male		sej			ey Regional High	
Date of Birth	: July 17, 2000		Dist			ng entities, all o officials, volunt	
Citizenship:	USA		age			all injuries and/	
Affiliation:	Team ABC		pen	ses	e/us at	the Tri-State W	heel-
	110.000104005-02		C	lick the Ed	lit Butto	n if you ne	ed 🛛
Registration	For					•	
		11.50	- u	) change a	any of th	e Registra	10
Name:	Tri-State Whe Ambulatory G		in	oformatio	n entere	d at the	~
		7.1027D	b b	eginning (	of the re	gistration	
- Back				-Summe C		Sistiation	
	<u>_</u>						

#### 50th Tri-State Wheelchair and Ambulatory Games - May 22-24, 2020



11. Scroll down to continue to reviewing the registration information.



12. If registering another athlete enter the registrant's information and repeat Steps 2-11 above. If not registering another athlete then continue with Step 14 below.

Tri-State Wheelchair & Ambulatory Games	New Registration	Manage My Registration
Registrant Events Add-Ons	Review	out (1) Receipt
Registrant's Information		
First Name Initial Last Name Suffix	· •	
Address Apt./Line 2 Country C	ity State	Postal Code
Phone E-mail	5	
Sex Date of Birth Citizenship		
Affiliation / Team Name		
		Next →

13. If registering another athlete click "Add a new registrant" and repeat the steps to register another athlete. Otherwise, click "Checkout".

Tri-State Wheelchair & Ambulatory Games	New Registration Manage My Registration
Registrant Events Add-Ons	Review Checkout Receipt
Listing of Registrants	
Click on a name to update that person's registra Registrations in <b>bold</b> have not been saved yet	ation; or click the Checkout button to go to checkout,
» Joe Doe	Click "Add a new registrant" link if
» Joe Doe	you are registering another athlete,
>> Add a new registrant	otherwise, click "Checkout"
Click "Checkout" if registering anothe	
	Checkout →

14. Enter the payment information and check the box to authorize SimplyRegister to collect the payment. Enter the email address for the payment confirmation and the registration confirmation & receipt. Click Finish.

Tri-State Whe	elchair & Ambu	latory Gam	es	New Re	gistration	Ma	inage M	y Registration	
Registrant	Events	> Add	-0ns >	Review	Chec	kout		Receipt	
Payment Info	rmation		Summa	ry of Fees f	or this Tra	nsac	tion		-
Amount:	\$65.00 (USD)				Price Ea.	Qty.	Total	1	
Tender:		1	Events				l	1	
100000000000000000000000000000000000000	credit card 🔻	1	Fee per per	son	\$65.00		\$65.00		
Card type:	Visa	•	Archery	Meters (Sunda	\$0.00 (v) \$0.00		\$0.00	8	
Card number:	123456789			Meters (Sunda Meters (Sunda	A.C. 2000 (2010)	1	\$0.00	55	
Expiration:	1 - Jan •]	2029 1		Meters (Sunda		_	\$0.00	42	
		2029 •					\$65.00	3	
Security code:						-		-	
Cardholder:	[Joe ][D	pe )	-			-		_	
Address:	123 ABC Stree	t )	VISA		DISCOVER	2	ЛСВ	UnterPay	
Country:	USA TO								
Postal Code:	07305		Payme	nt Autho	rization C	hec	k Box		
I authorize S charge and colle amount shown a	ect payment for		at 126	ww.simplyre	240	red u			
E-mail for Pay	ment Confirm	ation:	st.	r email a	ddrocc fo		ssion	across th	lick Finis
joedoe@gmail.c	com				uuress 10			L	
(If this option is u receive an e-mail			payr	nent conf	formatio	n		7	
🔶 Back	)		L			C	Finis	h and Pay	

