



**CHILDREN'S SPECIALIZED HOSPITAL**  
**INVITATIONAL TRACK & FIELD MEET**

March 21, 2021

Dear Competitor:

Children's Specialized Hospital is proud to sponsor the 36<sup>th</sup> Annual Invitational Track and Field Meet on Saturday, May 1, 2021 at Rahway River Park, Clark/Rahway, New Jersey. (Directions are included in the packet.) This Meet is being run in cooperation with Tri-State Wheelchair and Ambulatory Athletics (TSWAA).

The Invitational is open to new and returning juniors, adults and veterans. This meet is a great opportunity to come out, have some fun and get some training and experience and learn about the new rules, prior to the upcoming regional and national competitions. And more importantly, after the year we have all had, to get out and see our friends!

Some details of how this Meet will be run are listed below:

- **COVID-19 Protocols will be in place and must be followed**
- This Meet will be run according to established Adaptive Track & Field USA rules
- The Functional Classification System is in effect during this Meet.
- Unclassified competitors will be assigned a classification for this Meet only.
- Age Groups: Competitors will be assigned to age divisions based upon the athlete's age in the competition year in this case 12/31/21 in accordance with the following:

U7 (Futures)  
U11 (7, 8, 9, 10)  
U14 (11,12,13)  
U17 (14,15, 16)  
U20 (17, 18, 19)  
U23 (20, 21, 22)

- For Open and Masters the age of competition is the age as of the day of competition.

Open: 14 or older

Masters: 35+, 50+, 60+

**Awards:** Trophies will be awarded for the following:

- Coaches Award
- Outstanding Novice Award
- Sportsmanship Award
- Spirit of Excellence Award

The Meet will be held regardless of weather conditions.

Registration for this year's Invitational will be through Simply Register.

Registration Form: <https://www.simplyregister.net/register/?e=119479>

Registration opens Monday, March 23, 2021.

The registration fee is \$30.00 if paid prior to April 16, 2021 by 11:59 PM. You may still register until April 19, 2021 by 11:59 PM by paying the additional late fee of \$10.00 for a total of \$40.00.

Due to COVID-19 protocols lunches and water/beverages **WILL NOT** be provided this year. Each athlete/family member is responsible for bringing their own lunch and beverages for the day.

Please review the included COVID-19 Invitational Track & Field Meet Protocols. This protocol has been developed from the following resources: Adaptive Track & Field USA, USA Track & Field, NJ Department of Health, Union County Parks & Rec, Children's Specialized Hospital, Move United

I am looking forward to seeing you at the meet. If you have any questions, please email me at: [tyurochko@childrens-specialized.org](mailto:tyurochko@childrens-specialized.org)

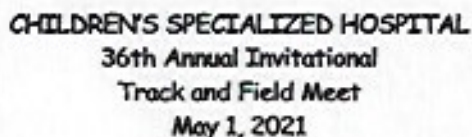
Sincerely,

*Trisha*

Trisha Yurochko

Meet Director





## JUNIOR COMPETITORS

(Please Print or Type)

**Classes 11-13; 20; 40-46; 51-57, 61-64**

ASUSA #

NAME: \_\_\_\_\_ TEAM AFFILIATION: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ TOWN: \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

EMAIL ADDRESS:	CONTACT #
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JUNIOR DIVISION: U7 (Futures) U11 U14 U16 U18 U20 U23

Please Circle Age Division based on age as of 12/31/21

DATE of BIRTH: \_\_\_\_\_ Age as of 12/31/21: \_\_\_\_\_

ASUSA CLASSIFICATION: T F TRR

**DIAGNOSIS:**

If 1<sup>st</sup> time at this meet, please check \_\_\_\_\_ Do you need classification? Yes \_\_\_\_\_ No \_\_\_\_\_ Classification will be for this meet only.

## EVENTS

Please check the appropriate events you would like to participate in

**Junior Athlete Track & Field Events - Classes 11-13, 20, 40-47, 51-57, 61-64**

[illegible]

Field Events - Classes 11-13 20 40 47 51-57 61-66																																					
Class	Class 11-13						Class 20						Class 40-47						Class 47						Class 51-66												
Age Division	111	112	113	114	115	116	201	202	203	204	205	206	401	402	403	404	405	406	471	472	473	474	475	476	511	512	513	514	515	516	611	612	613	614	615	616	
Shotput																																					
Discus																																					
Javelin																																					
Long Jump																																					
Class	Class 51						Class 52-57																														
Age Division	511	512	513	514	515	516	521	522	523	524	525	526																									
Shotput																																					
Discus																																					
Javelin																																					
Club Throw																																					
Softball Throw																																					





**CHILDREN'S SPECIALIZED HOSPITAL**  
36th Annual Invitational  
Track and Field Meet  
May 1, 2021



**JUNIOR COMPETITORS**  
(Please Print or Type)

**Classes 31 - 38**

**ASUSA #** \_\_\_\_\_

**NAME:** \_\_\_\_\_ **TEAM AFFILIATION:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_ **TOWN:** \_\_\_\_\_ **STATE** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**EMAIL ADDRESS:** \_\_\_\_\_ **CONTACT #** \_\_\_\_\_

**JUNIOR DIVISION:** U7 (Futures) U11 U14 U16 U18 U20 U23 **DATE of BIRTH:** \_\_\_\_\_ **Age as of 12/31/21:** \_\_\_\_\_  
Please circle age division based on age as of 12/31/21

**ASUSA CLASSIFICATION:** T \_\_\_\_\_ F \_\_\_\_\_ TRR \_\_\_\_\_ **DIAGNOSIS:** \_\_\_\_\_

If 1<sup>st</sup> time at this meet, please check \_\_\_\_\_ Classification needed? Yes \_\_\_\_\_ No \_\_\_\_\_ Classification is for this meet only