15. Registration Confirmation & Receipt

Tri-State Whe	elchair & Ambulatory Games New Registration Manage My Registratio	•
Registrant	> Events > Add-Ons > Review > Checkout > Receipt	
Registratio	n Confirmation & Receipt FEEDBACK	
Print this	page for your records. Please rate the registration process:	
Payment Det	Q very good	
Date:	3/16/2016 9:32:45 PM US Mountain Standard Time	
Type:	Purchase O poor	
Amount:	\$50.00 (USD)	
Card:	Visa ending in 6789	
Merchant:	SimplyRegister, Inc. 412 W. State Road 234, Jamestown, IN 46147 USA www.simplyregister.net	
Note:	This transaction may appear on your account statement as "SR-Desert Challenge Games"	
Summary of	ees for this Transaction	
Commony on		
Events	Price Ea. Fee Ea. Subtotal Qty. Total	
events		

# 50<sup>th</sup> Tri-State Wheelchair and Ambulatory Games - May 22-24, 2020

Registrant	>	Events	$\geq$	Add-On	5	> •	eview	$\geq$	Checko	out	$\geq$	Receipt	
		1 1		-									
Fee per person		\$46.50	\$3.50	\$50.00	1	\$50.00							
Archery	14	\$0.00		\$0.00	1	\$0.00							1
Powerlifting - P Press	owenint	\$0.00		\$0.00	13	\$0.00							-1
Track - 100 Me (Saturday)	ters	\$0.00		\$0.00	1	\$0.00							1
Track - 100 Me (Sunday)	ters	\$0.00		\$0.00	1	\$0.00							
Field - Shot Pu	ť .	\$0.00	100	\$0.00	1	\$0.00							
Field - Discus		\$0,00		\$0.00	1	\$0.00							
				Te	otal:	\$50.00							
Registratio Name:	Tri-S Ambi Pasca	tate Whee ulatory Ga ack Valley iale, NJ, U	mes High S SA	chool -									
Location:		2016 - 5	29/201	16									



# **National Medical Diagnostics Form**

#### Dear Athlete:

This form is a guide to collect information needed for national classification evaluation. In order to be eligible to be scheduled for a national classification appointment the athlete MUST have an eligible impairment as per the International Standard for Eligible Impairments. For additional information and to view the full IS for Eligible Impairments visit the <u>IPC Website</u>. For a list of eligible impairments by sport please visit the <u>U.S. Paralympics</u> website.

There are ten eligible impairments for Para Sport:

- 1. Impaired muscle power
- 2. Impaired passive range of movement
- 3. Limb deficiency
- 4. Leg length difference
- 5. Short stature
- 6. Hypertonia
- 7. Ataxia
- 8. Athetosis
- 9. Vision impairment
- 10. Intellectual impairment

Classification evaluation is usually done in conjunction with a competition and is conducted by a panel of medical and/or technical classifiers [panels are defined by each sport within their respective classification rules].

Classification evaluation will usually include a physical assessment (may be called a "bench test") and a technical assessment using competition equipment on the field of play. Evaluation may also include observation in competition depending upon the sport and relevant sport rules.

If you are an athlete with a visual or intellectual impairment, you do not need to complete this form. Athletes with a vision impairment, must submit the visual medical diagnostics form to the USOPC at NPCUSAclassification@usopc.org. Forms must be submitted at least 2 weeks in advance of any Para sport competition where you expect to participate. Athletes with an intellectual impairment should complete the application at Athletes Without Limits to obtain a national classification.

National classification appointments are reserved for U.S. citizens only. If you are a citizen of another country and you have never undergone classification evaluation you must first obtain proof of citizenship in the U.S. before you will be scheduled for classification evaluation by a U.S. national classification panel. If you have undergone classification evaluation in another country nationally or internationally [when international data is NOT included on the respective IF Masterlist] you must provide proof of sport class(es) and sport class status before the competition in the United States where you intend to compete.

Please send all completed forms to the USOPC at NPCUSAclassification@usopc.org or by fax at 719-866-2029 at least 2 weeks prior to competition.

Appendix D

Athlete Name:

Email Address: Athlete or Parent/Guardian

List the Para sport(s) the athlete competes in:

#### What is your current Classification Status

Never been Classified NR NN with fixed review date NP

There are 10 eligible impairments that the IPC recognizes for eligibility to compete in Paralympic Sport. The International Standard for Eligible Impairments provides examples of what disability may fit into each impairment type. If you do not know which impairment type you are in please review the standard for eligible impairments on the IPC Website.

### Type of Impairment (select all that apply)

Impaired Muscle Power	Impaired Passive Range of Movement
Limb Deficiency	Leg Length Difference
Hypertonia	Ataxia
Athetosis	Vision Impairment
Short Stature	Intellectual Impairment

What is the Athlete's Medical Diagnosis (Underlying Health Condition or Origin) causing the selected Impairment(s)?

Date of Birth mm/dd/yy

Gender:

Is the athlete a U.S. Citizen?

#### Brief description of Athlete's Impairment including body parts affected areas and

limitations. Examples of information to include:

- Athletes with a spinal cord injury or spina bifida, please include at what level and if the SCI is complete or incomplete. (i.e. SCI complete L7 or spina bifida L3-L4)
- Athletes with Cerebral Palsy, please include what type (i.e. Ataxia, Athetosis, Hypertonia).
- Short stature please include your height.
- Athletes with surgeries specifically related to your impairment (i.e. tendon transfers, rods inserted/removed, etc.) please list each surgery type including the date it was performed

#### Please answer the following questions:

ls your impairment	congenital or acqu	ired?	Do you have a latex allergy?
Congenital	Acquired	Yes	
If acquired, please	include the date:		No
			Do You have a shunt?
Is your Impairment	:		Yes
Stable	Progressive	Fluctuating	No

# Please attach relevant supporting medical documentation that confirms the athlete's medical diagnosis or details the degree of impairment

Please return completed forms to the USOPC at NPCUSAclassification@usopc.org If you have any questions about this form please contact us via email or at 719-866-4240.



#### **U.S. PARALYMPICS** CONSENT FORM FOR VISUAL IMPAIRMENT CLASSIFICATION

#### **Explanation:**

For an athlete to be eligible to compete in U.S. Paralympics competitions the athlete must be classified by classifiers appointed by the NPC (National Paralympic Committee) or the IPC (International Paralympic Committee) / Sport IF (International Federation).

Failure to cooperate with the classifiers or failure to complete a classification may lead to ineligibility to compete in U.S. Paralympics or IPC/IF approved/sanctioned competition.

The following is an agreement by the athlete to undergo the testing procedure.

I \_\_\_\_\_\_ (printed name of the athlete) wish to be classified on national level for U.S. Paralympics competition.

I understand that the classification process involves the necessary eye tests. I understand that to be classified I must be willing to take part in all portions of the testing procedure and cooperate fully with the classifiers / optometrist / ophthalmologist.

Signature of Athlete: \_\_\_\_\_

Witness Signature: \_\_\_\_\_

Date and Location:

Send completed forms to USOPC Classification Manager at NPCUSAclassification@usopc.org or by fax at 719-866-2029.

# Medical Diagnostics Form for athletes with Vision Impairment

The form is to be completed in English and by a registered ophthalmologist. All medical documentation required on pages 2-3 needs to be attached. The form and the attached medical documentation may not be older than 12 months at the time of the Athlete Evaluation.