**EVENTS**

Please check the appropriate events you would like to participate in

**Junior Athlete Track & Field Events - Classes 31-38, TRR31-32**

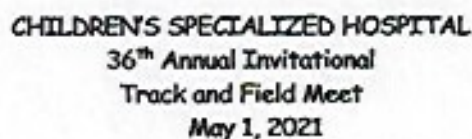
Track Events - Classes 31-38, TRR31-32																														
Class	Class 31						Class 32						Class 33						Class 34						Class 35a					
Age Division	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23
20 Meter Dash																														
60 Meter Dash																														
60 Meter Weave																														
100 Meter																														
200 Meter																														
400 Meter																														
800 Meter																														
1500 Meter																														
3000 Meter																														
5000 Meter **																														
Class	Class 35						Class 36						Class 37						Class 38						Class TRR1-2					
Age Division	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23
20 Meter Dash																														
60 Meter Dash																														
100 Meter																														
200 Meter																														
400 Meter																														
800 Meter																														
1500 Meter																														
3000 Meter																														
5000 Meter **																														

\*\* 5000 Meter Minimum Time Standards for Males: 31-34 (15:00); 35-38 (25:00)

\*\* 5000 Meter Minimum Time Standards for Females: 31-34 (20:00); 35-38 (27:00)

Field Events - Classes 31-38																														
Class	Class 31						Class 32						Class 33						Class 34						Class 35a					
Age Division	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23
Club Throw																														
High Throw																														
Kick																														
Precision																														
Med. Ball Thrust																														
Shotput																														
Discus																														
Javelin																														
Class	Class 35						Class 36						Class 37						Class 38											
Age Division	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23	U11	U14	U16	U18	U20	U23
Shotput																														
Discus																														
Javelin																														
Long Jump																														
High Jump																														
Triple Jump																														





### OPEN/MASTERS COMPETITORS

ASUSA #:

Please print or type:

NAME: \_\_\_\_\_ TEAM AFFILIATION: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_ CONTACT NUMBER: \_\_\_\_\_

EMAIL: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_ DIAGNOSIS: \_\_\_\_\_

COMPETING AS: (competition age is age as of 5/1/21) OPEN AGES 14 and up MASTERS 35+ 50+ 60+  
Please circle age group based on age as of 5/1/21

IF KNOWN: TRACK CLASS: \_\_\_\_\_ FIELD CLASS: \_\_\_\_\_ 1<sup>ST</sup> TIME COMPETING: \_\_\_\_\_

CLASSIFICATION NEEDED: YES \_\_\_\_\_ NO \_\_\_\_\_ Classification will be for this meet only

## EVENTS

Please check the appropriate events you would like to participate in

### **Adult Athlete Track & Field Events**

[illegible][illegible]



**CHILDREN'S SPECIALIZED HOSPITAL**  
**36th Annual Invitational**  
**Track and Field Meet**  
**May 1, 2021**



**SCHEDULE OF EVENTS**

8:15 – 9:15am	Registration
9:30 – 11:30am	Field Events
11:30 – 1:00pm	Lunch
1:15 – 4:30pm	Track Events
4:30pm	Presentation of Awards

**Everyone must provide their own beverages and food for the day.**

Lunch and beverages will be provided for officials, all day volunteers, meet management only.





**Directions to Rahway River Park, Union County Park System**  
**Entrance located off Valley Road**  
**Clark, NJ**  
**GPS address: 455 Valley Road, Clark, NJ 07065**

**From Garden State Parkway North or South**

**Exit 135 Central Ave/Westfield/Garwood**

**Heading North:**

At end of ramp turn right at light and stay to right around circle; follow signs for Valley Road/Linden; take 2<sup>nd</sup> exit to the right (Mother Seton High School will be on your immediate right; the Holiday Inn will be on the far left).

At the traffic light, cross over Walnut and Broadway and continue straight on Valley Road. You will pass a temple on the right and a school on the left. (This is a very residential section and the speed limit of 25 mph is enforced) Continue about 1 mile when you will go over a small lake/river; turn right onto Parkway Drive into the park. There is a park sign at the entrance. Parkway is a two-lane road for a bit and then becomes one way. Get into the left lane and continue on Parkway to the Walter E. Ulrich Memorial Pool. There will be a yellow van with the hospital logo parked on the left side, the entrance to the pool is just past the van.

The track and field are located behind the pool complex and the tennis courts. You will need to drop off your athletes/equipment in the designated area and park in the pool lot or across the street. There is a paved path to the track and field area.

**Heading South:**

Exit ramp splits so stay in left lane and stay straight. At 2<sup>nd</sup> traffic light turn left back under the Parkway; stay in the left lane through next light and bear left after the light then move to right lane to exit (2<sup>nd</sup> exit to right after light; Mother Seton High School will be on your immediate right; the Holiday Inn will be on the far left). Follow signs for Valley Road/Linden.

At the traffic light cross over Walnut and Broadway continue straight on Valley Road. You will pass a temple on the right and a school on the left. (This is a very residential section and the speed limit of 25 mph is enforced) Continue about 1 mile when you will go over a small lake/river; turn right onto Parkway Drive into the park. There is a park sign at the entrance. Parkway is a two-lane road for a bit and then becomes one way. Get into the left lane and continue on Parkway to the Walter E. Ulrich Memorial Pool. There will be a yellow van with the hospital logo parked on the left side, the entrance to the pool is just past the van.

The track and field are located behind the pool complex and the tennis courts. You will need to drop off your athletes/equipment in the designated area and park in the pool lot or across the street. There is a paved path to the track and field area.

From Westfield area: Take Central Ave to Parkway entrances and follow directions above.