#### Athlete Information

Last name:									
First name:									
Gender:	Female	Ма	le 🗆		Date	e o	of Birth:	 	
Sport:					IF re	gi	stration ID		
NPC/NF:							licable):	 	
Medical Inform Diagnosis:	nation								
Medical history	<u>:</u>								
Age of onset: Anticipated fut	turo –							 	
procedure(s):	luic								
Athlete wears	-	yes		no	Correction	:	Right:	 	
glasses:							Left:	 	
Athlete wears		yes		no	Correction	:	Right:	 	
contact lenses				1.4			Left:	 	
Athlete wears of prosthesis:	eye	right		left					
prostnesis.									
Medication:									
Eye medication	ns								
used by the at	hlete:							 	
Ocular drug all	lergies:								

#### Assessment of visual acuity and visual field

Visual Acuity

	Right eye	Left eye
With correction		
Without Correction		

Type of correction:	
Measurement Method:	

#### Visual Field:

In degrees (diameter)	Right eye	Left eye

#### Attachments to the Medical Diagnostic Form

#### 1. Visual field test

For all athletes with a restricted visual field a visual field test must be attached to this form.

The athlete's visual field must be tested by full-field test (120 degrees) <u>and</u> a 30 degrees, 24 degrees or 10 degrees central field test, depending on the pathology.

One of the following perimeters should be used for the assessment: Goldmann Perimetry (Intensity III/4), Humphrey Field Analyzer or Octopus (Interzeag).

#### 2. Additional medical documentation (mandatory)

Please specify which eye condition the athlete is affected by.

Eye condition	Additional medical documentation required (see below)
Anterior disease	none
Macular disease	<ul> <li>Macular OCT</li> <li>Multifocal and/or pattern ERG*</li> <li>VEP*</li> </ul>
	<ul> <li>Pattern appearance VEP*</li> </ul>
Peripheral retina disease	<ul> <li>Full field ERG*</li> <li>Pattern ERG*</li> </ul>
Optic Nerve disease	<ul> <li>OCT</li> <li>Pattern ERG*</li> <li>Pattern VEP*</li> <li>Pattern appearance VEP*</li> </ul>
Cortical / Neurological disease	<ul> <li>Pattern VEP*</li> <li>Pattern ERG*</li> <li>Pattern appearance VEP*</li> </ul>

Δth	lete:
Aut	iete.

The ocular signs must correspond to the diagnosis and degree of vision loss. If eye condition is obvious and visible and explains the loss of vision, no additional medical documentation is required. Otherwise the additional medical documentation indicated in the above table must be attached to this form. If the medical documentation is incomplete, the classifiers will not be able to allocate a sport class.

#### \*Notes on electrophysiological assessments (VEPs and ERGs):

Where there is discrepancy or a possible discrepancy between the degree of visual loss, and the visible evidence of ocular disease the use of visual electrophysiology is often helpful in demonstrating the degree of impairment.

<u>Submitted data should include</u> the report from the laboratory performing the tests, copies of the original data, the normative data range for that laboratory, and a statement specifying of the equipment used, and its calibration status. The tests should be performed as a minimum to the standards laid down by the International Society for Electrophysiolgy of Vision (ISCEV) (<u>http://www.iscev.org/standards/</u>).

A Full Field Electroretinogram (<u>ERG</u>) tests the function of the whole retina in response to brief flashes of light, and can separate function from either the rod or cone mediated systems. It does not however give any indication of macular function.

- A <u>Pattern ERG</u> tests the central retinal function, driven by the macular cones but largely originating in the retinal ganglion cells.
- A <u>Multifocal ERG</u> tests the central area (approx. 50 degrees diameter) and produces a topographical representation of central retinal activity.

A Visual evoked cortical potential (<u>VEP</u>) records the signal from produced in the primary visual cortex, (V1), in response to either a pattern stimulus or pulse of light. An absent or abnormal VEP is not in itself evidence of specific optic nerve or visual cortex problems unless normal central retinal function has been demonstrated.

• A <u>Pattern appearance VEP</u> is specialised version of the VEP used to establish visual threshold which can be used to objectively demonstrate visual ability to the level of the primary visual cortex.

<ul> <li>I confirm that the above information is accurate.</li> <li>I certify that there is no contra-indication for this athlete to compete at competitive level.</li> <li>Name:</li> </ul>							
Medical Sp	ecialty:						
Registratio	n Number:						
Address:							
City:	Country:						
Phone:	E-mail:						
Date:	Signature:						

Medical Diagnostics Form - Version August 2017



# Sports Eligibility for U.S. Athletes with Intellectual & Developmental Disability

SPORT CLASS	ELIGIBILTIY CRITERIA	EVIDENCE REQUIRED	PARALYMPIC SPORTS	VIRTUS/AWL SPORTS					
Virtus II-1: Intellectual Disability Paralympic Classes: Athletics T20 Swimming S14 Table Tennis 11 World Taekwondo: Para Class P20	<ul> <li>Athletes with Intellectual and Developmental Disabilities who have:</li> <li>1. Full-Scale IQ score of 75 or lower;</li> <li>2. Significant limitations in adaptive behaviour;</li> <li>3. and onset before age 18.</li> </ul> Note: This class includes athletes diagnosed with Autism who have co-occurring intellectual disability and athletes with Mosaic Down Syndrome who are AAI clear or asymptomatic.	<ol> <li>EVIDENCE REQUIRED:         <ol> <li>Weschler WAIS/WISC or Stanford Binet IQ Assessment, Report and Summary of Scores within last 5 years</li> <li>Vineland, ABAS, or AAMR Adaptive Behavior Assessment, Report and Summary of Scores within last 5 years.</li> <li>IQ or other relevant scores or diagnosis from before age 18 referenced in a report.</li> <li>(For National Level eligibility athletes should send the most recent IQ &amp; Adaptive Assessments they have on file)</li> </ol> </li> </ol>	<ol> <li>Athletics (T20) 400m, 1500m Long Jump, Shotput</li> <li>Swimming (S14) 100mFree, 200mFree, 100mBack, 100mBreast, 100mFly, 200mIM, 4x100mFree Relay</li> <li>Table Tennis (11) Singles</li> </ol>	<ol> <li>Athletics (All Events)</li> <li>Basketball</li> <li>Cycling</li> <li>Equestrian</li> <li>Rowing</li> <li>Skiing Nordic/Alpine</li> <li>Swimming (All Events)</li> <li>Table Tennis (All Events)</li> <li>Taekwondo (Includes Para World Taekwondo P20 Class)</li> <li>Tennis</li> </ol>					
*Virtus II-2: Additional Impairment: Down Syndrome	<ul> <li>Athletes with Down Syndrome who have:</li> <li>1. A formal diagnosis of Trisomy 21 or Translocation Down Syndrome</li> <li>2. For safety athletes must not have symptomatic Atlantoaxial Instability (AAI)</li> </ul>	<ul> <li>EVIDENCE REQUIRED:</li> <li>1. Copy of genetic testing showing a formal diagnosis and type of Down Syndrome (Tri21) or statement from Physician.</li> <li>2. AAI status signed by Physician (See Athlete Application Page 3) and copy of AAI exam results if available.</li> </ul>	There is not a separate class for Down Syndrome in Paralympic sport. Athletes with Down Syndrome who also meet the criteria for II-1 Intellectual Disability may be classified in that class to be eligible for Paralympic events.	<ol> <li>Athletics/Track &amp; Field</li> <li>Cycling (AWL Only)*</li> <li>Equestrian (AWL Only)*</li> <li>Rowing (AWL / National)*</li> <li>Skiing (AWL Only)*</li> <li>Swimming</li> <li>Table Tennis</li> <li>Taekwondo (AWL Only)*</li> <li>Tennis</li> </ol>					
*Virtus II-3: High Functioning Autism	<ul> <li>Athletes with (High Functioning) Autism who have:</li> <li>1. A Full-Scale score IQ of 76 or higher, OR no diagnosis of intellectual disability,</li> <li>2. A formal diagnosis of Autism, ASD or Aspergers Syndrome</li> <li>Note: Athletes with Autism who meet the criteria for II-1 Intellectual Disability will be classified in that class.</li> </ul>	<ol> <li>A formal diagnosis (or confirmation of previous diagnosis) of Autism, ASD or Asperger's syndrome, carried out by a licensed psychologist, using accepted diagnostic techniques such as ADOS, ASRS, ICD-10 Criteria for Autism, and background history, etc</li> <li>Athletes should include IQ and Adaptive Behavior assessments to confirm they do not meet criteria for Intellectual Disability.</li> </ol>	There is not a class for High Functioning Autism in Paralympic Sport. Only Athletes with Autism who meet the criteria for II-1 Intellectual Disability are eligible for Paralympic events.	<ol> <li>Athletics/Track &amp; Field</li> <li>Cycling (AWL Only)*</li> <li>Equestrian (AWL Only)*</li> <li>Rowing (AWL / National)*</li> <li>Skiing (AWL Only)*</li> <li>Swimming</li> <li>Table Tennis</li> <li>Taekwondo (AWL Only)*</li> <li>Tennis (AWL Only)*</li> </ol>					
	*Virtus (formerly Inas) began piloting two additional eligibility groups II2 &II3 to be recognized at VIRTUS events where viable. The sports and event s offered by Virtus events and criteria for these groups and will be revised/expanded as the pilot progresses.								
		i li l							

Visit www.athleteswithoutlimits.org/eligibility for more information and to apply.



# Sports Eligibility for U.S. Athletes with Intellectual & Developmental Disability







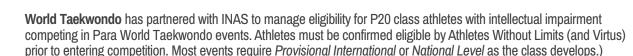














**USA Taekwondo (USAT),** the US member of World Taekwondo, is recognized by the The United States Olympic Committee as the National Governing Body (NGB) for the sport of Taekwondo in the United States. The first step toward eligibility for Para Taekwondo Class P20 (Intellectual Impairment) is to apply for eligibility with Athletes Without Limits.

### Who's Who in Virtus & Paralympic Sport?

**Virtus : World Intellectual Impairment Sport (formerly Inas)** is the International Federation responsible for managing and overseeing the eligibility process for athletes with intellectual impairment wishing to compete at VIRTUS and Paralympic competition. Virtus is a founding member of the International Paralympic Committee (IPC) and hosts World & Regional Championships, Global Games and other International events open to athletes with intellectual impairment in 10 sports from 3 Eligibility Groups: Intellectual Disability, Down Syndrome, and High Functioning Autism.

**Athletes Without Limits (AWL)** is the sole US Member of Virtus (formerly Inas) and oversees US athletes' applications for Virtus & Paralympic sports eligibility for intellectual and developmental disability sports classes. After an athlete's eligibility application is complete and endorsed by our US Eligibility Psychologist, we submit it to the Virtus Eligibility Committee for International confirmation. Athletes Without Limits selects and organizes US Teams participating at Virtus World & Regional Championships & Global Games and hosts National and Virtus International Championships in the U.S.

**The International Paralympic Committee (IPC)** is responsible for overseeing the Paralympic Games, World Championships and Sports Specific Classification. In 2010 the IPC recognized a class for athletes with Intellectual Disability in select events in three sports: Swimming, Track & Field and Table Tennis.

USA Table Tennis (USATT) overseas US Paralympic Table Tennis sports classification, team selection and

competitions. The first step toward Paralympic eligibility is to apply for eligibility with Athletes Without Limits.

U.S. Paralympics overseas US Paralympic Swimming & US Paralympic Track & Field sports-specific classification, team selection and US held competitions. The first step toward U.S. Paralympic eligibility for athletes with Intellectual Disability is to apply to Athletes Without Limits. After athletes receive eligibility confirmation, Athletes Without Limits will assist those interested in obtaining an IPC License from U.S. Paralympics.